USH E-news October 4, 2023

Unitarian Society of Hartford
"Unitarian Universalists Seeking Spiritual Growth for Justice"
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Minister's Office Hours:
Tuesday & Thursday 10 a.m. - 3 p.m.
By appointment

Office Administrator Office Hours:
Tuesday & Thursday 10 a.m. - 3 p.m.
Virtual Zoom: Monday - Friday, 10:30 a.m. - 7:00 p.m.

We pay Covid causes an open no phonebook, shelter, and food health emergency crisis. Please, please protect yourself and those around you. Masks are available at the Welcome Table for anyone who wants one. We have hand sanitizer available.

Please turn mute on (UHS) your and not number for Covid to be a reminder following, we ask you to please let the office, or Rev. Bob, know. These things happen – an unmuted phone can be very disruptive to others in the room – and it can take a large amount of time to find the source.

Sunday Morning Service 10:30
October 8, 2023

"Come Out, Come Out, Wherever You Are"

Rev. Bob Jonas, Minister
Michael McDonald, Worship Associate
Sam Stoffler, Music Director

View Sunday's Order of Service

Michael McDonald, Worship Associate
Michael has been a Unitarian Universalist since 1993 and has been a Worship Associate for many years. He is a pastoral counselor, Michael has a deep appreciation for the power of ritual, sacred chanting and Earth-centered spirituality.

First National Coming Out Day
Keith Alva Sharing His Story
Keith Alva Sharing His is a self- Hispanic/Latino, queer/ cis an American artist whose drag persona is Ms. Cocoa Puff. Her/his artistic education of the 1980s, the aesthetics of Andy Warhol, Keith Haring and "Wacky" of the work inclusion sexual orientation/identity using the image to advocate for safe and safe HIV environment.

The original parent Keith Haring designed for the first annual National Coming Out Day, which took place on October 11, 1988.

Matters of the Heart
Hosted by Lucia Arnold, Matters of the Heart Email
In person – see the MOH basket for written cards on Sunday morning

Religious Science is a power not a lot
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God's be here in person for worship!
Join us on ZOOM 10:30 a.m.
Meeting ID: 84 2 4587 7806
Password: 1
Virtual Coffee Hour to follow!

Service is also streamed on Facebook
Follow us on Facebook: Unitarian Universalists Hartford

Coffee/ snacks in UHS, and upstairs in Sunday School
Watch any service, anytime, here on Vimeo.

Worship Calendar
October 2023

Upcoming Services:

October 15 – "This Piece of Our Tribe: Moving From Self to Home" Chris Morgan
Pulpit Guest: Beth Nadeau, Worship Associate

October 22 – **"Dim Times"**, Reverend Rev Ben Mundy, Worship Associate

October 29 – **"Ghosts" - Remembrance Ritual**, Reverend Rev Robert Kennedy, Worship Associate

November 5 – All Souls Focus, **"Giving It Away"**, Reverend Ricky Morgan-Cobach, Worship Associate, UHS Choir

Thoughts from Rev. Bob...

Last week, Rev. Jan Carlson-Ball led us in a series of "Spiritual Practices" that included a mindfulness exercise, a gratitude exercise, and a discussion of "Sabbath" as a spiritual practice. Jan's sermon addressed the question, it's dangerous to think you can do everything, and it's dangerous to think you can't do anything. Jan's sermon also quoted Rabbi Abraham Joshua Heschel's observation that "Sabbath is a time to be in harmony with the world, to be at peace with all living things, to be at one with the spirit of all being."

This Sunday, Michael McDonald, and I (with the estimable help of Sam and Beth) will be leading a service that is a kind of "Sequel" to Jan's service. You don't need to have been at Jan's service to enjoy this one. Maybe all you need to know about spirituality is that it is an inner and outer quest for meaning, connection, and belonging. Hope to see you there!

Yours gratefully,
Rev. Bob

USH News

Board Meeting, Tuesday, October 10, 6:30 p.m.

The Board of Trustees will meet on Tuesday, October 10 at 6:30 p.m. Minutes from the last meeting will be sent to the Board and posted in the Board Room. Zoom Meeting Hosted by Friday, October 6.

Zoom Link: ✉ Board Meeting.

Jim Spoerer Memorial Service
Saturday, October 14
We celebrate the life and honor the memory of our dear friend and longtime UHS member, Jim Spoerer, who passed away on July 4th. His lovely, deep engagement, and subtle, off-beat humor will be remembered and celebrated at "Spoerer-isms" suppers hosted at 7 and little but a dot p.m. that. UHS beautiful Sanctuary, Saturday, October 14 at 4:00 p.m. There is, Mel, not a single square inch of the Sanctuary, Jim's presence will be felt by inspiration attendee and can.

Please join Mel, Beverly, family members, and UHS friends in celebrating the life of our friend, Jim Spoerer, Saturday, October following the memorial service.

Food contributions for the reception will be welcome — please let Janice Jackson know what you plan to bring!

Jim's Favorites:
Beverly Hills 90210
Pancetta Bacon

USH Choir "remodels" – and is looking for volunteers like you!
After a lengthy Covid-induced "fallow" the choir is about to experience a welcome revival, springing back to life with a new, "refreshed" appearance, and a desire to foster accessibility-related changes. Sam Stoffler, our Music Director, and the choir will meet only prior to the service on Sundays when they are singing.

Anything or no theme includes will affect practice time but singing and rehearsing will be a lot more fun and less time-consuming. Sam is very grateful of time, enabling participants to familiarize themselves with their music, allowing him to rehearse. Occasionally, the group will practice during sermon.

This 'model' is also used when the number of singers on any given Sunday may be too small to sustain a full rehearsal. Sam will be at the piano and the choir will sing along. Accessibility. It's recognized that elements will not be able to commit to every Sunday the choir sings. By benefiting rehearsal and performance time (10 minutes, 30 minutes, 1 hour, 2 hours) and by providing a variety of music and styles, being able to perform music which has been freshly rehearsed. Music is a great way to tell the story of our faith, and the choir is looking for members who want to be an anyone interested in their singing.

Contact Sam Stoffler, Music Director, with any questions.

Sunday Sing, Sam Stoffler, will on that information and upcoming music rehearsal schedule, which is tentatively August. If you're one of those people, contact Sam HERE.

Missing the Organ? Free Concert Ahead!

Organ Music by Leonardo Crespo
October 29, 2023 - 3:30 p.m.
Bridging the space between months, worship and the concert, Coffee Hour will be a time to meet the organist, ask questions about the music, and learn a little about the organ's mechanical wonderfulness... and what it means, why it's so important to the music we make and the spirit we share. Come and see!

Meeting House Presents

Friday, October 20, 7 p.m.
Gemmoba Concert
Listen available on the band website:
https://www.gemmoba.com/
Facebook Event

Gemmoba was founded in 1981 and has been playing Irish music in Canada, Western Europe, and throughout the United States. Gemmoba's music is based on the Irish music of Ireland's famous fiddler Michael Coleman in 1930 and The Bluegrass Ball Variety Show in Cincinnati, Ohio, in the 1940s. Gemmoba's repertoire is both Freeform Group Reel & Jig and Jig Medley Reel Medley