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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

March 20, 2019

Building Community Since 1830

Revs. Cathy & Heather Rion Starr



<https://thetartan.org/2017/1/30/forum/women-s-march>

Worship Service: Sunday, March 24, 2019

10:30am

"Can We Do Better?"

Rev. Heather Rion Starr, Co-Minister

Laurie Kelliher, Worship Associate

"By taking them away from their husbands and children, the water cure gave them respite from both." ~Joan D. Hedrick, *Harriet Beecher Stowe: A Life*

"While middle-class white women celebrated with ticker tape parades, black women in the former Confederacy were being defrauded by voting registrars or were driven away from registration offices under threat of violence." ~Brent Staples, *The New York Times*

Join in on the fun! The last chance to [sign up for a Stewardship Soirree](#): *this* Saturday, 3/23 from 4-6pm in the West End. **Kids and adults welcome!** For more info click [HERE](#).



This Sunday's Good Neighbor Offering supports *The Village for Families and Children*. The Village's red brick buildings are right next door to USH. Our neighbors at The Village serve at-risk children with mental health needs through its residential and outpatient programs. The Village has been in the community for over 200 years – its mission is **"to build a community of strong, healthy families who protect and nurture children"** by providing a full range of behavioral health, early childhood and youth development, substance abuse treatment, and support services for children, families and adults in the Greater Hartford region. Many of you have seen some of the children when they have visited us for the Festival of Season and at our annual USH Picnic. When the children from The Village are at USH they feel warmly surrounded by this community. As their chaperones have said they have a chance to "just be kids" – to enjoy crafts, games, food and fellowship. Today's offering is an opportunity to continue to support the vital programs of The Village as they work to build a stronger and healthier community. -Joanne Orlando

In This Week's Enews:

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Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may

have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the community Info Line at 211.

A Message From Stewardship



Stewardship Update

We are over halfway through our Pledge month. We want pledging completed during March so the Board can build the budget for next fiscal year and have it in place for the July 1

start of the year. That can't happen until we know how much money has been pledged since over 70% of our budget is based on the incoming pledges.* We are really hoping that you can at least match your pledge of last year but we'd really like it if you can increase your pledge. If everyone does increase than we can expand the programs, offerings, services, and all the other wonderful things that happen at USH.

Pledge cards are available in the Foyer, at the Stewardship table after services and from Linda in the office. Or you can download all of this from the website here: <https://www.ushartford.com/stewardship-2/>. Not sure how much to pledge? Use [this link](#) for the *Fair Share Giving Guide* which will help you think through what you can comfortably give. Last year we were able to raise \$316,000. This year we'd like to meet an 8% increase goal and be able to have \$340,000 to put towards making USH strong and vibrant. Please help us meet our goal by making as thoughtful and generous a pledge as you are able to. Every little bit helps and shows your commitment to making USH a thriving, effective community.

Contact Caron Lanouette, USH Stewardship Committee chair, for more info at USHStewardship@gmail.com. *Rentals and other revenue sources (the Endowment, Auction, Re-Gifting Sale, etc.) make up the balance of our budget after pledges.

A Message from the Revs

A note from the Revs about the [Ministers' Discretionary Fund \(MDF\)](#)~

We have used our Ministers' Discretionary Fund to support a number of families and individuals who are facing financial and/or emotional stress of late — due to job changes, health issues, family changes, and simply the stresses of trying to make ends meet. As those of you who

have ever received a check from the MDF know, these families are incredibly grateful for the support of their fellow congregants in stressful times! The checks we write are a double gift: the gift of much-needed funds and the gift of knowing that this congregation loves and supports them. Because of the recent needs, our Ministers' Discretionary Fund is getting low. If you find yourself *not* struggling to pay the bills, we would be very grateful for gifts of any amount to the Fund. If you *do* find yourself struggling to pay the bills, please let us know so that perhaps we may be of some assistance. Together, we weave the fabric of love and community. With gratitude, Revs. Heather and Cathy

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



This Sunday, March 24, there will be a *Time For All Ages* during the service, followed by age appropriate classes. The nursery will be available during the morning worship hour and the youth will meet at 9:00am for soup making.

Finding My Way Home

March 2019

I am very full and grateful as I head home from this year's *Finding Our Way Home* conference. Every year, Unitarian Universalists that identify as people of color, gather together. It is a time of connection, learning, engaging and for many us, it includes some much needed healing and spiritual nourishment. This year was no different.

The Unitarian Universalist community has been rocked this year as we collectively looked at facing and addressing white supremacy. For me and many of people of color in our faith, the year has been marked with lots of hurt and lots of failures. There have been some good times and some mighty acts of defiance. Arriving at *Finding Our Way Home* (FOWH), many of us could finally let go of the breath that we had been holding and tend to our hurts and our needs. We were finally able to tend to ourselves; to nurture one another; to be in a space that was safe for us.

I was very much looking forward to my time as there were many things I was holding onto, afraid to acknowledge and let go. Hurt and

harm that I knew was not safe to share anywhere else. Stories I could finally tell without the consequences. Spending a few days where I could truly be my authentic self; a time where I didn't have to code switch or smile when I wanted to cry or pretend that everything was okay.

FOWH this year was different from other years I've attended. There was no guest speaker, no big event or huge learning sessions. We met in smaller groups; we looked at and discussed things that were on our hearts. We planned, we help one another navigate those things we normally navigate alone, and we worshipped as one in ways that honored our heritages. We could bring songs from our past, from our ancestors, from our native tongues. We were welcomed, and honored to be in the presence of one another; not having to apologize for who we are.

I always find this time to be very cleansing and healing. I cry to the point where my body then only craves rest and sleep. This year we also focused a lot on just connecting and being with one another. I laughed so hard and so loud and so deeply that I could feel my soul rejoice. The feeling was so overwhelming. I was able to fully be joyous in a way that was fully accepted and I felt loved. I felt wanted. I felt appreciated. I also was able to fully accept my brothers and sisters. I could hold their pain and I could relish in their joys and laughter. I truly found my way home. ~Rayla D. Mattson

Rayla D. Mattson, Director of Religious Education
[860-233-9897 ext. 104](tel:860-233-9897) | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



News from the USH Board of Directors



Sabbatical 2019 Update

by Joe Rubin,
President-Elect, and
Marye Gail Harrison,
Chair of Spiritual Life

Under standard UUA practice, as in many other denominations, our minister's contract provides for an accrual of one month sabbatical for each year of service, which can be taken after 5 years. The purpose of sabbatical time in ministry is for renewal of the ministers' body, mind and spirit recognizing that holding a congregation in love in all its moments great and small, joyous and full of pain and sorrow, is a huge task. And sabbatical also offers opportunities for congregational renewal as well. More than family leave and differently than interim ministry times, we the congregants at USH will have opportunities to engage more deliberately in all aspects of church life than when the Revs are around. This is when we experience perhaps most deeply our ministry of the whole.

Our ministers, in line with emerging current practice, are choosing to take their sabbatical in increments, which is, of course, easier for the congregation to manage. They will be taking a 3-month sabbatical which will run from October through December of this year, 2019. At the request of the Board, Marye Gail Harrison, Chair for Spiritual Life, is heading a Board Task Force to guide our preparation for the sabbatical, including, of course, provision for Sunday services, pastoral care and administrative management. It has been a very long time, (since the Rev. Jon Luopa days,) that we have had a minister serve here long enough to earn sabbatical time, and so this really is a joyous occasion!

More details will follow as the Board makes decisions on a sabbatical coverage plan and budget. We consider the Sabbatical an investment we make in our Revs for renewal on which we as congregants will receive a good return.

Your USH Board

—Have a question or comment or just want to chat about

USH? Don't hesitate to talk with any one of your Board members:

Sherry Manetta—President
Council Chair

Carolyn Carlson—Community Within

Joe Rubin—President Elect
Council Chair

Marye Gail Harrison—Spiritual Life

Tom Richardson—Treasurer
Council Chair

Judy Sullivan—Social Justice

Sarah McKenzie—Secretary
Council Chair

Sue Tenorio—Administrative

Social Justice at USH



Americans of Conscience Checklist

These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also

practice gratitude, self-care, and celebration to stay engaged.

Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social Justice Chair

Americans of Conscience Checklist: Week of March 17, 2019

122 weeks down, [85 weeks](#) to the presidential election.

I value democracy. *With respect and collaboration, we create a government for the people, by the people.*

Action 1: Engage your elected officials at town hall meetings.

Call: Your one House rep and two senators' local offices on Monday ([look up](#)).

Script: Hi. I'm a constituent from [ZIP]. Can you tell me when [NAME] is holding town hall meetings in [TOWN] during the current recess?

— If no meetings planned, add: It's important for [NAME] to meet with their constituents. Can you let me know when they plan to hold the next town hall?

— If meetings planned: Thank you! I plan to be there.

Action 2: Support congressional representation for all Americans. [h/t [51stDC](#)]

Call: Your one House rep and two senators ([look up](#)).

Script: Hi. I'm from [ZIP], calling to encourage [NAME] to co-

sponsor legislation that would give DC residents a voice in Congress. Can I count on [NAME] to support [H.R. 51/S. 631](#)? [If not, inquire about reasoning.]

Note: Our allies at [Neighbors United for DC Statehood](#) requested we reach out especially to Sens. Tom Udall (NM), Dianne Feinstein (CA), Bob Casey (PA), Gary Peters (MI), Jacky Rosen (NV), Jean Shaheen (NH), Maria Cantwell (WA), and Ron Wyden (OR).

□ **Action 3: Defend your right to freedom from warrantless search.** [h/t [RAICES](#)]

Summary: Over [200 police departments](#) in [over 50 U.S. cities](#) are sharing [license plate activity](#) with [Immigration and Customs Enforcement](#). Oppose sharing [residents'](#) and [citizens' personal activities](#) to the LEARN database.

Write: To your city government: mayor, city council, and/or chief of police. Also write your county government: commissioner and/or sheriff ([Search for addresses](#)).

Script: [Use this letter/template to easily write multiple agencies...](#) to read more click [HERE](#).

Spiritual Life at the Unitarian Society of Hartford



Spiritual Life blog March 13, 2019

Take a Small Essential Retreat First

When we face sudden illness in our family or with our friends, it can really shake us. We have all kinds of initial reactions: why her, why so young, why now, can't they catch a break and so on. Yet soon we have to face what they face and then our own helplessness may set in. What do I have to offer that would really be helpful? In our rush to fill the void of anguish, we

sometimes fail to take a small essential retreat into our own best selves, into our own inner grounded sacred place before we speak or act. Taking a little time to ground and honor our own inner strength first often can sustain and guide us to act most lovingly and wisely. So go within: light a candle, say a prayer, read a favorite poem, sing a healing song, listen to music that calms you. From that nurtured space we bring our greatest ability to hold the other person through their journey and tend our own path at the same time.

Blessed Be, Marye Gail Harrison, Board Chair Spiritual Life / To read past blogs, click [HERE](#).

Sunday Service Recap

Worship Service: Sunday, March 17, 2019
10:30am
"UU Faith"

Rev. Jane Thickstun, Guest Minister
Judy Robbins, Worship Associate

Below is a story Rev. Thickstun read for the Time for All Ages during the service:

The Beautiful Tiger, Story By Christopher Buice

There once was a beautiful and powerful tiger. One day she was captured by a mean and cruel man who put her into a cage. The man kept the cage in the jungle not far from his house. Everyday he would bring out a bowl of water and some food for the lonely tiger.

Sometimes the tiger would see her own reflection in the bowl of water and she would say, "My, I must be a beautiful tiger."

When the man heard her say this he would lie and tell her, "No, you are not a beautiful tiger. You're very ugly. You're a pitiful creature."

Sadly, the tiger would believe the man.

Some days, after she ate her food, she would walk back and forth in her small cage and feel energy and power moving through her body, and she would say, "My, I must be a powerful tiger."

When the man heard her say this, he would lie and tell her, "No, you are weak and puny. You're a pitiful creature."

Sadly, the tiger would believe the man.

Then one day, when the man was nowhere around, a lion happened to walk by the cage. The lion saw the tiger inside and spoke to her, "Beautiful and powerful tiger, what are you doing lying about in that cage?"

"Do not make fun of me," replied the tiger. "I know that I am neither beautiful nor powerful."

"I'm not making fun of you," said the lion. "You are surely the most beautiful and powerful tiger I have ever seen. I am only surprised to

see you lying here when you are clearly strong enough to break out of that cage.”

“You really think I could break out of here?” asked the tiger.

“Quite easily, I should think,” replied the lion.

The tiger was not so sure at first. She had been told so many times that she was a weak and pitiful creature.

But suddenly it seemed that she could feel energy and strength moving through her body. She began to pace back and forth in her cage and then, almost without thought, she leapt against the cage door and it flew open without any resistance.

Once outside she seemed dazed. “That cage didn’t even have a lock on it,” she said. “I spent so much of my life stuck in there and the door wasn’t even locked.

The lion looked at her with soft brown eyes and said, “Those kinds of traps don’t need locks, for it is the lies we believe in that keep us in our cages...and it is the truth that sets us free.”

Source: "A Bucketful of Dreams: Contemporary Parables for All Ages" (Skinner House, 1994) out-of-print.

<https://www.uua.org/worship/words/story/beautiful-tiger>



Guest Minister Rev. Jane Thickstun: Rev. Jane Thickstun is the Interim Minister at the Unitarian Universalist Congregation of the Hudson Valley in Croton-on-Hudson, NY. She has also served congregations in Ithaca, NY, and in Michigan, New Hampshire, and Georgia. Rev. Jane grew up in Potsdam, NY, and has degrees in Linguistics and Philosophy, both from Georgetown University, and prepared for the UU ministry at Meadville/Lombard Theological School, graduating

in 2000. Before ministry, she worked as a mainframe programmer/analyst, taught English to people from all around the globe, and worked on a newspaper, to name just a few of her professional adventures. She enjoys hiking, singing, and contra dancing, among other things.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Church Business News

Rentals at USH – Over the last few years I have been working on increasing our outside rentals here at USH. With Rev. Heather's assistance, we have worked to allow outside groups and individuals to utilize our beautiful building and bring in additional financial resources. We have brought in several short-term, long-term and one-time renters who have thoroughly enjoyed being able to share our wonderful space.

We have been working to update and streamline our rental process. This has been ongoing but we are working to be as consistent and thoughtful in our application of rental fees as we can be, while always being willing to negotiate case-by-case. We know that this is an increasingly important source of revenue for the Meeting House as we work to keep up with the ever-increasing costs of maintaining and running USH.

We recognize and understand that as we work to streamline our rental process, questions will arise. The most common ones are the difference between member/friend rentals and non-member rentals as well as church and non-church events. I am happy to speak with anyone in more detail about these or other questions. You may also find more information on our rentals by going to the USH website and clicking on the rentals

link: <https://www.ushartford.com/renting-space-meeting-house/>.

It takes us all, as a community, to keep our ship afloat and I thank all of you for patience and understanding as we continue to work on updating and streamlining our rentals process. If you or someone you know would be interested in renting our space for an event, please let me know. Thank you! ~Rayla D. Mattson, Rentals Manager



It's that time of year, again! If you are responsible for sending a submission for this year's **Annual Report**, you should have received an email reminder last week. If not, please contact me at ushlindaclark@gmail.com for more information. The deadline is April 15th. Thank you! And thank you to those who have already sent one. ~Linda Clark, Office Administrator

The latest financial reports for **Oct.-Dec. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **February** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit www.ushartford.com/building-community/adult-family-programs/.

Programs

Emei Qigong Cultivation: Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi Gigung: Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen “Lucky” Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

Dinner and a Movie at USH: Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts). **Please note: The June gathering is on the 21st.**

USH Book Club Thursday, April 11: *A Wrinkle in Time*, Madeleine L’Engle; Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

Beloved Conversations: An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. Registrations are full and we plan to repeat this program next church year. Contact Judy Sullivan to be added to the waiting list.



Coming Up: On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our

tumultuous times today. Following the morning's service and a little time for coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revised [Harriet Beecher Stowe Center](#). The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 1pm. Please RSVP to RevHeather at RevHeatherRionStarr(at)gmail.com with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartford-area. The Stowe Center has graciously agreed to have USH's tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know today that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

Connection Circles (formerly known as Small Group Ministries)



What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, marthabradley49@yahoo.com for more information or click [HERE](#).

Events and Personal News of Our Community



Meals for USH Member Valerie Klokow:

A sign up page has been set up to help provide Valerie and her son with meals. If you would like to help with meals sign up

at <https://takethemameal.com/>. Just type in the following: Last name: Klokow

Password: VALERIEK Thank you!

-Submitted by Deb Meny



Crystal Cruz-Acevedo began working as a Sunday Sexton for USH in February 2014. After five years of diligently working behind-the-scenes setting and cleaning up the Fellowship Hall most Sunday mornings, running the dishwasher, supporting memorial receptions and other Meeting House events as called upon, and dealing with our congregational messes large and small, Crystal has chosen to cut back from her many days of working

multiple jobs in order to spend more time with her family. Crystal's cousin Jaz will be continuing to do the Sunday Sexton work, so please look for and thank Jaz. Crystal will be joining us here at USH during the Sunday morning service on March 24 so that we can "officially" celebrate her, thank her, and wish her well. If you would like to contribute to a cash gift of appreciation from USH for Crystal, please send a check to USH marked "for Crystal Cruz-Acevedo" in the memo line. Thanks, all! ~RevHeather



Benjamin Dix Concert

You are all invited to a Spring 2019 Piano Concert. This is concert #2 in a series of 3 concerts for the 2018-2019 year.

Where: In the Sanctuary at the Unitarian Society of Hartford

When: Saturday, March 23, 2019 @ 1 PM

Admission is free - Contact Benjamin Dix for more info. at dixb2011@gmail.com

Meeting House Presents!



Friday, March 22, 2019 at 7:30pm

Belle of the Fall

***Belle of the Fall* is Tracy Walton and Julia Autumn Ford; an indie folk rock pop alternative americana duo from CT.**

Belle of the Fall met when Tracy produced Julia's debut solo album in 2014 at his studio: On Deck Sound Studio. They spent the better part of the next year touring together as solo artists. Eventually they began to play on each others sets and sing harmonies together. In July of 2015, Tracy and Julia wrestled with the idea of remaining separate solo artists or committing to a duo. They chose the latter... To read more click [HERE](#).

[Buy tickets for Belle of the Fall at](#)

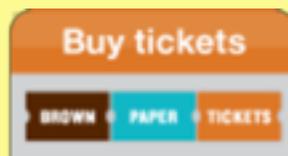
[Meeting House Presents](#)

Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to MeetingHousePresents(at)gmail.com. Put “subscribe” in the subject line. We send one or two emails each month.



\$20 general admission. \$14 for students with ID.

Children under age 12 are free with paying parent.

To buy tickets online click [HERE](#).

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts. Click [HERE](#) to see what's coming up!

Get Involved at USH - Be Part of a Great Team!

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

News from the UUA

Come, Let Us Worship: Cycle of Song Vol. 2
With Rev. Jason Shelton

Come, Let Us Worship: Cycle of Song Vol. 2
By New England Region UUA
\$40

Register

Date And Time
Sat, May 11, 2019
10:00 AM - 5:00 PM EDT

Description
Come, Let Us Worship: Cycle of Song Vol. 2
Presenter: Rev. Jason Shelton



THE POWER OF WE

What do we want Unitarian Universalism to be? It is a time when we are asking big questions in our faith, and GA 2019 will be focused on digging into those questions together. It is a critical chance for congregational leaders and passionate UU's to set new goals and aspirations for our religious community. Help begin to reshape our Association and our congregations in new and powerful ways.

This year's theme is about collective power, "The Power of We," as well as the possibility, the purpose, the struggle and the joy of what it means to be together in faithful community. In the past two years, Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity.

Come to Spokane to experience what our shared faith can become when we embrace the Power of We.



UUA GENERAL ASSEMBLY

Visit uaa.org/ga for

- Programming Information
- Registration and Housing
- Financial Aid Information
- Volunteer Opportunities



Ware Lecturer Richard Blanco
Selected by President Obama as the 2014 inaugural poet in U.S. history, Richard Blanco is the youngest and the first Latino, immigrant, and gay person to serve in such a role.



Robin DiAngelo
Author of *White Fragility*, Robin DiAngelo speaks eloquently on what it means to be white in a society that produces race consciousness, yet is deeply divided by race.



Rev. Lindi Ramadan
Rev. Lindi Ramadan, Director of Partnership and Emerging Programs at The King School for the Ministry, will deliver the sermon at the Service of the Living Tradition.



Rev. Maria I. Valentin
Rev. Maria I. Valentin, minister with the Unitarian Universalist Church of Wallford, WA, will deliver the sermon at the Sunday Morning Worship.

UUA GENERAL ASSEMBLY

SPOKANE, WASHINGTON | JUNE 19-23, 2019

looking ahead to June! General Assembly 2019
& ways you could join in "off-site"

General Assembly is the annual business meeting of our Unitarian Universalist denomination, and it's a whole lot more. Inspirational worship services, informative workshops, entertaining programs, and a bustling exhibit hall help make GA an unforgettable experience for the thousands of Unitarian Universalists that attend. Attendees leave with a renewed sense of energy, inspiration, and innovative ideas to take back to their congregations and communities.

This year, General Assembly is: Wednesday, June 19 through Sunday, June 23, 2019

www.uua.org/ga.

This year's General Assembly theme is about collective power, "The Power of We" – what it means to be together in faithful community. Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity. Come experience what our shared faith can become when we embrace the Power of We.

Technology provides opportunities to connect on-site participants with those who cannot attend in person. GA is transforming into a hybrid meeting—incorporating off-site delegate participation, live-streaming of events, and social media to create an interactive experience for on-site and remote attendees. Off-site registrants are able to watch and ask questions in live sessions, including select workshops and business sessions. Off-site Voting Delegates are also able to propose amendments in the live business sessions, participate in debates, and vote in general sessions. RevHeather is thinking about what programs or workshops it might make sense to participate in together, on-line, from the Meeting House--let her know if you have thoughts or particular interests--keep in mind that these times are Pacific time, so it'll all be three hours later here! (Best for night owls!) https://www.uua.org/sites/live-new.uua.org/files/2019_grid.pdf

GA Registration and the GA Housing Reservation System open at 9 a.m. PST at www.uua.org/ga.

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to uua.org/ga in the month of March to learn about scholarships to support delegates - particularly those from marginalized groups - and volunteer opportunities (work in exchange for registration).

Upcoming Special Events and News in the Larger Community



HONEST CONVERSATIONS WITH OUR MUSLIM NEIGHBORS

Tuesday, March 26, 5:30 PM

Hartford Advocacy Workshop: 227

Girard Ave., Hartford, CT

Join us for a Friends Committee on National Legislation Introduction Advocacy Workshop (FCNL). Come and learn strategic and effective advocacy tools, and be part of creating a local grassroots advocacy team in

Hartford. At the Workshop, you will also learn about the 2019 FCNL

Advocacy Team campaign to repeal the 2001 and 2002 Authorizations for the Use of Military Force (AUMF) that have been used by three presidents to justify endless wars. This Introduction to Advocacy Workshop features FCNL Advocacy Teams Trainer Sarah Freeman-Woolpert.

[Register Here](#). There will be pizza and other refreshments. For questions please contact sarahfw@fcnl.org.

And also: Sunday, April 7 at The Universalist Church of West Hartford; 433 Fern Street, West Hartford

11:30 – 12:30 PM – LUNCH / 12:30 – 2 PM – PANEL PRESENTATION

WHO ARE OUR MUSLIM NEIGHBORS? WHAT DO THEY BELIEVE?

HOW DO EXTREMIST ACTIONS AFFECT THEM?

Area Muslims will share their stories, and respond to questions such as:

- **Why don't we hear moderate Muslims speak out against extremism?**
- **Why do some girls and women wear Muslim dress and others don't?**
- **What does the Qur'an really say about people of other religions?**

American Muslims don't have all the answers, but our guests will respond from their own experiences, raising issues that concern all of us. *Together, in conversation, we can promote a more peaceful world.*

Sponsored by: **The CT Council for Interreligious Understanding (CCIU); The Muslim Coalition of Connecticut; The Hartford Seminary; The Universalist Church of West Hartford**

Please RSVP to socialjustice@westhartforduu.org.

-Submitted by Judy Sullivan, USH Social Justice Chair



New World Trio's last concert of the Season *Endings* is on Sunday, **March 31**, at 2pm at St John's Episcopal Church, 679 Farmington Ave., West Hartford, Connecticut. Please join us at the reception that will follow the concert.

www.newworldtrio.org.

New World Trio is Ensemble-in-Residence at St John's Episcopal Church. In keeping with its mission to serve all, St

John's does not sell admission tickets as such; in lieu of ticket sales, a suggested voluntary donation to New World Trio of \$20 can be made either at the door or in advance.

Information about this Program:

We often mark our lives by endings: loss of innocence or childhood; loss of a loved one; the end of an era. Sometimes such endings mark a passage to a more complete future, but other times they signify finality and loss. This program reflects both kinds of these experiences with a diverse group of pieces, each from a different era.

Our first piece "Harp of Canaan" (world premiere 2019), composed by Hartt professor Stephen Gryc, is in memory of Sally Williams. Sally passed away last year. She was a longtime supporter of New World Trio. Professor Gryc was inspired by her work as a hospital chaplain and decided to orient the piece toward Sally's spiritual life.

The second piece of our program was Dimitri Shostakovich's superb Second Piano Trio. (1944) Composed during the Second World War, the trio made a powerful statement of Jewish sacrifices in the war. It is a reminder of endings and loss.

Our last trio of the program is Beethoven's most celebrated "Archduke" Trio (his final piano trio). This piano trio is regarded as the greatest of all works for this combination of instruments. Indeed, it was Beethoven who first successfully combined the three instruments in a powerful concertante style, while still keeping the instruments in a balanced chamber music format. Its premiere, with Beethoven himself at piano, marked his final public performance due to his increasing deafness.

Artists Against Overdose CT Silent Auction Art Event

2nd Annual AAO Show
March 30th, 2019

Goodwin Square 25th Floor
225 Asylum St, Hartford CT



AAO Show 2018



Last year was a huge success raising over \$9,000 to purchase and distribute Narcan throughout the greater Hartford area to help battle the opioid epidemic.

This year we're hoping to beat that number as we continue to battle the opioid epidemic in Connecticut. We have a bigger space and bigger dreams. We hope you will participate and join us in this incredible event.

All of the proceeds from the show will go to **GREATER HARTFORD HARM REDUCTION COALITION**

**For more info visit: www.aashow.com/
Submitted by Dawn Greenfield.**

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)ushartford.com

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank

you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
 revcathy@ushartford.com | 860-233-9897 ext 103*(see below to schedule)

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Brian Mullen, Bookkeeper
 Office Hours by Appointment | bmullen@ushartford.com

***Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.
 Email to: ushenews@ushartford.com
 Please note in the subject line "USH-Enews." Thank you for your submission!***

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations;

a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.