



**50 Bloomfield Avenue, Hartford, CT 06105**

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**Website: [www.ushartford.org](http://www.ushartford.org)**

**Office Administrator's Hours: Sunday through Thursday, 9:00am to 2:00pm,  
or email/call for an appointment.**

**JULY 28, 2021**

**Building Community Since 1830  
Rev. Terry Cummings, Interim Minister**



**August 1st, 2021, **10:00am****

**"Crossing the Edge"**

**As the pace of change in our world quickens, we may find ourselves struggling with change. How can we go through change with greater health and a sense of steering our own ship? USH as a community is going through our own change with our new interim minister Terry Cummings starting soon. In this service, Lisa draws from relationship systems theory and coaching, to share an empowering roadmap of change that honors the practical and**

**emotional aspects of change in a group/system of people. How can we find  
our own  
individual ways through change and access the wisdom of the system to  
make change an easier process for us all? Join us on Sunday to learn more  
and experience a shift of your own.**

**Lisa Galinski, Pulpit Guest  
Laurie Kelliher, Worship Associate  
Sam Moffett, Director Music Ministries  
Buffie, Zoom Master & Coffee Hour Host  
10:00am Worship Service - Join us in ZOOM [HERE](#)  
Closed captions are available.  
Meeting ID: 952 8306 7113  
Passcode: 014277**

**11:00am - [Fellowship Time](#)  
will be immediately following services  
in USH Zoom.**



**Guest Speaker Lisa Galinski**

Lisa Galinski is a transformative coach and workshop leader who creates authentic learning spaces to support folks who are engaged in personal and societal evolution and want to respond to the world with heart, wisdom, and compassionate action. She incorporates various modalities into her practice, including coaching, embodiment, Azul conscious movement, the Work That Reconnects, and reiki to support people moving through the world in new ways. You can

read more about her work at [www.LisaGalinski.com](http://www.LisaGalinski.com).

**Unitarian Society of Hartford is on Vimeo  
Unitarian Society of Hartford is also on Vimeo, the home for high  
quality videos and the people who love them. See more at  
[vimeo.com](http://vimeo.com). Please note that closed captions are NOT available in  
Vimeo.**



## Sunday Welcome Volunteers

These summer days are racing past. September will be here all too soon... back to actual school for some, the relief of cooler days for others.

At USH, the hope is to return fully to in-our-sanctuary worship, and Fellowship Hall-based

"Coffee Hour". To do that, we need those Welcome Volunteers who previously were so instrumental in greeting members, friends, and visitors, to help them feel at home here.

Were *you* part of the Welcome Team? Or is this something you'd like to try?? If you're new, or haven't been around much lately (and who *has*??), greeting is a terrific way to meet lots of smiling people and feel an instant connection with the community.

Buffie has developed a SignUpGenius "invite"; where you can easily select dates which work for you. You can be a greeter, an usher, or a welcome table volunteer. The link is below; if you have questions, let Buffie know and the answer will be revealed to you.

**See Sign Up Genius Link [HERE](#). Please contact Buffie at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) for any assistance or additional questions.**

## RE News You Can Use: Rayla D. Mattson, Director of Religious Education

### HELLO USH FAMILY!!

Story time with our DRE - <https://www.facebook.com/UnitarianSocietyOfHartford>

**Rayla D. Mattson, Director of Religious Education  
860-233-9897 ext. 104 | [ctraylab@gmail.com](mailto:ctraylab@gmail.com)  
I only check my email on Tuesday, Wednesday and Thursday.**

## USH Community & Business



### **Personal News of the Congregation**

It is with sadness in our hearts that we inform you of the sudden passing of USH member, Valerie Klokow, at UCONN this past Sunday, July 25th at 4:30am. More information will be forthcoming, and please keep her son Xavier in your hearts and prayers at this time. Thank you, USH Board and staff~



### **Help Children Go Back to School: The Village for Families and Children Fundraiser**

The Village for Families and Children is holding its Annual Uniform Fundraiser to help underserved families buy school specific clothes for their children.

USH has donated to the Uniform Fundraiser for the past eight years. *Thank you to all who have already given.*  
In Hartford, the first day of school is August 30<sup>th</sup>. **THE FUNDRAISER ENDS ON AUGUST 22<sup>nd</sup>.** Please continue to support The Village for Families and Children by giving to this Fundraiser. No amount is too small, all are appreciated.

Please make your check out to The Unitarian Society of Hartford with Uniforms in the memo line. **Mail them to Unitarian Society of Hartford, Attention Brian Mullen, 50 Bloomfield, Ave., Hartford, CT 06105**

**Thank you~  
Joanne Orlando**



### "It Took a Village"

Did you tune in to the *first-ever live-streamed service from our sanctuary??* This is the group of folks who made this possible; who blended a thoughtful and moving worship experience with the technical savvy to capture and stream it, live, on multiple platforms (*Vimeo, Facebook Live, and Zoom*). We would love to know your thoughts and hear your reactions; how did it feel to see a real live worship

sevice coming from our sanctuary? Send your comments to Buffie at [hartfordusociety@gmail.com](mailto:hartfordusociety@gmail.com).

(Missing from photo but instrumental to this success: Kevin Girouard, Stu Spence, Buffie)



Live music returned to USH on July 18 — originally envisioned as a free lawn concert, an uncertain forecast dictated a prudent retreat indoors. And so, after 16 months of silence, the sanctuary resonated with musicians in **live** performance.

Long-time USH friends Patrice Fitzgerald and Richard Leslie gave us an assortment of familiar standards; Eric Paradine's set featured some creative improvisational blues numbers; Meetinghouse, the musical collaboration among USH, Universalist West Hartford, and UUS:E closed with energetic folk/rock classics.

It's rather an anthropomorphic fantasy, but if our building could think, I'd like to imagine it was deep-breathing this music and saying "thank you".  
Photo: *Meetinghouse* (the band) rocking out in the sanctuary



**WEEDERS NEEDED!** The Memorial Garden and the Pet Memorial Garden need to be weeded. Can you stop by for 15 or 20 minutes? If you want to weed longer, please feel free to do that! If you have them, bring a bucket and trowel. The weeds can be dumped into the woods beyond the solar array to be recycled. If you are not sure if the targeted plant is a weed or treasure, call one of us on your cell phone (Janice 860/212-6923 or David 860/335-3742) and show us! If you let us know when you plan to weed, we

will try to arrange to join you! The extreme heat and the rainy days have kept us from weeding as much as we would like. Also, when nobody was around last year because of the pandemic, the weeds took advantage of our neglect. In addition, watch the Enews for the announcement of the September Building and Grounds Work-Day when you can join with other USH members and friends to get our building and the grounds ready for our return! **When the families entrusted the ashes of their loved ones to us, we promised to have a serene and well-cared-for resting place.** We need help keeping that promise! If you have any questions, please call us! If you do weed, please let us know so we can thank you! Thank you very much for your consideration of this need!

~**Janice and David Newton**

## Meeting House Sing-Along – August 14, 2021

Contact: Fred Louis ( [FLouis@yahoo.com](mailto:FLouis@yahoo.com)) or Ed Savage 860-966-8155 (mobile) ([EdSavage03@yahoo.com](mailto:EdSavage03@yahoo.com))

Join us at the next Meetinghouse Sing-Along! Fred Louis and Ed Savage are offering an opportunity to CT Singing families, singers, song-writers and audience members to join in song on the second Saturday of each month from 2 to 5 PM. We will have song-sheets and some loaner copies of Rise Up Singing available. Bring along your own 'Rise Up Singing' if you have one, as we have used it a lot in other months. We will also use the NEW "Rise Again" sequel – 1200 more songs to sample.

We'll put some chairs in a circle and take turns singing or playing, with those who know the tune or words joining in as they wish. You can come early or come late, whatever fits your family schedule. The UU meetinghouse is at 50 Bloomfield Avenue in Hartford. Some of us bring snacks, but that is not required ( or organized) Look for a sign near the door if you can't see or hear us right away. We will be around to the right of the main entrance, down the path to the patio.

We WELCOME Refreshments to be shared !

VAX protocol - OK to sing, socially spaced, if you are vaccinated; masks would probably be a good idea. If you have NOT completed a COVID Vaccination, we ask that you skip the Sing-Alongs for now, to protect you from US.



### **Summer Worship - "Embracing and Releasing"**

Summer worship at USH is lay-led by thoughtful, observant, caring and committed members of our congregation. The theme of "Embracing and Releasing" will bring sermons opening us to contemplation of the array of emotions and insights we have encountered in the many months since March 2020. So much has happened: our lives, our sleep, our families and

friends, the very structure of our days have been affected yet we keep on keeping on.

Most importantly, anticipate creative thoughtful summer worship services led by members of our congregation during July and until Ingathering Sunday in September.

**August 8 - Sue Spaniol/Artists' Way Reflections on "The Gift of a Year"**

**August 15 - "On The Threshold" - Judy Robbins**

**August 22 - "Making Peace" - Margaret Leicach/ Sue Smolski**

**August 29 - "Happiness In the Midst of Chaos" - Rob Spector**  
**Sept 5 - "You Can ('t) Go Home Again"- Laurie Kelliher**

On July 18th, the worship team was **livestreamed** from our sanctuary using our new equipment for the first time. ***The August 15th service will be livestreamed as well.*** All other services are planned to remain in the on-line format we have been using until Ingathering Sunday, September 12th, when we plan to resume in-person worship at the Meeting House with livestreaming available.

View our most recent services at the links **below**.

**July 11th "A Summers day with Mary Oliver"**

<https://vimeo.com/575018634>

**July 18th "A Requiem; We Are Sorrow, We Are Beauty, We Are Love"**

<https://vimeo.com/manage/videos/576411806>

**July 25th "How To Have Hard Conversations"**

<https://vimeo.com/579091128>,

~~ Updated - Sue Smolski, WA Coordinator 2021-23

### Email and Listservs to Change

The plan to move our USH Web to a new provider and change staff email addresses to Gmail services is progressing as expected. This will result in fewer outgoing emails not delivered to USH members because of suspicion of spam.

At this point, old ushartford.com email addresses to staff members are being sent to their new or continuing Gmail addresses. This will **not** continue after September 30.

The continuing or new addresses are:

Rev. Terry Cummings [revterryush@gmail.com](mailto:revterryush@gmail.com)

Buffie Pinney [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)

Brian Mullen [bmullen@ushartford.com](mailto:bmullen@ushartford.com)

Rayla Mattson [ctraylab@gmail.com](mailto:ctraylab@gmail.com)

Sam Moffett [smoffettuu@gmail.com](mailto:smoffettuu@gmail.com)

Dianne Daniels [ushinterndd@gmail.com](mailto:ushinterndd@gmail.com)

You can help by recording these addresses in you contacts folder or equivalent and use them going forward.

Submitted by David Newton



### Meetings at the Meeting House!

**Here's what to do if your group wants to meet in person at USH. The list isn't exhaustive... someone always comes up with some additions... but it'll get us started:**



The events calendar on the website is our central hub for all meetings and reserving space.

Assuming there are conflicts for day, time, and space you wish to reserve, contact Buffie at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) and copy Rayla at [crraylab@gmail.com](mailto:crraylab@gmail.com) to ensure no rental conflicts

If your gathering includes people participating virtually, arrange with Buffie to reserve one of USH's Zoom links. One of the benefits of the pandemic comes from broadening virtual connections; let's take advantage of this to continue including those unable to be here in person.

At the end of your gathering please tidy up and leave things organized for the next group. (You know... re-set the thermostat; turn lights out; don't leave dirty dishes, etc.)

**These basic acts of courtesy and consideration once were second nature and will be so again once we reacclimate. Be gentle with yourselves and with each other, and enjoy being together again.**

## Programs for Adults and Families



### *UU SpiritLife*

**UU SpiritLife offers spiritually-focused programs to members and friends of the three Hartford area UU churches.**

### **Fall 2021 Offerings Include:**

#### Daytime

**"Spirituality for UUs" - This course helps UUs to establish and deepen their spiritual lives in a religion without a creed. 12 weekly Zoom sessions; Sept 7-Nov 23; Tues, 10 am-noon with Judy Robbins and Rick Tsukada**

**Evening - (Either "Living Your Faith" OR "Spiritual Practices for UUs" will be offered, depending on the sign-ups for the two programs)**

**"Living Your Faith"** - participants articulate the tenets of their faith and explore how this faith is manifested in their daily lives. 12 Sessions; Tue: 7:00-8:30 pm; Dates TBD. Zoom with Tom Gervais

-- OR --

**"Spiritual Practices for UUs"** is a 9-month program in which participants experiment with different spiritual practices to explore how these practices can change how they experience and live life. 16 Sessions; Tue: 7:00-8:30 pm; Dates TBD. Zoom with Tom Gervais

Other Evening Offerings

**"Tending Your Spiritual Garden"** - participants explore how they might reap the bounty of a soulful spirituality.

2 Sessions; Thu 7:00-8:30 pm; Dates TBD. Zoom with Tom Gervais

**"Being a Monk in the World"** - finding and living from your inner monastery. Four conversational Zoom sessions, including a review of recent writings on the subject.

First Wed 7:00-8:30 pm; Sept-Dec. with David Gonci

**"How Your Former Catholicism Can Expand Your UUism"** - Ex-Catholic? No need to drop it all.

8 Zoom sessions on alternate Thurs starting Oct 14; 6-7:30 pm. With Rev Joy Christi Przeworski and Judy Robbins.

For more complete information including registration visit [www.UUSpiritLife.org](http://www.UUSpiritLife.org).

**Adult Programs:**

**The USH Book Club:** Meets **monthly**, on the **2nd Thursday**, 2:30 – 4:30 pm, via Zoom. All adults in the USH community are welcome. Please contact Ginny Allen at [fiddlenurse1@gmail.com](mailto:fiddlenurse1@gmail.com) if you'd like more information or if you want to join. An email with Zoom link will be sent a day or two before the meeting.

**20's/30's Group:** If you would like to join, please email Tara Cote at [tcote11@gmail.com](mailto:tcote11@gmail.com).

**Disability Support Group:**

This group now meets at 10 a.m the first Saturday of each month in a hybrid form - in person at USH and with a zoom option for those unable to join in person. The zoom link is sent a few days prior to the meeting. In this group participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness) and the stresses of caretaking a loved one. What is said in the group stays in the group.

Email **Gloria Bent** for more information at [bentgloria@gmail.com](mailto:bentgloria@gmail.com) or call at **860 904-7768**.

## Caring Network

**From the USH Caring Network:** Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact **Janice Newton** or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

## News in the Larger Community



### **It Starts With Faith: Organizing School 2021**

The Organizing Strategy Team supports faith-aligned groups to empower leaders, provide training, political education and spiritual sustenance to show up to end oppression and build thriving communities.

This year's Organizing

School for Teams was developed in response to volunteers, State Action Networks, and congregations' desire to deepen organizing skills, develop broader networks of folx doing faith-based organizing, and join in the work of our Side With Love campaign. Complete application by July 30th [HERE](#). We are excited to support 20-30 cohorts for this year's organizing school. This program is designed for teams that are currently engaged in social justice work. We are encouraging congregational social justice teams to apply as a cohort. Priority will be given to teams who are based in AZ, FL, GA, KY, MN, NC, PA, TX, and WI. You may apply as an individual. If admitted you will be placed in cohorts based on geographic location. All sessions are recorded and applicants regardless of acceptance into as a cohort, will have access to recorded sessions.

Cohorts will receive up to 10 hours of 1-1 organizing support following the completion of 80% of all sessions.

**Sessions will take place on Wednesdays, 6:30-8:30pm ET/3:30-5:30pm PT between Aug. 25 and Nov 3.**

Session 1: Orientation

Session 2: Faithful Social Justice: Telling your story  
 Session 3: Finding Your Role: Building power in faith organizing  
 Session 4: Building Organizing Infrastructure: Leadership Development and Identification  
 Session 5: Facing Conflict: Covenant & Transformation  
 Session 6: Building for a liberated future: Campaigns and program design  
 Session 7: Partnerships in a pandemic and recovery  
 Session 8: Growing your impact: Tools for evaluation and growth  
 Session 9: Meet the Moment: Tactics for Mobilizing Supporters and Contesting Power

**Join us to build power towards a world that affirms the worth and dignity of all.**

**In faith and solidarity,**

**Nicole Pressley**

**Field and Programs Director**

**UUA Organizing Strategy Teams**

## News from the USH Board of Directors

### Your 2020-2021 USH Board

**Rob Spector: President**

**Eve Pech: President-Elect**

**Bob Hewey: Treasurer**

**Sarah Harmon McKenzie: Secretary**

**Peter Meny: Spiritual Life Council Chair**

**Jon Covault: Administration Council Chair**

**Dana Donovan: Social Justice Council Chair**

**Tina Davies: Community Within Council Chair**

**Rev. Terry Cummings, Interim Minister (ex-officio)**

The latest financial reports for **Nov-Dec 2020 & Jan-Feb 2021** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **May & June 2021** have been posted. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) for the username and password.



**Lost-N-Found**  
**Does anyone know who this tray belongs to? If so please let me know? I'd like to "adopt" it if I am able!**  
**Thank You All~**  
**Buffie**

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events coordinated by the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request (also for an online USH Zoom Room gathering) click [HERE](#).**

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note: The deadline for USH E-News submissions is *Tuesday at 12 Noon*. Please include the dates that your submission should be included in the 'Subject' field.**

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Terry Cummings, Interim Minister  
[terryuu633@gmail.com](mailto:terryuu633@gmail.com) | 860-233-9897 ext. 103

Dianne Daniels, Intern Minister (half time, through December 2021, & not in July or August)

[USHInternDD@gmail.com](mailto:USHInternDD@gmail.com) | 860-233-9897 ext. 109

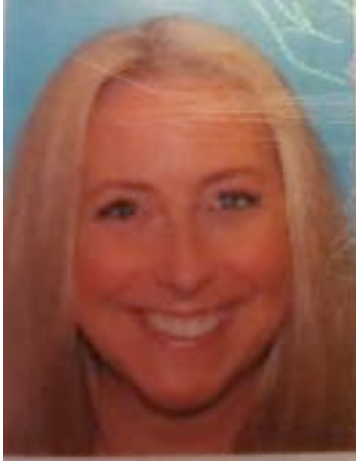
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Brian Mullen, Bookkeeper  
Office or Phone by Appointment | [bmullen@ushartford.com](mailto:bmullen@ushartford.com)



Please contact our Office Administrator, **Buffie Pinney**, with any administrative questions or concerns. Buffie is working Sunday through Thursday from 9am-2pm. While the church remains closed, please email at her at **[hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)**.  
**Buffie's always happy to hear from you!**

***The deadline for USH-Enews submissions is **Tuesday at 12 Noon.*****

***Email to: [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)***

***Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part. Consider the proposed 8th Principle as well! <https://www.8thprincipleuu.org/>.