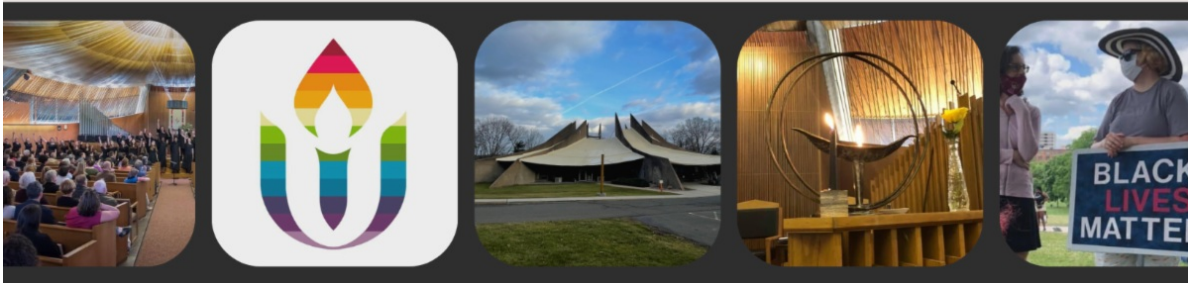


Unitarian Society Of Hartford



"Nourishing Spirit, Building Community,
Working For Justice"



Unitarian Society of Hartford

Building Community Since 1830

50 Bloomfield Avenue, Hartford, CT 06105

Tel: (860) 233-9897 • Email: hartforduussociety@gmail.com
www.ushartford.org

Office Administrator's Hours:

Sunday 9:00 a.m. to 2:00 p.m.

Monday & Tuesday 8:30 a.m. – 3:30 p.m.

Wednesday & Thursday, 8:30 a.m. – 3:00 p.m.

You might not be accessing the entire newsletter...

Newsletter emails are often truncated when opened. To be sure you can read the entire newsletter, when you get to the bottom of this page – you may see the following:

[\[Message clipped\]](#) **View entire message**

If so, click on "View entire message" (**at the bottom of this message**). The complete newsletter will open in a new browser window.



*May the flame that we kindle in our chalice burn bright in our spirits,
like the sun that rises in the east, blessing us all with warmth and light.*

Rev. Dr. Jan will speak to the fullness of the present and the way that life's meaning shifts across the years of our lives. She will also touch on her work with medical aid in dying.

Sunday Morning In-Person Service 10:30 AM

May 7th, 2023

"The Balance of Our Own Precious Days"

Rev. Dr. Jan Carlsson-Bull, Pulpit Guest
Judy Robbins, Worship Associate
Sam Moffett, Director of Music Ministries

[View this Sunday's Order of Service](#)

Matters of the Heart

Electronically by 9 a.m. Sunday: **[Matters of the Heart Email](#)**
In-person – use the MOH basket for written cards on Sunday morning

Religious Education in person 10:30 a.m.
[Annie Witzler](#), Interim RE Coordinator

Join us for Coffee Hour immediately following the service

Can't make it for in-person worship?

[Join us on ZOOM 10:30 AM](#)

Meeting ID: 931 0388 7934

Passcode: 128493

Virtual Coffee Hour to follow!

The service is also streamed on [Facebook](#) —
Follow our page and receive notifications every time we go live.

Couldn't make it to USH, and missed the livestream?
Watch any service, anytime, here on [Vimeo](#)



Rev. Dr. Jan Carlsson-Bull – Pulpit Guest

Rev. Dr. Jan Carlsson-Bull is a Unitarian Universalist minister, retired as of June 2019, but not tired. She has served congregations in Meriden, CT; Kingston, NY; Cohasset, MA; and New York City. During this time, she has held leadership positions in professional, denominational, and community associations, with a focus on racial and immigrant justice and trauma response.

Jan does periodic guest preaching, just finished a term as a Good Officer in her UUMA chapter, is active in initiatives for progressive voting and racial and immigrant justice, and for the past several months has been a passionate advocate for the Connecticut's prospective Medical Aid in Dying bill (which sadly, did not make it onto the full Legislative floor again this year).

She has taught on-line courses on Henry David Thoreau and on "Hope, Not Optimism, Hope" through Wesleyan University's Institute for Lifelong Learning. Her formal education includes a B.A. in philosophy from the University of Colorado; an M.Div. from Union Theological Seminary, NYC; and a Ph.D. in Developmental Psychology from Yeshiva University, NYC.

Her great loves include family, friends, free-range reading, and ocean swimming. Jan resides in Middletown, CT with her husband Dr. Daniel Bull, and their beloved mutt, Pablo. Their blended family includes three daughters and three adorable grandkids.

Judy Robbins – Worship Associate

Judy Robbins is a retired psychotherapist and co-



founder of the UUSpiritLife program. She relishes her role as a Worship Associate and sometimes pulpit guest at USH.

Worship Calendar

Upcoming Services:

Join us, in person or online.

May 14 – Working Title: "**Mothers' Day: Environment and Other Myths**", Jeff Howard, Pulpit Guest/Laurie Kelliher, Worship Associate.



May 21 – "**The Necessity of Imperfection**", Rev. Aaron Payson, Pulpit Guest/Margaret Leicach, Worship Associate/**Meetinghouse** musical guests

May 28 – "**We Remember You: A Memorial Day Forum**", Rick Tsukada, Pulpit Guest/Michael Michaud, Worship Associate

June 4 – "**Celebrating Pride Month and Flower Communion**", Ron Friedman, Pulpit Guest/Sue Smolski, Worship Associate

Sue Smolski

Worship Associate Coordinator



USH Banner Project, 2022-2023... Last Call!

Today is the last day to view all our Fiber Art on display in the front lobby, throughout the first floor, and in Fellowship Hall. The Banner Project Catalogs will be in Fellowship Hall during Coffee Hour for viewing. A digital version of the insert detailing the banner's location and names is [here](#). You are invited to take the time to locate and enjoy all of it.

~ Evan Williams, Sue Smolski, and the Chancel Art Sub-council

Banner By: Natalie Williams (1926-2006)

+ **SIGN UP
TODAY**

CLICK HERE

**VOLUNTEER TO BE A GREETER, USHER, OR TO
STAFF THE WELCOME TABLE.**

**SIMPLE, REWARDING SHORT-TERM
COMMITMENTS HELPING EXTEND HOSPITALITY
TO MEMBERS AND VISITORS.**



**Use the Sign-Up Link
to be part of our
Sunday Morning
Welcome Team.**

Transportation Needed:

Peter and Deb Meny and David and I have been transporting Peter Upton to services and then taking him back home after Fellowship Hour. Peter now lives in Litchfield at Brandywine Living. It is about an hour from the Meeting House. Because of previous commitments, we are unable to provide transportation on May 7 and May 14. Can you help out on either of those dates? Susan and Don Hope have agreed to take him home on the 7th. **We are looking for someone to pick him up on May 7 and transport him to the Meeting House and transportation to and from the Meeting House on May 14.** If you are able to help out, please either call or email Karolina 860/233-9897 or hartforduusociety@gmail.com Karolina will contact us and we will contact you with the specific information. Thank you very much for your consideration. Attending our services means a great deal to Peter.

-Janice Newton

USH News

ANNUAL MEETING NOTICE

The Unitarian Society of Hartford's Annual Meeting will be held **May 21, 2023**. It will be an in-person gathering at the Meeting House, following our service that Sunday. Those choosing to view from home will be able to do so via Zoom. There will be three items up for vote: Changes to the USH Constitution, How the Congregation votes on moving forward regarding the Article II changes to the UUA Constitution, and the following nominees for the Board of Directors:

Slate of nominees for open Board positions:

- President, 1-year term – Dana Donovan
- President-Elect, 1-year term – Nancy Kemmerer
- Secretary, 2-year term – Gloria Francesca Mengual
- Chair of Spiritual Life, 2-year term – Rick Tsukada
- Chair of Social Justice, 2-year term – Judy Sullivan
- *Chair of Membership, 2-year term – Laurie Kelliher
- *Chair of Finance, 1-year term – Jim Venneman

*If the USH Constitution changes are approved

Note: In addition to the above nominees for open positions, the 2023/24 USH Board will also include the following current board members who have completed the first year of their respective two-year terms:

- Treasurer: Jon Covault
- Chair, Council on Administration: Paul Cipriano
- Chair, Council on Community Within: Christina Davies

Become a Member of the Unitarian Society of Hartford

“You hardly knew how hungry you were to be gathered in,
to receive the welcome that invited you to enter entirely...
You began to breathe again...You learned to sing”.
~ Jan Richardson

Spring... a time of renewal, of blossoming, of rebirth in the fullest sense of being alive. It is a season when USH enjoys welcoming new members into the embrace of our UU community. If you have been considering membership at the Meeting House please contact [Karolina Wojtysko](#) in the office, [Laurie Kelliher](#), or visit the Welcome Table in the lobby.



Newcomers... are you UU curious?

Join an informal gathering Under the Stairs **this Sunday, May 7, 2023** following our Sunday service. Bring your coffee or tea for conversation about Unitarian Universalism, the Unitarian Society of Hartford and most of all to consider the wondering question...What brought you here today?

Whether it is your first time or you've been coming and curious for a while, join us. Members and friends are always welcome and broaden the insights to our very special faith.

Cookies and fruit and conversation...and you...join us Under the Stairs.



UUA GENERAL ASSEMBLY
PITTSBURGH • JUNE 21 - 25, 2023

General Assembly: 2023

"Faithfully Becoming"

This year's General Assembly (GA) will be held **June 21 through 25**, in Pittsburgh. Attendees will be able to participate either online or in person. As stated on the UUA's website, "The General Assembly of the Unitarian Universalist Association is the annual gathering of UUs where we conduct the business of the Association, explore the theological underpinnings of our faith, and lean into our mission and principles."

Registration has now opened with a variety of rates posted through **May 15**, when some of the rate categories will increase. Access uua.org, click on "menu", and select "General Assembly" for the details.

"There are those who may find it more manageable to spread out their GA registration fee in smaller, periodic installments rather than one lump sum. When you register you may now choose to pay with a payment plan option to spread out your payments over several months. Registration can be paid in installments, with as little as \$50 down." [Click here for more information.](#)

~ Contributed by Sue Smolski

Have We No Principles? Links to the Q&A Session

On April 16, UUA representative wren Bellavance-Grace participated in a Question and Answer Session about the proposed changes to Article II of the UUA Bylaws. Article II is the section of the ByLaws that deals with the purpose of the Unitarian Universalist Association and also with the Principles and Sources. Both

of these important items would change substantially with this revision and affect all UU churches. Judy Robbins presented your questions to wren and an audio recording is available [here](#) for those who missed this one-hour congregational meeting. Although this is a Vimeo file, the recording is audio only. During the meeting Virginia DeLima took flip-chart notes and those are available [here](#). These notes try to capture the essence of the comments and are not a transcript.

The proposed Article II Revision will be voted on at GA this June. Delegates to GA this year are Judy Robbins, Laura Cipriano and Dana Donovan. At the USH Annual Meeting on May 21, you will have a chance to make your opinion known to the delegates. If you have a question you would like to ask, email the delegates [here](#).

Love In Action

Stewardship Campaign

Goal: \$318,000

As of May 2, 2023:

\$259,354 Raised

USH members have pledged 82% of our goal!
We need every pledge to meet our goal of
\$318,000.

If you haven't pledged yet, please make it a priority. Pick up a pledge form at the Welcome Desk or in Fellowship Hall if you need one, or contact meet with [Carolyn Carlson](#) at Coffee Hour on Sunday.



USH Groups



UU SpiritLife

UU Spirit Life Conversations

SpiritLife Conversations will meet at the Universalist Church in West Hartford, in person, **Saturday, 5/20, from 9 – 10:30 a.m.**

Tending to the Inner Spark of Radiance. The linked reading from John Prendergast is introduced by Adyashanti: “The spiritual task we are given is a simple one: to attend to that inner spark of radiance, to hold vigil over it until we realize it to be our self, and to dig up and cast off all argument we have with its love.” We will discuss the inner fire of our spirit

lives and the spiritual tasks that we undertake to tend them.

Go to UUSpiritLife.org and click the link for **May 20** to read a short article. Jot

a few notes and then gather for a facilitated discussion with UUs from the three area churches. No pre-registration is required.

Facilitator: David Gonci

USH Book Group

Our UU Book Group meets from **2:30 – 4 p.m. on the 2nd Thursday of each month**, September through June, either on Zoom or occasionally as a hybrid meeting. If you would like to participate in a discussion of the book and related issues, please contact Ginny Allen at fiddlenurse1@gmail.com. An email with the Zoom link will be sent a day or two before the meeting.

Our selection for **May 11** is: ***Beloved*** by Toni Morrison.

Brief overview: Sethe was born a slave and escaped to Ohio, but eighteen years later she is still not free. Sethe has too many memories of Sweet Home, the beautiful farm where so many hideous things happened. And Sethe's new home is haunted by the ghost of her baby, who died nameless and whose tombstone is engraved with a single word: Beloved.

Looking ahead:

June 8 – *The Book of Lost Friends* by Lisa Wingate

The books selected for September and onward will be posted during the summer.

Social Justice

May Good Neighbor Offering



The May good neighbor offering recipient is the **Veterans for Peace Golden Rule Project**. In 1958 four Quaker peace activists attempted to sail a 34 ft. ketch named Golden Rule to the Marshall Islands to try and halt nuclear weapons testing. They were boarded and arrested in Honolulu. The Golden Rule sank in 2010 but has been restored and has been sailing around the United States since

2015 with the goal of eliminating nuclear weapons.

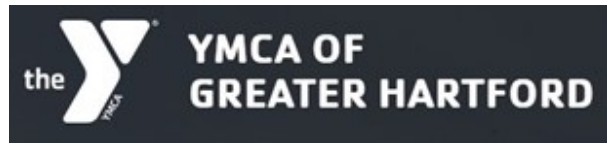
The ship will be in Connecticut starting on Memorial Day and arrive in the Hartford area on June 5. The Central Connecticut chapter of Veterans for Peace, the Quaker Meeting House, Hope Out Loud, and others are

organizing welcoming/educational events and arranging support for the Golden Rule and its crew.

Donations will go to Chapter 42 of Veterans for Peace to cover local expenses. Any leftover funds will go to the Golden Rule Project.

For more information
visit vfpgoldenruleproject.org and/or hopeoutloud.org.

April Good Neighbor Offering Update



Our USH family continues to live our UU covenant — our donations raised for the Wilson-Gray YMCA totaled **\$1,669.**

Thank you to all for your contributions. As Nancy Bowen, lifelong UU says, "The purpose of the church is to heal the consequences of lovelessness and injustice in the hearts and souls of our members so they might heal the community and together heal the world."

Social Justice Committee

Interested in justice work? Come meet with us to learn the latest about ongoing activities and discover new initiatives. Our next ZOOM meeting is **May 16, at 7 p.m.** Everyone's invited. Contact [Judy Sullivan](#) for information.

Click the button below to Join!

Meeting ID: 819 3540 3837

Passcode: 026862

ZOOM Link Social Justice Meeting Click
Here

Food Pantry News

Our food donations are now going to [The Horace Bushnell Food Pantry](#) on the corner of Albany Ave. and Vine St, Hartford neighbors about 2 miles from us. It is set up so that people shop for what they need/want.

The organizers have requested healthy foods.
Here are some examples, all shelf-stable packaged, canned, dried:

1. Oatmeal and other breakfast cereals and bars
2. Milk and alternative milks and fruit juices
3. Vegetables, tomatoes, peas, beans/ legumes

4. Fruits, applesauce, jelly and preserves
- 5 .Chicken, tuna, and other meats and fish
- 6 .Peanuts, nuts, seeds, nut butters and alternatives
6. Soups and stews

PLEASE CHECK DATES FOR EACH ITEM. Food donations can only be accepted with the current month and all future dates."

-Diana Heymann

RE and Chalice Clubhouse



Looking for a supportive, inclusive, non-judgemental home for your family's spiritual needs? Let USH be yours! Visit and learn about Unitarian Universalism, our congregation, and how USH can foster your family's religious or spiritual journeys.

Sign up for Sundays [here](#) online or in person at the welcome table. Questions? Reach out to our Interim Religious Education Coordinator [Annie Witzler](#) for more information.

Events & Happenings

Monthly Gatherings

May 2023



**Pizza & Movie
Night 5 p.m.**

05/12

The May selection is **King of Hearts**. Sign up at the Caring Network table in the Fellowship Hall during Coffee Hour or by email!



**Sing-Along
2 - 5 p.m.**

05/13

Join us at the next Meeting House Sing-Along! All are welcome! Bring your copy of 'Rise Up Singing' with you. Loaner copies are available.



**Lunch Bunch
12 p.m.**

05/16

Please brown-bag your own lunch and beverage... you'll ensure having something you enjoy! Whatever the direction the conversation takes, it should be interesting!



**Social Justice
7 - 8 p.m.**

05/16

Interested in justice work? Come meet with us to learn the latest about ongoing activities and discover new initiatives. Everyone's invited!

See something you like? Email hartfordusociety@gmail.com for more information!

Click the photo above for detailed information

Disability Support Group — This group meets online on the **first Saturday of each month at 10:30 a.m.** The zoom link is sent a few days prior to the meeting. In this group, participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness), and the stresses of caretaking a loved one. What is said in the group stays in the group. Email [Gloria Bent](#) for more information or call 860-904-7768.

Events Around Central CT



Celebrating the 150th anniversary of Sergei Rachmaninoff's birth, Pi-Hsun Shih created the video, *Solo Symphonic Dance*, from her home studio.

It is released on her YouTube channel. You are invited to visit and subscribe to the channel.

Click here for the [link](#). Thank you so much for your support!

**Hartford Quaker
Meeting Invites You to
Attend Resilience and Recovery**

in Ukraine:

A Presentation by Ukrainian Therapist Olha Lychko-Parubocha

Monday, May 8, 2023: 7:30 – 9:00 p.m.
Hartford Quaker Meeting South Quaker Lane, West Hartford



Olha Lychko-Parubocha is a Ukrainian psychologist who works in the Ukrainian city of Lviv with people displaced from their homes because of the war. She is assisting them with trauma resilience and recovery, coping with their losses and finding a way forward in their lives. **All are Welcome to Attend**

Olha Lychko-Parubocha's presentation will be accessible on Zoom as well as at the Hartford Quaker Meeting.

To Register for Zoom Attendance
contact: tomcameronphoto@gmail.com
Team-Europe are greatly appreciated.

USH Resources

The Caring Network has had a number of requests for Pastoral Care during the past few months. Generally, we have been able to reach out to the individuals and meet their needs.

However, there are situations when contact with a minister is preferred. If you wish to speak to a minister, please contact me and I will give you the contact information. You can reach me by phone (860/212-6923), by email at janicecnewton@gmail.com, or see me on Sunday. I will usually be at the Caring Network table at the entrance to Fellowship Hall.

Please also know there is a wide range of community services available to those in need by calling the Community Info Line at 211, and the Nationwide Mental Health Crisis and Suicide Prevention hotline is available by calling or texting 988, where you can speak with a counselor.

~ Janice Newton, Chair

2022 – 2023 USH Board of Directors

Eve Pech: President

Dana Donovan: President-Elect

Jon Covault: Treasurer

Sarah Harmon McKenzie: Secretary

Peter Meny: Spiritual Life Council Chair

Paul Cipriano: Administration Council Chair

Judy Sullivan: Social Justice Council Chair
Tina Davies: Community Within Council Chair

Have a question or comment for the board? Send an email
to: ushboardofdirectors@gmail.com.

Board Meeting Tentative Agenda

May 9th, 6:30 p.m. - 8:30 p.m. via ZOOM

- Planning for Annual Meeting
- Karolina's presentation of draft for USH rental policies
- Funding for USH Music Program
- Worship Associates update
- Revisit covid policy

ZOOM Link for Board Meeting

The latest financial reports for FY 2022-2023 have been posted,
click [HERE](#) to view.

The 2021/22 Annual Report is available [HERE](#)

The Board Meeting Minutes for March 2023 has been posted. Click [HERE](#) to
view the USH Directory, Reports, meeting minutes, and other church business
information online. Contact [Karolina Wojtysko](#) for the username and
password.

USH Staff:

Sam Moffett, Director of Music Ministries
smoffettuu@gmail.com | 860-233-9897 ext. 108

Annie Witzler, Interim Religious Education Coordinator
re4ush@gmail.com | 860-233-9897 ext. 104

Patty Peck, Bookkeeper
ushtreasurer50@gmail.com | 860-233-9897 ext. 102

Karolina Wojtysko, Office Administrator & Building Rentals
hartforduusociety@gmail.com | 860-233-9897 ext. 100

The deadline for USH Enews submissions is
Tuesday at Noon.

Please write in the 'Subject' field "USH Enews", and include the dates that your submission should be featured. Announcements about upcoming events appear for two consecutive weeks maximum unless other arrangements have been made with the editorial team.

Articles should be sent as email file attachments, and images need to be sent separately as jpeg, jpg, png, tiff, bmp, or gif files.
Thank you for your submission!

Email Your Submission

Missed Last Week's Enews? Click [HERE](#)

USH Calendar of Events

The calendar for **May 2023** can be viewed [HERE](#).

Please consult our Online Calendar regularly for all upcoming events coordinated by the Unitarian Society of Hartford



To submit a Calendar Request (also for an online USH Zoom Room gathering) click [HERE](#).



Unitarian Society of Hartford | 50 Bloomfield Avenue, Hartford, CT 06105 Phone: 860-233-9897

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