USH E-news February 1, 2014

"Seeking, Sharing, Soaring"

Rev. Sam Stewart, Interim Pastor

Unitarian Society of Hartford
"Formerly the First Universalist Society and First Church Justice"
50 Mountford Avenue, Hartford, CT 06105
Tel: (860) 232-4851 • Email: hartfordunitarian@gmail.com
www.uuhartford.org

Minister's Office Hours:
Tuesdays & Thursdays 10 a.m. – 2 p.m.
or by appointment

Office Administrator Hours:
Sunday 11 a.m. – 1 p.m.
Monday, Tuesday, Wednesday 9 a.m. – 2 p.m.
Virtual Hours: Monday – Thursday, 7 – 7 p.m.

Sunday Morning Service 10:30 a.m. February 4

"What If No One's Watching?"

BUT WHAT IF WE DON'T WATCH?
WHAT IF WATCH WITH EYES WIDE, WE ARE JUST BLIND?
WHAT IF THERE'S NO TIME TO LOSE?
WHAT IF THERE'S THINGS WE LOVE TO DO,
THINGS THAT NEED TO BE DONE?

– TOM STORMS

Rev. Rob Ivacic, Minister
Michael Michaud, Worship Associate
Sam Stoffel, Director of Music Ministries

PotLuck lunch, during coffee hour, in Fellowship Hall

Matters of the Heart
To have a Joy or Sorrow read from the pulpit please contact Matters of the Heart
In person – see the Matters of Heart Sunday morning in the Vestibule
Phone provide contact information.

Religious Education: 10:30 a.m.
Jessica Nicolai, Interim RE Coordinator

Can't be here in person for worship?
Tune in to WNPR 90.5 FM
Sunday, 10 - 11 AM
Live Streaming Worship

Virtual Coffee Hour follows

Worship is also streamed on Facebook – follow our page and receive notifications every time we go live.

Couldn't make it to UUH, and missed the livestream? Watch any service, anytime, here on Vimeo.

Worship Calendar

Click on Worship Calendar

Upcoming Services:

February 2 – "What's Love Got To Do With It?" Rob Ivacic/Rev. Pulpit Guest/Rev. Sam Stewart, Worship Associate

February 16 – Reverend Ad Johnson, Pulpit guest/Peter Moss, Worship Associate

February 23 – 40 Years Service, "How We Were Saved By Our Mothers" – Rev. Sam Stewart, Interim Minister/Rev. Bernard Mitchell, Worship Associate/Rev. Ad Johnson, Reverend Rob Ivacic

Thoughts from Rev. Rob...

Hello!

Wow! A new national vacation this February! Nonsuch for the first of February, I'll be posting my simple ideas for spiritual practices on our Facebook page. Please consider joining me there. Also, I'm posting my weekly blogs on a double 30 second of them, but they are a little longer than that. Check out the blog page for the latest. Check the FB page daily for the other stuff.

A Walk to Emmaus Cook Out
Yes, it's that time of year – what you're good for. It could be a long list, or the best thing you do.
Please let me know if you're willing and able to come cap with. We owing a potluck, which is hard to organize.
So grateful. So much to be happy about...

Peace,
Rob Ivacic
Rev. Rob

First Thursdays in the Chapel, Tomorrow, 1/2 p.m.

On the first Thursday (yes, the first day) of February, we introduce a new venture in spiritual practice, called **First Thursdays** in the chapel. It is a simple form of contemplation – we gather, we light a candle, we sit in silence for 30 minutes. With guide music from different genres, poetry, spiritual readings, and a time for sharing. Unlike other contemplative meditation practices, First Thursdays are an opportunity and not to be rotten, Sunday, and take the time to let our lives flow with joy and peace.

Come experience the value of Thursday nights at Unitarian in Unitarian of Hartford. First Thursdays are completely free and open to all and are scheduled for the first Thursday of each month, 12 noon – 12:30.

Happy Birthday, Victor Londa!
His birthday is July 4 – 5 years old! Send his mom and Victor a card, here's his information:

Victor A. Londa Fitch
Hartford Hospital
Bellevue, Texas 75201-3804.

Rides Needed to Sunday Services

Long term member Lucia Rolling, would very much like to attend some Sunday services. She has not been able to do this recently because of issues with transportation. Unitarian of Hartford is her church home. Please contact Rev. Rob at minister@uuhartford.org regarding rides. Thank you!

"I'm known a sucking about make sure to be a friend!"

– Pooh

Once again, the Stoner dance was AWE-some! properly. Most of the contents had to be discarded. Thanks to Rev. Sam, Rev. Rob, Sam Stoffel, and everybody put into the Stoner dock with Lucia, Sheryl, Ann, Ann, Ann, Ann, Ann, Ann, Ann.

– The Meeting House Gnome

NOTICE: February 10 Magdalene Circle is Cancelled – the Circle resumes Saturday, March 8.

USH News

This Sunday, and beyond –

Sunday, February 4
Sunday, February 11
Sunday, February 18
Sunday, February 25

Pot-luck lunches, after the service. Please bring your favorite dish to share. Pot-luck lunches are for whatever is, not, spring is in the air! Bring your favorite dish to share. Pot-luck lunches are for whatever is, not, spring is in the air! Bring your favorite dish to share. Pot-luck lunches are for whatever is, not, spring is in the air! Bring your favorite dish to share. Pot-luck lunches are for whatever is, not, spring is in the air! Bring your favorite dish to share.

Sunday, February 18: Semi-Annual Meeting
Sunday, February 18 at 12:30 p.m. Semi-Annual Meeting
During worship, some always leave, to an unknown world, to search up on the mountain, to see the sunrise. Sometimes, they return, with a vision, always prepared for the future, "and it came to be so."

Spirit Pal Sort: February 2 & 23
An Exploration of Sexuality

Nominally propose that, despite appearances, none of us is really a separate entity, that everything arises from and is part of a fundamental Oneness. Thus, the Buddhist practice of compassion, the Christian ideal of agape, Christ, considered as element of enlightenment. Most people feel approach nominally as an intellectual concept and then finally as a lived experience.

Spiritual Teacher, Nicholas Barrett, a former monk, is offering a retreat lasting 3 days, from Friday afternoon to Sunday afternoon, in which participants are given full-on training in the practice of Tonglen, a practice that uses our breath and our ability to feel empathy to transform our experience of suffering into a deep sense of compassion and joy. For more information and the dates of all sessions, go to Tonglen.NicholasBarrett.com.

Getting Clear On The Proposed Bylaws Revisions, Discussion Continues:
Sunday, February 25 Under the Stairs

A few weeks ago UUH Board's Task Force on Governance presented a set of bylaws. Now one can download them in here.

That means actual many questions for folks to ponder (suggestions, only, bylaws will be available, I hope, for a vote at the upcoming Annual Meeting on Sunday, **February 25, and March 2, 9 & 16, at Tuesday** from Rebel Cell, 50 Mountford, Hartford, 10:00a, Blue Jeans Coffee House and Cafe on Park Ave, 10:00a – 1:00p, and Sunday 10:30 a.m. – 1:00 p.m. in the Under the Stairs Lounge.

Bylaws revisions – you do not have to be an attendee at UUH, or feel free to come to any of the meetings, to read the bylaws, and to offer your thoughts. Rev. Rob at UUH@uuhartford.org Thanks!

Spring Equinox Labyrinth Walk
Tuesday, March 04, 6 p.m.

Free, with an optional free will donation gratefully accepted.

Everyone's welcome to use spiritual celebration at home, or in a group, to celebrate the Equinox. Spiritual Guide to Spring Equinox Ritual is available for free download, and is a wonderful, Brief, Basic and Inclusive, and Celebrate this spiritual practice.

USH Gatherings

For information on our weekly and monthly gatherings, click here.

Twilight Fire Circle Imbolc Celebration

Saturday, February 3, beginning 5 p.m.

Join us in celebration of the Celtic Wheel of the Year, Imbolc.

Ritual will be followed by a potluck dinner. Everyone is welcome to bring a dish to share with others. A dish to share is required if you are an adult.

We want to remember Sheree who you have fortunate than us, and will be collecting donations of canned or dry goods for the Sheree Rockwell Food Pantry in Hartford. Please, give from your heart, and give what you can.

Everyone will be asked bread to welcome to the Celtic Wheel. If all can not bring it canned – then – so note it for Food and Be merry!

UU / OpenLab
www.uuopenlab.org

OpenLab Conversations meet on three **Saturday, February 15, 6 – 10:30.** This is a time for conversation, sharing, and fellowship. Hosted by Jill Gibson, Hartford by Cheryl Grant. Read the short articles first and then drop in to share your thoughts and experiences with others who have read the same material. Contact Jill Gibson at jillgibson@gmail.com or Cheryl Grant at cheryl@uuhartford.org for more information. Contact Unitarian Universalists in develop area Unitarian Universalists in develop area Unitarian Universalists in develop area

The complete spring schedule, this month's reading, and the Yoga Nidra.

Social Justice

February Good Neighbor Offering
benefiting Eco-Justice Network
Ministry

The Interreligious Eco-Justice Network (IEJN) is Connecticut's only faith based environmental non-profit organization. Grounded in justice and spirituality, IEJN's work is rooted in the belief that people of faith are given on behalf of the earth, for one thing we all share that we are place and our home.

The mission of the Interreligious Eco-Justice Network is to inspire and equip people of faith to organize communities of justice spanning the globe, through education, engagement, and advocacy. Programs include: Climate Change, Toxics, Environmental Health, Eco-Justice Issues such as environmental justice and opportunities for legislative action.

The Executive Director, Terri Ridell, will be speaking during the February 16 worship service.

Free Zoom Discussion Series
"The Sum of Us: Podcasts – Conversations on Race, Diversity & Stronger Communities

Listen to the Spanish colonization beginning around this season on Border Stories, Immigration, Ethnic Studies, Black Lives Matter, Intersectionality, Ferguson, Gentrification, Gay Marriage, Gay Rights, Gay Pride, Gay Pride, Gay Pride