

50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

**January 16, 2019 Building Community Since 1830** 

Revs. Cathy & Heather Rion Starr



 $Image: Image: \underline{www.facebook.com/theRapOet/}$ 

Worship Service: Sunday, January 20, 2019 10:30am "The Organ and the Music"

# Khaiim the RapOet, Pulpit Guest Jake Courser, Worship Associate

Without our precious instruments, symbols, and perception, how would we receive music, dance, poetry, and other forms of expression? Then again, without art and interpretation, what would be the purpose of our instruments, symbols, and perceptions? Would we even consider them instruments or symbols, if they didn't represent something meaningful? Khaiim will rap, recite poetry, and discuss how easy it is to mistake the organ or the organ player for the music itself.



Khaiim the RapOet is an international touring artist and keynote speaker. He's received critical acclaim as a positive rapper while performing with everyone from Pulitzer Prize poets like Alice Walker to Grammy winning MCs like Common. He's also recorded in Jay-Z's studio with J Cole's multiplatinum engineer

Mez. Khaiim has been lauded by the NY Times, NPR, and many more, receiving numerous awards for using Hip-Hop as an educational tool - in fact, his work even garnered a "Champions of Change" distinction from President Obama. Although Khaiim lectures at colleges such as Trinity and Yale, fans know him as the charismatic MC Self Suffice, whose album with Dreamville's Mez summited the Indie Hip-Hop Top 40. Catch him with his live band performing the new album "Self Control".

#### In This Week's Enews:

A Message from Stewardship / RE News You Can Use

News from the USH Board of Directors / Social Justice at USH / Spiritual Life at USH

Sunday Service Photos / Church Business News

Programs for Adults and Families / Connection Circles

Events & More Personal News of Our Community

<u>Meeting House Presents:</u> **Friday, January 18** <u>Hubby Jenkins (of the Carolina Chocolate Drops)</u>

Get Involved at USH / Upcoming Events & News in the Larger Community

#### Missed Last Week's Enews? Click Below:

http://www.ushartford.com/nourishing-spirit/newsletters/

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page <u>HERE</u>.

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click HERE.

Contacts: http://www.ushartford.com/about-us/staff/

To read the USH Blog click HERE.

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

#### A Message From Stewardship

#### LOOKING FOR SOIREE HOSTS, NEW AND RETURNING!

The Annual Pledge Drive will be in March and the Stewardship Committee is inviting interested congregation members and friends to host a Stewardship Soiree (last year's Neighborhood Gatherings). Each Soiree is scheduled for approximately 2 hours, afternoon or early evening, during the month of March at the Hosts' convenience. Don't want to do it alone? Feel free to co-host with someone else. Hosts can determine whatever the Soiree will be, traditional wine & cheese, light supper, lunch, etc. or do something activity-oriented, e.g. charades, bingo, etc. Host Training will be the afternoon of Sunday, February 3rd. The Stewardship Committee will provide you with ongoing staff support and assistance. Interested Hosts, new and returning, should email ushstewardship@gmail.com by January 15. Thank you! -Submitted by Caron Lanouette

# **RE News You Can Use:**

Rayla D. Mattson, Director of Religious Education



This Sunday, January 20, there will be a *Time For All Ages* during the service followed by age appropriate classes. The nursery is available during the morning worship service.

Rayla D. Mattson, Director of Religious Education 860-233-9897 ext. 104 | dre@ushartford.com I only check my email on Tuesday, Wednesday, Thursday and Sunday.



#### **News from the USH Board of Directors**

#### **FY2019 USH Board Priorities**

My New Year's resolution is to communicate more, so belatedly, below are the FY2019 Board priorities developed at the June Board retreat and subsequent board meetings. These objectives guide the Board's work.

#### Objective A: Leadership development/capacity building

This is an ongoing process of engaging members in the life of the congregation and building capacity for the good work that we do together. It also recognizes that many members would like to be involved, but in discrete activities where they have an interest vs. signing up for committees for a longer term. A few specific aspects of this effort:

- The Nominating Committee is in process of evaluating candidates for FY2020 open Board and various committee positions. The Nominating Committee itself could use more members.
- Council Chairs work with Sub-councils to engage members. The upcoming Council Fair on January 27<sup>th</sup>, after service, is a great opportunity to learn more.
- The Membership Sub-council is reevaluating its structure and how best to engage more members in welcoming newcomers and in the healthy growth of the congregation.

#### Objective B: Anti-racism

The focus this year is primarily on changing internal congregational culture and attitudes with respect to race through discussions and educational programming. These and/or other efforts will continue in future years:

- Race Matters discussions on Sundays after services during the first six months of the fiscal year.
- The Beloved Conversations class will first be offered January 18 and 19<sup>th</sup> with eight 2-hour sessions thereafter. The class is full for this year but will be offered again.

# **Objective C: Sustainable Financial Model**

This is an ongoing effort to assure we have the funds necessary to operate effectively in the short-term and that we are assuring the long-term financial viability of USH. We continue to improve on the financial framework and put in place mechanisms for sound financial management. The focus is on budgeting, revenue growth and diversification, and building staff capacity. We will begin planning for a capital campaign (which will consider financial needs in addition to those related to the building) and a legacy giving campaign.

# Objective D: Adult Religious Education

During FY2019, we will better define and address Adult Religious Education needs. We have initiated a search for an intern minister to start January 2020 with a focus on Adult RE. We have also begun to look at life cycle curriculums used by other UU congregations such as "Faith Forward" https://faithforwarduu.org/about/

# Objective E: Congregational Covenant—Right Relations

This involves two initiatives in FY2019:

- A Co-Minister evaluation process established
- Safer Congregation policy and implementation team formalized

As a reminder, the Semi-annual Congregational meeting will be Sunday February 24<sup>th-</sup> immediately following the service. Please plan to attend to learn more or contact a Board member, Co-Minister, or Council or Sub-Council chairs. —Submitted by Sherry Manetta, USH Board President

#### Social Justice at USH



Women's March CT 2019 Start: January 19, 2019 • 1:00 PM Location: Capitol North Steps • 210 Capitol Avenue, Hartford, CT Host Contact Info:

sarah.Raskin@trincoll.edu

https://actionnetwork.org/events/womens-march-ct-2019. -Submitted by Caron Lanouette



#### **Americans of Conscience Checklist**

These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay engaged. Click **HERE** for past

checklists. -Submitted by Judy Sullivan, USH Social Justice Chair Americans of Conscience Checklist, Week of January 13, 2018 By Jen Hofmann

113 weeks down, <u>94 weeks</u> to the presidential election.

I value equality. Support the dignity of your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability.

□ Action 1: Speak up for our neighbors facing eviction. [h/t NLCHP] Call: Your two Senators (look up).

**Script**: Hi. I'm calling from [ZIP] to express alarm that more than 1,000 private HUD contracts just expired due to the government shutdown, leaving some of our poorest neighbors vulnerable to eviction. I want [NAME] to insist the Majority Leader hold a vote on legislation to reopen the government while continuing border security negotiations.

**Bonus**: <u>Call</u> Senate Majority Leader Mitch McConnell and ask him to hold a vote on reopening the government.

☐ Action 2: Support our neighbors' safety. [h/t HRC]

**Call**: Your two Senators and one House rep (<u>look up</u>).

**Script**: Hi. I'm from [ZIP] and I'm calling to support <u>background checks for all gun buyers</u> as a step toward reducing gun violence in this country. House reps: Will [NAME] co-sponsor <u>H.R 8</u> to help make this happen? Senators: Can I count on [NAME] to propose legislation mirroring the bipartisan House version introduced last week?

□ Action 3: Support the dignity of hungry students. [h/t FRAC and Talk Poverty]

**Write**: Your two state legislators (<u>look up</u>).

**Script**: I'm concerned about the harmful impact of <u>school lunch debt</u>. Some districts have policies that deny food or humiliate students in front of their peers. I'd like [state] to follow New Mexico's model and pass the <u>Hunger-Free Students' Bill of Rights</u>. [Share why students need caring environments and/or how this affects you personally.] Thank you.

I value voting as a foundation of a healthy democracy. Each citizen must be able to freely and fairly elect those who represent their values.

□ Action 1: Support American citizens who have no representation or vote. [h/t □C Statehood51]

**Call**: Or write your one House rep and two senators (look up).

**Script**: Hi, I am a constituent from [ZIP], concerned that residents of

Washington, DC <u>have no voting voice</u> in Congress, despite paying taxes like all other citizens. I would like [NAME] to <u>support DC statehood</u> and the rights of the <u>700,000 Americans</u> who live there. (House reps only: Will [NAME] cosponsor <u>H.R. 51</u>?) / To read more click <u>HERE</u>.

# Immigration Forum St. Patrick - St. Anthony Church Franciscan Center for Urban Ministry 285 Church St., Hartford, CT Thursday, January 17, 2019 7:00 - 8:30 PM

We are a country of immigrants. In 2019, how do we plan to honor and respect ALL immigrants? What will Congress do? What will the judicial system do? WHAT CAN WE DO?

Please join us on <a href="Thursday">Thursday</a>, January 17, 2019</a> to learn from a dynamic panel and to explore the next steps to welcoming immigrants with open hands and hearts. The panelists will include;

- Congressional Representation
- Community Leaders
- Immigration Attorneys
- Recent Border Visitors
- Questions and Answers to follow

The Forum is being sponsored by St. Patrick - St. Anthony Church in Hartford and will be held in the Franciscan Center for Urban Ministry, next door to the church. Spanish translator will be available. Light refreshments will be served, and free parking is available directly across the street in the All Saints Parking Lot.

For more info contact Judy Sullivan at jasullivan57@gmail.com or 860-719-9886.

# Spiritual Life at the Unitarian Society of Hartford



Love the Questions: Poet Rilke advised us to love the questions and in time to live into the answers. So as I wonder about integrating the truths of both cognitive science and mystical spirituality, I suppose that evolution of consciousness is in play. We know on the scale of the universe that human consciousness has barely arrived. What might human consciousness evolve into? Why, based on the evidence of science, would we assume "we've

gonna 'bout as fer as we can go"? I like those questions when I read experiences of people who regularly practice meditation and whose altered brain waves have been recorded. The joy and gift of our Unitarian Universalism is that ALL our questions are included and encouraged. May time bring us wiser answers. What are your questions? -Marye Gail Harrison, Chair Spiritual Life, USH Board of Directors / To read past blogs, click HERE.

# **Sunday Service Recap**

Worship Service: Sunday, January 13, 2019
10:30am
"Learning to Be Human"
Rev. Cathy Rion Starr, Co-Minister
Rick Tsukada, Worship Associate

Unitarian Universalism teaches that we are always a work-in-progress, never done with the unfolding of our souls. We played together with the joys and challenges of the lifelong journey of being human.

#### **Sunday Service Recap**

If anyone is interested in writing a regular or occasional synopsis of Sunday Services.

please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

#### **Church Business News**

#### **Sanctuary Lighting Meeting Informative**

About forty congregation members attended the post service meeting on Sunday, January 13<sup>th</sup>. The purpose of the meeting was to seek initial opinions from those attending about possibilities for increasing light levels over the pews. Such an improvement would be the first phase of a general plan of improvement for light levels in the Sanctuary space.

The assembled group in connection with Building and Grounds members discussed the possibility of replacing the puck with fixtures generally improving lighting for the pew area. The proposed lights might be a vertical tubular design

or circular in nature. The number and control of such fixtures and how they might aesthetically emphasize the unique attributes of our Sanctuary in keeping with Victor Lundy's concept of our worship space were discussed. After the discussion that lasted about an hour, participants answered a series of questions on data sheets with added comments collected for analysis. Generally, it seems a majority of participants would not mind eliminating the puck if suitable light levels both up and down would result from new pendant fixtures and, importantly, suitable projection capabilities could otherwise be attained. A number of comments about the nature of the fixture, vertical tubes or disk-like shapes suggested either could be acceptable, or perhaps some of both, but more needs to be known about the particular types of fixtures recommended by lighting experts. All written comments have been retained to guide future discussions with Hugh Schweitzer, our Architect helping us with the project.

If you desire to leave a comment for consideration, see Ron Sexton after the next Sunday service and he can give you the written handout including the questions for opinion feedback.

~David Newton, Secretary Pro Tem, Buildings & Grounds Committee

The latest financial reports for **July-Sept. 2018** have been posted, click <u>HERE</u> to view.

The Board Meeting minutes for **December** have been posted, click <u>HERE</u> to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click <u>HERE</u>. Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

# **Programs for Adults and Families**

For more information on current programs please check the <u>online calendar</u> often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



# **Living Your Faith!**

Living Your Faith is an intensive 12-session program that invites participants to define and practice their own sacred lives of faith. This is currently a closed group, but the program is offered annually. For more information on this program, please contact Tom Gervais - 860-558-3000 or tom.j.gervais(at)gmail.com.

#### **Programs**

**Emei Qigong Cultivation:** Tuesdays at 11:00 PM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

**USH Book Club:** Our next meeting will be Thursday, February 14. Topic: <u>Fahrenheit 451</u> by Ray Bradbury. Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. The program begins with an Opening Retreat on Friday, January 18, 2019 at 6:00 pm and ends Saturday, January 19, 2019 at 5:00 pm. Contact Gloria Francesca Mengual at gloriafmengual@gmail.com or call her at 860-729-2093. Registrations are full, but please contact Gloria to get on the waiting list. (We will also repeat this program next church year.)

**Death Cafe at USH:** February 23, Time: 6-8pm; Contact: Miriam Byroade: byroade@gmail.com. A Death Cafe is a scheduled non-profit get-together for the purpose of talking about death. There will be light snacks, contact Miriam for info on if they will be provided or if folks should bring something light to share if they are able. There is no agenda, objectives or themes. It is a discussion group rather than a grief support or counseling session. Childcare to be determined.



**Save-the-Date:** On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our tumultuous times today. Following the morning's

service and a little time for coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revisioned <a href="Harriet Beecher Stowe Center">Harriet Beecher Stowe Center</a>. The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 12:30 or

1pm. Please RSVP to RevHeather at RevHeatherRionStarr(at)gmail.com with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartfordarea. The Stowe Center has graciously agreed to have USH'rs tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know soon that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

# Connection Circles (formerly known as Small Group Ministries)



There will be new <u>Connection Circles</u> forming soon. If you would like to host a group or have questions about Connection Circles, please contact Martha Bradley marthabradley49@yahoo.com.

#### What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

# **Events and Personal News of Our Community**



#### A Message from USH member Louise Willett:

Thank you all so much for the many beautiful birthday cards and notes, I thought of each of you as I opened and read them. I miss seeing you all and hope to be able to be at the Meeting House before too long. Maybe when the warmer weather returns! - Submitted by Janice Newton



An All-Council Fair is scheduled for Sunday, January 27 during coffee hour in Fellowship Hall. Mix and mingle during coffee hour at the All Council Fair! Sunday, January 27 starting at noon in Fellowship Hall. Want to know more about everything that's happening at USH? Wish you could meet more fellow members? The All Council Fair is your chance! Sub-council chairs will showcase their group's activities and be available to answer

questions about how you can get involved. No pressure! Just food, fun, and a chance to make connections. For more info contact Marie Basche, ambasche(at)gmail.com.

On Sunday, January 27th at 12:30pm (after worship and the Council Fair) renowned musician and worship leader for USH that Sunday, Matt Meyer will be giving a workshop in the sanctuary on song-leading in worship. This is open to the public, and all are welcome to come join us and sing! Contact Sam Moffett for more info and details smoffett@ushartford.com or 860-233-9897 ext 108. Matt has led music and worship for hundreds of services in congregations all over the U.S. and Canada. Matt has a degree in hand drumming from Berklee College of Music and has studied abroad in Cuba, Ghana, and Central America. In addition to music, Matt is also an active community organizer and educator. www.rhythmrevelations.com.

#### **Green Forum on State Legislation: New Date**

The "Green Forum on Upcoming Environmental Legislation" has been rescheduled from January 22 and will now be held on Tuesday evening February 5 from 6pm (snacks available) and the program will begin at 6:30 pm in Fellowship Hall. Co-sponsored by USH Green Sanctuary along with other congregations in the Inter-Religious Ecojustice Network (IREJN), you will hear about legislative proposals on electric vehicles, offshore wind mandate, fracking waste ban, and restoring energy efficiency funds. Registration is required. More info to follow!

Contact: Mary.Sherwin(at)gmail.com or Jeff.Howard.29(at)gmail.com for details. Need childcare to attend? Please contact us! -Submitted by Mary Sherwin



The Second Chance
Shop of West Hartford
(175 Park Road) is now
open! Store hours are
Thursdays, Fridays and
Saturdays, 10am –
4pm, and 10am – 7pm
on the first Thursday of
each month. Proceeds
benefit The Village for
Families & Children.
We invite you to join
us for our Grand
Opening and ribbon
cutting on Thursday,

January 17 from 5:30-7:00pm. RSVP at <a href="http://bit.ly/scs-rsvp">http://bit.ly/scs-rsvp</a>. Would you like to get involved? The Shop is run by volunteers (contact Joanne at <a href="joanneeudy@me.com">joanneeudy@me.com</a> for more information) and all of our merchandise is donated (donations accepted during Shop hours). More information can be found at: <a href="bit.ly/wh-scs">bit.ly/wh-scs</a>. -Submitted by Abby Woodhouse



Dylan Maldonado's **Kids in Care Luggage of Love** continues to accept donations. He's hoping to receive toiletries to fill the luggage like new towels, travel size: unisex shaving items, shampoos, soap, feminine hygiene products, antiperspirant, toothpaste, toothbrush, Combs, hair brush, mouth wash, small note pads. For more info contact Doris at celestialhug@aol.com. Thank you to all who have

donated!

Ministerial Candidate in need of temporary housing in the Connecticut/Western Mass region from January through September 2019. Able to pay modest rent for guest room and provide own food. Quiet, mature, responsible, and respectful of personal space and boundaries. For more information please contact Beau Rivers at 207-712-0459.

#### **Meeting House Presents!**



Friday, January 18, 2019

Friday, February 22, 2019

Citizen U (Antonio Alcorn and Chris

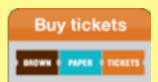
Freeman) Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click HERE for more info.

- Buy tickets at <u>Brown Paper Tickets</u> or at the door if the show is not sold out
- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: <a href="www.ushartford.com/nourishing-spirit/music/meetinghousepresents/">www.ushartford.com/nourishing-spirit/music/meetinghousepresents/</a>

#### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email—send a message to

MeetingHousePresents(at)gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.



coming up.

\$20 general admission. \$14 for students with ID. Children under age 12 are free with paying parent.

To buy tickets online click HERE.

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they all are yet, but this will continue to be an exciting season.) Click **HERE** to see what's

#### Get Involved at USH - Be Part of a Great Team!

USH Needs You—

# **Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click HERE to read more...

Get more connected with this congregation through volunteering.

Below are some areas, both seasonal and year-round,

where Volunteers are especially needed and welcome:









The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click **HERE** to find out more.

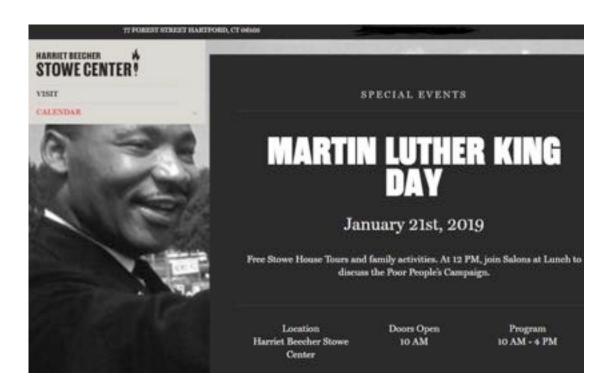
# **Upcoming Special Events and News in the Larger Community**

# Seabury Spotlight on Sam and Andrew By Kayla Costenoble

The sweet sounds of jazz saxophone and jazz piano filled a Seabury auditorium on Monday night, January 14, as the USH's Sam Moffett and his friend pianist Andrew Wilcox earned cheers and applause from the large number of jazz lovers attending.

So how did Sam, USH's music and chorus director, saxophone player, and composer get to Seabury? During last fall's auction of goods and services, Sam offered a sax jazz concert at the home of whoever won the bid. And it was "our" Ginny Allen, a member of both the USH and Seabury (a great combination, as was seen by the large number of USH/Seabury residents at the concert) who won Sam. And, she said, as she introduced the musicians, "Sam, this is my home."

Sam's musical background includes the Barklee College of Music and his present post-graduate studies at Hartt. He said he started playing the sax when he was 11. Andrew, a junior at Hartt in jazz studies, began his jazz lessons at 14. He also composes and arranges. They are both a joy to listen to.



# For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)ushartford.com

Event Title: Room:

Time: Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

# A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



#### **Lost and Found**

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. Please note: Items will be donated or recycled if no one claims them after a few weeks. Thank you.

#### **USH Staff:**

http://www.ushartford.com/about-us/staff/

Rev. Cathy Rion Starr, Co-Minister revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister

RevHeatherRionStarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper Office Hours by Appointment | bmullen@ushartford.com

# Rev. Cathy has an online scheduler:

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

https://RevCathyRionStarr.as.me. Try it out, and let me know if you have any trouble!

-RevCathy

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line "USH-Enews." Thank you for your submission!

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.