

50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews ~ **June 26, 2019**
Building Community Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr

Happy 4th of July next week! Due to the holiday there will be no regular E-News next week, July 3. The office will also be closed on July 4th. Please check with the facilitators of any scheduled events for any changes in their schedules. Their contact info can be found here: www.ushartford/events.



“What A Time To Be Alive!”
Sunday, June 30, 10:30am
Margalie Belizaire, Worship Leader
Sue Smolski, Worship Associate

“It is time now, it is time now that we thrive
 It is time we lead ourselves into the well
 It is time now, and what a time to be alive
 In this Great Turning we shall learn to lead in love”
 ~Karisha Longaker



Guest Worship Leader Margalie Belizaire will be starting her 3rd and final year (hopefully) as a full-time seminarian at Meadville Lombard Theological School this summer. She has just completed a year of ministerial internship with The Unitarian Church in Westport, Connecticut and looks forward to another year with that congregation. She is also a Learning Fellow with The Church of the Larger Fellowship, UU church without walls, and works as an on-call chaplain at Saint Francis Hospital in Hartford. Needless to say, she maintains a busy schedule as she answers the call to ministry. In addition to taking classes, one of her major projects this Summer is preparing to go before the Ministerial Fellowship Committee later this year in December. This is the committee that decides whether a minister is offered fellowship in the Unitarian Universalist faith. She is both excited and nervous at this prospect. Prior to this path of ministry, Margalie was a Social Services Administrator who served numerous marginalized groups including battered women, children in the foster care system, and adults with developmental disabilities.

Nourish Yourself at USH Summer Services 2019!

Join us for another thoughtful series of summer services at the Unitarian Society of Hartford. 10:30am every Sunday in the air-conditioned, accessible Fellowship Hall, June 23 through September 1. This summer's theme is "Nourishment," and we will focus on how we nourish our bodies, our spirits, our communities, our hearts and our minds. From our gardens to campgrounds, ritual to reading, what nourishes you and nourishes others close to you? How do we help build healthy and inspired, inspiring communities together?

7/7/19 "Reverence for Life; Homage to Mary Oliver" –Judy Robbins with Meetinghouse

7/14/19 "Our Daily Bread" –Laurie Kelliher

7/21/19 "How Does Your UUism Grow?" –Carol Simpson

7/28/19 "Living a Life of Grace" –Tom Gervais

8/4/19 "Living the Labyrinth" –Rev. Cathy Rion Starr, Co-Minister

8/11/19 "A Crust of Bread" –Rev. Heather Rion Starr, Co-Minister
 8/18/19 "Earth-Based Spirituality" –Lisa Galinski
 8/25/19 "Contemporary Prophets" –Rev. Heather Rion Starr, Co-Minister
 9/1/19 "Caring in Action" –Eve Pech and Caring Network

In This Week's Enews:

[From the Revs](#) / [RE News You Can Use](#)
[News from the USH Board of Directors](#) / [Social Justice at USH](#)
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[Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

Notes from the Revs.



Save the Date for Hartford Pride, September 14th, Noon-6pm on Hartford's historic Pratt Street! Let Judy Sullivan ([jasullivan57\(at\)gmail.com](mailto:jasullivan57@gmail.com)) know if you can participate!

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



During the summer the nursery will open to infants and toddlers ages birth to age 3 every Sunday from 10:15am until 11:45am. The children and youth will go directly to the Library each week for the summer.

We have begun our summer RE programming.

This year we will focus on "green" activities and working in the community garden. I am looking for a few adults with a "green thumb" to pitch in. Please let me know if you are available.

Going into next program year, a few of our long term volunteers have had to step down because of other church-related obligations. This is a great time for new faces to join our RE team. There is space in our Prek-2nd grade class, our 3rd-5th grade class and middle school. I am also looking for one-time volunteers for holiday weeks when we will have one-room activities. I could also use some administrative help if working directly with the children and youth is not your forte. Please send me an email or give me a call, we'd love to have you on board!

Rayla D. Mattson, Director of Religious Education
[860-233-9897 ext. 104](tel:8602339897) | dre@ushartford.com

I only check my email on Tuesday,
 Wednesday, Thursday and Sunday.



News from the USH Board of Directors



Closing the Budget Gap—We Are Almost There--Let's Meet the Challenge!

June 17, 2019

Sherry Manetta, Board President

With the help of a challenge grant of \$17,500 from several member households, and new and increased pledges from many others, *you* are closing the budget gap for FY2020. We are about 60% of the way there and need only an additional \$7,000 to earn the full match. We are asking everyone to consider your financial commitment to USH and do one of the following:

- Make a pledge for FY2020 if you have not already done so. We strive for 100% participation in the pledge drive and this year we are at a low of just over 80%.
- Follow the lead of our challengers, your Board, and many others by increasing your pledge. Many of you stretched when you made your initial pledge, yet we hope you will consider a "second ask" contribution to support the costs listed below. Any increase you can afford affirms your deep commitment to USH.
- Pledge an amount to a specific fund for the intern minister, sabbatical coverage, or to pay our full UUA dues.

No amount is too small—your participation in the financial well-being of USH is most important in creating a vibrant community. And do not forget about *this* year! You have only four more days to "officially" complete your pledge for FY2019. If you are having difficulty meeting your pledge, please reach out to one of the Revs or to one of us.

As a reminder, your increased pledges will allow us to:

- Pay COLAs (cost of living adjustments) for staff
- Pay our UUA dues
- Fund the cost of the intern minister

- Fund sabbatical coverage

How to pledge or increase your pledge

To pledge online, visit the USH Stewardship page at <https://www.ushartford.com/stewardship-2/>. Pledge cards, fair giving guide and an online donation link are at the bottom of that page. You can also simply send an email to Brian Mullen at bmullen@ushartford.com indicating that your pledge is 1) for this year's Stewardship drive, 2) a "second ask" increase in your pledge, 3) a contribution to a specific fund for UUA dues, intern minister, or sabbatical coverage. If you have any questions, please don't hesitate to reach out to us at s.manetta@comcast.net or joerubin@snet.net.

How to pay this year's pledge

You can send a check to Brian Mullen, USH Bookkeeper, or email Brian Mullen at bmullen@ushartford.com to arrange for payment.

With sincere thanks,

Sherry Manetta, President, and Joe Rubin, President July 1

Your USH Board

—Have a question or comment or just want to chat about USH? Don't hesitate to talk with any one of your Board members:

Sherry Manetta—President Within Council Chair	Carolyn Carlson—Community
Joe Rubin—President Elect Council Chair	Marye Gail Harrison—Spiritual Life
Tom Richardson—Treasurer Council Chair	Judy Sullivan—Social Justice
Sarah McKenzie—Secretary Council Chair	Sue Tenorio—Administrative

Social Justice at USH



Immigration Support Teams Seek Bi-Lingual Volunteers: St. Patrick-St. Anthony Parish and The Franciscan Center for Urban Ministry in downtown Hartford has joined a consortium of churches and attorneys statewide to assist immigrants in the Hartford area who are going through the onerous

legal process of seeking asylum in the U.S. Bi-lingual volunteers (Spanish, Portuguese and other languages) are needed to serve as translators in the interview process with immigrants. The time involved is not significant but will likely be unpredictable. If you would like to volunteer or want more information about the teams and the process, contact Sherry Manetta at s.manetta@comcast.net.



Americans of Conscience Checklist

These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care,

and celebration to stay engaged. Click [HERE](#) for past checklists. - Submitted by Judy Sullivan, USH Social Justice Chair; Source: <https://americansofconscience.com/>

Americans of Conscience Checklist: Week of June 16, 2019 **I value democracy.**

□ Actions 1-8: Ensure that local governments count every single vote in 2020.

The president can't challenge election outcomes if they're verifiable. Speak up for truth and transparency in our final week of the Voter Empowerment

Project: <https://americansofconscience.com/empower-more-people-vote/>

Acts of Gratitude

Get out your stamps, postcards, and sparkle markers for some gratitude mail.

Thank CO Gov. Jared Polis for [signing legislation](#) into law [protecting LGBTQ youth](#) from so-called "conversion therapy."
[Share why this matters to you.]

Address: 200 E. Colfax Avenue, Room 136, Denver, CO 80203
Thank Susan Wojcicki, Youtube CEO, for expanding the definition of hate speech to include Nazism and for committing to remove discriminatory and "denier" content. [Share why reducing hatred, harassment, and violence online matters to you.]

Address: 901 Cherry Ave., San Bruno, CA 94066...to read more click [HERE](#).

Sunday Service Recap



**Worship Service: Sunday, June 23, 2019
10:30am**

General Assembly Service: “No Time for a Casual Faith”

Margaret Leicach and Rick Tsukada, Worship Associates

Rev. Susan Frederick-Gray, to listen to the video click [HERE](#).

The USH Choir sang the second piece by USH Composer-in-Residence Josh Stitt, “Collect My Tears.” Originally intended to be performed for Flower Communion, the Choir was excited to bring it to our General Assembly service.



Rev. Susan Frederick-Gray: The Rev. Susan Frederick-Gray is 9th President of the Unitarian Universalist Association (UUA). She graduated from University of Wisconsin and Harvard Divinity School and interned at First Unitarian Universalist Church of Nashville. As minister of the First Unitarian Universalist Church of Youngstown, Ohio, she was a leader in congregation-based community organizing efforts. She was lead minister of the Unitarian Universalist Congregation of Phoenix from 2008 to 2017. After leading the UU response to Arizona’s anti-immigrant laws in 2010, she became lead organizer for Arizona Immigration Ministry and a key organizer of the 2012 Justice General Assembly. She lives with her husband, the Rev. Brian Frederick-Gray, and their 10-year-old son, Henry.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of

Sunday Services,
please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Church Business News

The latest financial reports for **Jan.-Mar. 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **April 2019** have been posted, click [HERE](#) to view.

To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit www.ushartford.com/building-community/adult-family-programs/.



For the Women's Alliance Annual Retreat at Senexet House in Woodstock, CT, June 7-9, we had sweet times being together with special women sharing and laughing, walking & talking in beautiful weather. Kit and her staff served us delicious food and sangria. We even had two delightful Irish sisters in law who joined right in and added to the

general delight. We missed Dawn Greenfield, who planned the whole thing when she suffered a sudden death in her family. Dawn picked up the baton this year from longtime Women's Alliance leader Louise Schmoll who led us for the last 25+ years with her amazing efficiency and warmth. -Submitted by Barbara Fraher.

New Disability Support Group: Disabilities can come in many forms, some related to physical health and some related to mental health. In the course of our lives most of us will experience a disability at one time or another. Some are temporary and some last for the rest of

our lives. With that in mind, the USH AIM team is working to make our church more accessible and more inclusive for everyone, disabled or not.

In July, we will be restarting a disability support group. Twice a month on Saturday mornings at 10 o'clock in David's Den next to the library we will facilitate a support group for anyone from our church who has issues related to a physical or mental health disability. The group is also open to those supporting a person with a disability. We will gather to support each other on our journeys, not to provide therapy. We will generally follow the approach of a small group ministry, speaking respectfully, one at a time.

The first meeting will be on July 13th. Please join us if you wish.

Contacts: Briana Bittel at (860) 205-8568

or everaftr33(at)gmail.com.

Bill LaPorte-Bryan at (860) 308-2688 or b37bryan(at)gmail.com.

Programs

Emei Qigong Cultivation: Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi Gigong: Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. **Offsite during the summer,** contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

Dinner and a Movie at USH: Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

USH Book Club Resumes in the Fall, Off-site, contact Richard Groothuis for more information: rgroopofus@icloud.com or 860-748-3532.

Beloved Conversations: An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith communities. The program aims to foster cross-cultural relationships that nurture the spiritual health of program

participants, congregations and communities beyond their walls. We plan to repeat this program next church year. Contact Judy Sullivan to be added to the list of those interested.



Good news! In cooperation with UUS:E in Manchester and the Universalist Church of West Hartford, we will be offering Wellspring, a 10-month curriculum of

uniquely UU spiritual development successfully implemented in thirty other UU congregations. Beginning in September and meeting twice a month through mid-June, we will deepen our spiritual lives through small group connections, daily spiritual practice, spiritual direction, readings and other resources. There will be two small Wellspring groups, one during the day facilitated by Judy Robbins and an evening group facilitated by Tom Gervais. Participants will be drawn from the three churches and meeting places will rotate among the churches. For more info click [HERE](#).

Because Wellspring is offered conjointly, space is very limited so you must indicate your interest asap. A waiting list may be necessary. For more information, see the Wellspring website <https://uuwellspring.org/> or contact Judy Robbins at judyrobb2@gmail.com or 860-633-3348.

Connection Circles (formerly known as Small Group Ministries)



What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, marthabradley49@yahoo.com for more information or click [HERE](#).

Events and Personal News of Our Community



USH Labyrinth Garden Update

Summertime, and the living...involves gardening! If you have any extra energy or time to spare, there is always a spring-summer-fall need for gardening help at the Meeting House--in the Memorial Garden and all around the Meeting House, and then also in our USH Labyrinth Plot of the Watkinson Community Garden which is below

USH's lower parking lot and immediately adjacent to the Meeting House grounds to the east. Especially on warm days such as those that are predicted today (Wednesday June 26, high of 88 degrees!) and this week, watering is crucial to keep existing plantings alive and well. Watering is the primary need. Any additional weeding, planting, or tending of the Labyrinth Path that you are able to do is a bonus!

This is now our 5th summer of having and tending our USH Labyrinth Plot in the Watkinson Community Garden, and we keep trying to simplify a system of maintenance so that those among you who'd like to help can most easily jump in. Here are **The Weeks of Summer 2019** (below) -- please let RevHeather and Linda Clark (for updating this E-news posting) know if you can "take a week" to stop by once or twice that week and water the plot. If you have time to do more, that's great too, but just knowing that someone is stopping by to check on the garden each week will be a delight and a relief!

Thursday, June 27, 3pm, Esther McKone & Susan Hope will be meeting up in the Garden to check on things and possibly do some planting; join in if you are able

Sunday, June 30, 10:30am, Rayla Mattson will be leading participating children and youth in doing some planting and Labyrinth Garden tending during the service time

Week of June 30 - July 6 Susan Hope will check on the Labyrinth Garden

Week of July 7 - 13 Gardener Needed:

Week of July 14 - 20 Gardener Needed:

Week of July 21 - 27 Gardener Needed:

Week of July 28 - August 3 RevHeather will check on the Labyrinth Garden

Weeks of August 4 - 17 Susan Hope will check on the Labyrinth Garden

Week of August 18 - 24 Gardener Needed:

Week of August 25 - 31 Gardener Needed:

Week of September 1 - 7 Gardener Needed:

Week of September 8 - 14 Gardener Needed:

The KNOX Garden Party is scheduled for Thursday evening, August 8, with a rain date of Friday evening August 9. I don't know what, if any, aspect of the Party they'll have down in the Garden this year, but that's always a nice event to aim for our Plot to at least look cared for, if not tidy. It's also a lovely opportunity to connect with neighboring gardeners, friends and supporters of Hartford's Community Gardens. Keep an eye on KNOX Hartford's Events page for more details about their Annual Garden Party if you are interested in attending and supporting Knox: <https://www.knoxhartford.org/knox-events/>

Let me know if you have questions or would like to get involved in tending the USH Labyrinth Garden but are not sure how to get started! You can also speak with USH members Diane Cadrain, Esther McKone, or Susan Hope for gardening tips and plant wisdom. I hope to see you this summer, somewhere or another! --RevHeather

Meeting House Presents!



Thank you all for making this another successful season for Meeting House Presents!

Click [HERE](#) for more info.

- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860) 298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: MeetingHousePresents(at)gmail.com. Put “subscribe” in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for these 2019-20 upcoming Meeting House Presents Concerts. Click [HERE](#) for more info!

Get Involved at USH - Be Part of a Great Team!

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering.

Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.



Accessibility and Inclusion Ministry

(AIM): USH Member Doris Maldonado is in need of help with this ministry. Please contact her at unicas.miracle@gmail.com if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To

welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).

Upcoming Special Events and News in the Larger Community

SPEAKER UPDATE FOR LAWS, LEGISLATION & LUNCH June 28th at the Newington Senior & Disabled Center

We are excited to confirm that Representative Jeff Currey will be joining GLAD Attorney Chris Erchull and Steven Hernandez from the Commission on Women, Children, Seniors, Equity and Opportunity to talk about current legal and legislative issues that impact the LGBT community. Registration deadline extended to June 26th.

Please contact: 860-665-8778 or dstone@newingtonct.gov to RSVP.



MOVEABLE SENIOR CENTER
LGBT

Come Out and Connect!

LGBT Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

Newington Senior and Disabled Center
120 Cedar Street, Newington, CT

June 28, 2019 - 10:00 a.m.-1:00 p.m.

RSVP by June 21, 2019
(860) 665-8778 or email dstone@newingtonct.gov

Laws, Legislation and Lunch!

Join us for an expert led discussion about current laws, legal issues and legislation that impact you. Invited guests include:

- Chris Erchull, GLAD Staff Attorney
- Steven Hernandez, ED of CT Commission on Women, Children, Seniors, Equity and Opportunity
- State Representatives
- YOU!

Enjoy a scrumptious lunch with us!

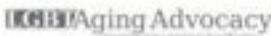
If you require accommodations, including dietary, please let us know ASAP!

The LGBT Moveable Senior Center is a program of the CT Healthy Living Collective and funded by the John H. and Ethel G. Noble Charitable Trust.



CT Healthy Living
COLLECTIVE





AARP Aging Advocacy



All Unitarian Universalist youth entering grades 9-12 (in the Fall 2019) are welcome to attend this conference. July 28-August 3 in State College, PA, or August 8-24 in Schenectady, NY. For more info visit: <https://www.uua.org/central-east/youth/goldmine>.

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103*(see below to schedule)

Rev. Heather Rion Starr, Co-Minister
RevHeatherRionStarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals
Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

***Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!
-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your
submission!***

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.