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Website: [www.ushartford.com](http://www.ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for an appointment.

**March 27, 2019**

**Building Community Since 1830**

**Revs. Cathy & Heather Rion Starr**



**Worship Service: Sunday, March 31, 2019  
10:30am**

**"Calling Each Other Onwards"**

**Revs. Cathy and Heather Rion Starr, Co-Ministers**

**Lisa Galinski, Worship Associate**

"I believe there is a harmony and a dance in the universe. I believe that each of us is part of that dance, and I believe that we affect and contribute to the purpose of the dance." ~Rev. Kathleen McTigue

**In This Week's Enews:**

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**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

**From the USH Caring Network:** Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some

assistance. A wide range of community services is also available to those in need by calling the community Info Line at 211.

## A Message From Stewardship



### Stewardship Update

We are almost to the end of our Pledge month. We want pledging completed by March 31st so the Board can build the budget for next fiscal year and have it in place for the July 1

start of the year. That can't happen until we know how much money has been pledged since over 70% of our budget is based on the incoming pledges.\* We are really hoping that you can at least match your pledge of last year but we'd really like it if you can increase your pledge. If everyone does increase than we can expand the programs, offerings, services, and all the other wonderful things that happen at USH.

Pledge cards are available in the Foyer, at the Stewardship table after services and from Linda in the office. Or you can download it from the website here <https://www.ushartford.com/stewardship-2/>. Not sure how much to pledge? Use this same link for the *Fair Share Giving Guide* which will help you think through what you can comfortably give.

Last year we were able to raise \$316,000. This year we'd like to meet an 8% increase goal and be able to have \$340,000 to put towards making USH strong and vibrant. Please help us meet our goal by making as thoughtful and generous a pledge as you are able to. Every little bit helps and shows your commitment to making USH a thriving, effective community. Contact Caron Lanouette, USH Stewardship Committee chair, for more info at [USHStewardship@gmail.com](mailto:USHStewardship@gmail.com).

\*Rentals and other revenue sources (the Endowment, Auction, Re-Gifting Sale, etc.) make up the balance of our budget.

## Notes from the Revs.

### **A Note and Resources from our UUA:**

If you are on Facebook, you may be aware that the *UU World's* March issue held an article whose content and process has been named as hurtful and harmful by trans UUs, especially trans religious professionals. We already know that our faith as a whole is not yet as welcoming and inclusive of trans people as we aspire to be. So, this hurt comes on top of many ways many trans UU have already been hurt and felt excluded. Since the *UU World* comes to [all Unitarian Society of Hartford] members, it's important for you to be aware of this impact. Many *UU World* subscribers have only read the paper copy of the magazine and might have no idea of the impact until the next issue. For example, some people may be unaware that in several situations the author asks questions generally experienced as inappropriate without explaining why the questions are inappropriate. This has led to some situations where UUs are asking those questions of trans UUs feeling like they have new permission to do so. ~Rev. Meg Foley

This is a summary of resources produced in the last week. These links start with links to understand what happened, unpack the impact, and talk about this. We expect the next *UU World* issue and subsequent issues to invite you into even deeper conversations.

### **Links:**

UU World editor Chris Walton's [apology and link to the original article](#).

UUA President Susan Frederick Gray's [apology](#)

Transgender Religious professional Unitarian Universalists Together (UU) [published a response](#). Earlier this year they also published a [report on the experiences of Trans Unitarian Universalists](#)

Zr. Alex Kapitan [explains how the article came to be](#).

Rev. [Theresa Inés Soto's writing this week](#) addressed "trans\*, non-binary, genderqueer and gender-expansive friends and kin." This is worth passing along to youth, young adults, and adults!

CB Beal explained, in detail, [the issues with article in Medium](#). CB is a religious educator, sexuality educator, and justice consultant who works on inclusion through their lens of ["pre-emptive radical inclusion."](#) They will be the keynote speaker at the [Seaway Gathering in Ithaca NY on May 3-4](#).

Evin Carvill Ziemer, CER staff member, [explores why not all trans UU's are reacting the same way](#). It's entirely possible the trans UU's at your congregation are not reacting strongly, and yet, there's still important

learning for your congregation and members.

The UUA's Commission on Institutional on Change posted a blog analyzing the way this is an [example of systemic oppression](#). Zr. Alex Kapitan also writes on [radicalcopywriter.com](#) including on [current guidance on writing about transgender people](#). Transforming Hearts Collective [published a piece](#) to help cisgender UUs understand how to support people impacted by this article when they talk about it with other cisgender people.

Rev. Mykal O'Neal Slack who serves on the Black Lives of UU Organizing Collective Board posted a [reflection](#).

*Please take the pain of those who've been hurt by this article seriously, and make some time as you're able to understand what's occurred here. Gratefully! ~RevHeather*

### **A note from the Revs about the [Ministers' Discretionary Fund \(MDF\)](#)~**

We have used our Ministers' Discretionary Fund to support a number of families and individuals who are facing financial and/or emotional stress of late — due to job changes, health issues, family changes, and simply the stresses of trying to make ends meet. As those of you who have ever received a check from the MDF know, these families are incredibly grateful for the support of their fellow congregants in stressful times! The checks we write are a double gift: the gift of much-needed funds and the gift of knowing that this congregation loves and supports them. Because of the recent needs, our Ministers' Discretionary Fund is getting low. If you find yourself *not* struggling to pay the bills, we would be very grateful for gifts of any amount to the Fund. If you *do* find yourself struggling to pay the bills, please let us know so that perhaps we may be of some assistance. Together, we weave the fabric of love and community. ~With gratitude, Revs. Heather and Cathy

**General Assembly 2019:** Off-site registration is open (as is on-site) for General Assembly 2019; off-site delegate registration is \$160 until April 30. Join me in the chat room, Unitarian Universalists near-and-far! <https://www.uua.org/ga/registration/off-site> (And [Unitarian Society of Hartford](#) members, we have some funding allotted for GA participation; don't be deterred by finances if you'd otherwise like to participate!) ~RevHeather

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**RE News You Can Use:**  
**Rayla D. Mattson, Director of Religious Education**



This Sunday, March 31, there will be a *Time For All Ages* during the service, followed by age appropriate classes. The Youth Group will be away at Church St Eats to serve meals and organize clothes and such. They will be leaving the church at 9:00am. There will be after care for those children 10 and under

until 1:45pm.

Rayla D. Mattson, Director of Religious Education  
 860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



**News from the USH Board of Directors**



**Sabbatical 2019 Update**

by Joe Rubin,  
 President-Elect, and  
 Marye Gail Harrison,  
 Chair of Spiritual Life

Under standard UUA practice, as in many other denominations, our ministers' contract provides for an accrual of one month sabbatical for each year of service, which can be taken after 5 years. The purpose of sabbatical time in ministry is for renewal of the ministers' body, mind and spirit recognizing that holding a congregation in love in all its moments great and small, joyous and full of pain and sorrow, is a huge task. And sabbatical also offers opportunities for congregational renewal as well. More than family leave and differently than interim ministry times, we the congregants at USH will have

opportunities to engage more deliberately in all aspects of church life than when the Revs are around. This is when we experience perhaps most deeply our ministry of the whole.

Our ministers, in line with emerging current practice, are choosing to take their sabbatical in increments, which is, of course, easier for the congregation to manage. They will be taking a 3-month sabbatical which will run from October through December of this year, 2019. At the request of the Board, Marye Gail Harrison, Chair for Spiritual Life, is heading a Board Task Force to guide our preparation for the sabbatical, including, of course, provision for Sunday services, pastoral care and administrative management. It has been a very long time, (since the Rev. Jon Luopa days,) that we have had a minister serve here long enough to earn sabbatical time, and so this really is a joyous occasion!

More details will follow as the Board makes decisions on a sabbatical coverage plan and budget. We consider the Sabbatical an investment we make in our Revs for renewal on which we as congregants will receive a good return.

### **Your USH Board**

—Have a question or comment or just want to chat about

USH? Don't hesitate to talk with any one of your Board members:

Sherry Manetta—President  
Council Chair

Carolyn Carlson—Community Within

Joe Rubin—President Elect  
Council Chair

Marye Gail Harrison—Spiritual Life

Tom Richardson—Treasurer  
Council Chair

Judy Sullivan—Social Justice

Sarah McKenzie—Secretary  
Council Chair

Sue Tenorio—Administrative

### **Social Justice at USH**

**Breaking News: Wayzaro Walton Update:** RevCathy shared some of Wayzaro Walton's story when she preached about immigration and sanctuary last month. This is a sad and urgent update about her: Wayzaro Walton was arrested with no notice at a regular check-in appointment yesterday, (Tuesday, March 26) even though she was complying with ICE and had received a pardon from the state and an official stay on her deportation! ICE claims her pardon for a misdemeanor she committed many years ago doesn't count because it was issued by a board of pardons as opposed to a sitting Governor, so they are claiming to have the authority to

deport her. She is married and has a daughter who is a sophomore at Conard High School in West Hartford. She's being held at an immigration detention center in MA and while her lawyers are building a case for her, advocates with Hartford Deportation Defense say ICE intends to immediately deport her. Immigrant rights groups requested that folks share her story widely on social media, call their friends to get involved, and make calls to the governor and to their elected representatives to get support for Wayzaro and her family. For more info click [HERE](#) and [HERE](#). -Submitted by Lindsey Jones

**From the Revs:** "This is so upsetting. CT residents, please make the time TODAY to call Senators Murphy (860-549-8463) and Blumenthal (202-224-2823) and DEMAND that Wayzaro Walton be returned home. The stress and trauma this is putting her family through is unconscionable. The misuse of government resources is maddening. Speak up. Speak out." [#StopDeportations](#) [#NotOneMore](#) [#AbolishICE](#)



Americans  
OF CONSCIENCE  
*Checklist*

### Americans of Conscience Checklist

*These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also*

*practice gratitude, self-care, and celebration to stay engaged.*

*Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social Justice Chair; Source: <https://americansofconscience.com/>*

### Americans of Conscience Checklist: Week of March 24, 2019

**123 weeks down, [86 weeks](#) to the presidential election.**

YES! Good things are happening, so lift your head up and smile and get a happy start to your weekend. Here's our latest installment of evidence that decent people are working together and speaking up.

[#GoodNews...](#) to read more click [HERE](#).

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## Spiritual Life at the Unitarian Society of Hartford



### Spiritual Life blog March 27, 2019

"My" song sparrow has returned and is singing his heart out from the top of bushes. And the Seabury mallard pair are back once again testing the tiny koi pond for nesting. But my heart isn't in it. I read the news and feel overwhelming despair. This morning I had a strange thought. What if I "converted" to the "other" viewpoint? What if I could believe a more traditional conservative point of view with

less government support for the public good and more military? Perhaps I could believe that "trickle down" really works if you pad the top with enough extra money. Perhaps I could believe that people who run the biggest corporations know best what's good for everyone and what's not. What if I could believe that global warming is a hoax? It might lift my despair if I could believe all that. Maybe that's why some people cling to those views. It would be easier, more comfortable, to let others run things as they think best. But I can't do that. I really am a Unitarian Universalist believing in our principles of democracy, justice for all peoples and the web of life which calls us to stewardship not exploitation. Some days these call me to test a new starting place like the mallards are; to rejoice in just being alive like the song sparrow. And so I take a deep breath in gratitude and begin anew the hard work of being human today.

Blessed Be, Marye Gail Harrison, Board Chair Spiritual Life / To read past blogs, click [HERE](#).

## Sunday Service Recap

**Worship Service: Sunday, March 24, 2019**

**10:30am**

**"Can We Do Better?"**

**Rev. Heather Rion Starr, Co-Minister**

**Laurie Kelliher, Worship Associate**

"By taking them away from their husbands and children, the water cure gave them respite from both." ~Joan D. Hedrick, *Harriet Beecher Stowe: A Life*

"While middle-class white women celebrated with ticker tape parades, black women in the former Confederacy were being defrauded by voting registrars or were driven away from registration offices under threat of violence." ~Brent Staples, *The New York Times*



**From RevHeather's sermon, "Can We Do Better?"**

We are called forth, I believe, to make very conscious and thoughtful decisions about whose voices to lift up, going forward, whose struggles to bring out of the haze of history. 2020 calls upon us to be very intentional about whose lives we focus on, and which stories to tell and re-tell. Brent Staples names a long list of both [nineteenth century activists](#) and [21st century historians](#), many of whom were new to me:

**In the 19th century, he lifts up:**

Mary Church Terrell,  
 Charlotte Rollin,  
 Fannie Barrier Williams,  
 Coralie Franklin Cook,  
 Unitarian & poet Frances Ellen Watkins Harper,  
 Sisters Harriett Forten Purvis and Margaretta Forten,  
 Boston journalist Josephine St. Pierre Ruffin,  
 Professional anti-slavery lecturer Sarah Parker Remond,  
 and Newspaper publisher and lawyer, Mary Ann Shadd

Cary.

**21st century historians Staples introduced me to include:**

Glenda Gilmore  
 Martha Jones  
 Nell Irvin Painter  
 Rosalyn Terborg-Penn  
 Wanda Hendricks  
 Liette Gidlow  
 and Race theorist Kimberle Crenshaw.

To my mind, this is what the World Wide Web, the internet is for-- positively broadening our interconnections. Go forth and Google These Names! It is never too late to fill in the gaps--the canyons, the volumes--of stories we wish we had been sooner told. Our Unitarian Universalist faith calls us--explicitly, in the front of our hymnal and in our denominational Bylaws--to keep seeking out "truth and meaning," to continually, our whole lives long, "deepen our understanding and expand our vision."

**Sunday Service Recap**

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.



### **Sanctuary Light Project Moving Forward**

As many of you know, there have long been complaints about the light level in the Sanctuary making reading hymnals and other printed material difficult, especially for some of our more mature members.

To remedy this situation, increasing light levels has been under consideration for some months. The project could not move forward until the persistently leaking roof over that part of the Meeting House was improved. With the application of new roofing material last summer, that problem

appears to have been largely solved.

The lighting improvement project under the direction of our architect, Hugh Schweitzer, has been moving along. Last fall, he presented a plan to the Board of Directors suggesting that we segment general improvement of lighting focusing our first project on the Sanctuary over the pew area and in later phases moving on to the Chancel and Choir area with possibilities for stage lighting included.

There followed in the new year a post-service discussion of lighting possibilities including tubular and diskshaped lighting fixtures with capability of lighting the pew area better for reading and directing light upward toward the rays to emphasize that aesthetic aspect of the space. The discussion was particularly useful as attending members made suggestions and contemplated, as a group, the aesthetics of having a puck light, or none, and placement of new fixtures.

Recently a sample fixture with lighting focused upward, sideways, and downward with LED light sources was suspended as a generic sample for the congregation to see. The fixture has the capability of dimming and being set at a particular color frequency. Such fixtures are available in two different sizes. The sample was first hanging from the South entrance of the Sanctuary and most recently Hanging more realistically from the Sanctuary ceiling so light levels could be seen, at least at maximum intensity, more or less in place. This display led to a good deal of helpful feedback. In general, comments received have been positive, especially about the matter of adjusting light intensity or brightness depending on the nature of the services or other events taking place in the Sanctuary.

Now behind the scenes we are moving forward with the idea of about 10 fixtures arranged in a circular fashion above the pews. The circular placement echoes the shape of the space and solves some problems of attachment as the nature of the ray supports somewhat limits attachment possibilities for light fixtures. This placement will produce general light levels appropriate for reading and will feature the capacity to adjust general light levels for the nature of the events taking place.

This design information will be turned into an RFP appropriate for distribution to potential vendors. At that point, further discussion will ensue with vendors and in due course we will have bid(s) on the fixtures and, more importantly, the electrical wiring component of the project. The winning bid will require Board approval. Our aim continues to have the project finished during the summer or early fall. This assumes financing of the project approximates obtainable funding, work schedules of vendors, and all that sort of thing. David Newton, Secretary Pro Tem, Building and Grounds



**It's that time of year, again!** If you are responsible for sending a submission for this year's **Annual Report**, you should have received an email reminder. If not, please contact me at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com) for more information. **The deadline is April 15th.** Thank you! And thank you to those who have already sent one. ~Linda Clark, Office Administrator

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The latest financial reports for **Oct.-Dec. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **February** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the username and password.

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

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## Programs

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen “Lucky” Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts). **Please note: The June gathering is on the 21st.**

**USH Book Club** Thursday, April 11: [A Wrinkle in Time](#), Madeleine L’Engle; Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. Registrations are full and we plan to repeat this program next church year. Contact Judy Sullivan to be added to the waiting list.

## Connection Circles (formerly known as Small Group Ministries)



### What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space — a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, marthabradley49@yahoo.com for more information or click [HERE](#).

## Events and Personal News of Our Community

**Will you help with the Memorial Reception?** ~ On Saturday, April 6, we will have the Memorial Service and Reception remembering and celebrating the life of Marion Richardson. The service will be at 11:00am and the Reception will follow in Fellowship Hall. Finger foods, such as crackers/cheese, quick breads, cookies, bars, and other munchies are needed. We also need fruit and veggie platters. Food should be brought on the morning of the Reception, on plates ready to serve. Please be sure to label the plate and any utensils with your name and include a list of ingredients. **Please no peanuts or peanut products.** We will supply the sandwiches, coffee, tea, and punch.

**In order to help us plan, it is very important** that we know what foods will be contributed. That way we will not have lots of veggies, no fruit, etc. Please contact Janice Newton (860/212-6923, 860/677-1121 or janicecnewton(at)gmail.com) to sign up for a food contribution. Your food donations will be greatly appreciated. **We can also use some help during the reception and with the clean-up.** Please let me know if you can help. Thank you in advance for your help. **We can't do this without you!**

-Submitted by Janice Newton

**News of Valerie Klokow:** the 'Take Them A Meal' effort has been put on hold for the time being. Thank you to all who have helped so far. Updates will be posted in upcoming E-News.



ACCESSIBILITY AND  
INCLUSION MINISTRY  
AIM PROGRAM

*Committed to the full inclusion of people with disabilities*

### Accessibility and Inclusion Ministry (AIM)

USH Member Doris Maldonado is in need of help with this ministry. Please contact her at

unicas.miracle@gmail.com if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).

## Meeting House Presents!



**Friday, April 5, 2019** [Mackie and Me](#)  
**Adèle Paxton (vocalist) and Dennis**  
**"Mackie" McCorkle (guitar,**  
**electronics, FX) will perform new**  
**works from their album, *Songs of***  
***Enchantment*. These songs explore a**  
**number of Walter de la Mare's playful,**  
**quirky, and metaphysical poems**  
**using a "jazzsical" composition style**  
**and vocal approach, intended to**  
**complement lyrical and rhythmic**  
**elements within his texts.**

Below are links for three songs from

Mackie and Me:  
[A Song of Enchantment](#)  
[At the Keyhole](#)  
[Dust to Dust](#)  
[Click \*\*HERE\*\* for more info.](#)

### **Coming Up: Saturday, May 4, 2019**

[Pete Seeger Birthday Party: A 100th Birthday Party & Sing-Along](#)  
**Gathering with** [Annie Patterson & Peter Blood](#), [Sally Rogers](#),  
**and** [Charlie King](#)

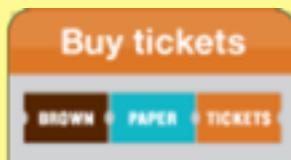
Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at [MeetingHousePresents\(at\)gmail.com](mailto:MeetingHousePresents@gmail.com)

- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to MeetingHousePresents(at)gmail.com. Put “subscribe” in the subject line. We send one or two emails each month.



**\$20 general admission. \$14 for students with ID.**

**Children under age 12 are free with paying parent.**

**To buy tickets online click [HERE](#).**

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts. Click [HERE](#) to see what's coming up!

### **Get Involved at USH - Be Part of a Great Team!**

#### **USH Needs You—**

#### **Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

## News from the UUA

**Come, Let Us Worship: Cycle of Song Vol. 2**  
With Rev. Jason Shelton

**Come, Let Us Worship: Cycle of Song Vol. 2**  
By New England Region UUA  
\$40

[Register](#)

**Date And Time**  
Sat, May 11, 2019  
10:00 AM - 5:00 PM EDT

**Description**  
Come, Let Us Worship: Cycle of Song Vol. 2  
Presenter: Rev. Jason Shelton



## THE POWER OF WE

What do we want Unitarian Universalism to be? It is a time when we are asking big questions in our faith, and GA 2019 will be focused on digging into those questions together. It is a critical chance for congregational leaders and passionate UU's to set new goals and aspirations for our religious community. Help begin to reshape our Association and our congregations in new and powerful ways.

This year's theme is about collective power, "The Power of We," as well as the possibility, the purpose, the struggle and the joy of what it means to be together in faithful community. In the past two years, Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity.

**Come to Spokane to experience what our shared faith can become when we embrace the Power of We.**



SPOKANE, WASHINGTON | 2019

### UUA GENERAL ASSEMBLY

Visit [uua.org/ga](http://uua.org/ga) for

- Programming Information
- Registration and Housing
- Financial Aid Information
- Volunteer Opportunities



**Ware Lecturer Richard Blanco**  
Selected by President Obama as the 5th inaugural poet in U.S. history, Richard Blanco is the youngest and the first Latino, immigrant, and gay person to serve in such a role.



**Robin DiAngelo**  
Author of *White Fragility*, Robin DiAngelo speaks dynamically on what it means to be white in a society that proclaims race meaningless, yet is deeply divided by race.



**Rev. Lindi Ramadan**  
Rev. Lindi Ramadan, Director of Partnerships and Emerging Programs at Starr King School for the Ministry, will deliver the sermon at the Service of the Living Tradition.



**Rev. Marta I. Valentin**  
Rev. Marta I. Valentin, minister with the Unitarian Universalist Church of Medford, MA, will deliver the sermon at the Sunday Morning Worship.

## UUA GENERAL ASSEMBLY

SPOKANE, WASHINGTON | JUNE 19-23, 2019

**looking ahead to June! General Assembly 2019**  
**& ways you could join in "off-site"**

General Assembly is the annual business meeting of our Unitarian Universalist denomination, and it's a whole lot more. Inspirational worship services, informative workshops, entertaining programs, and a bustling exhibit hall help make GA an unforgettable experience for

the thousands of Unitarian Universalists that attend. Attendees leave with a renewed sense of energy, inspiration, and innovative ideas to take back to their congregations and communities.

This year, General Assembly is: Wednesday, June 19 through Sunday, June 23, 2019

[www.uua.org/ga](http://www.uua.org/ga).

This year's General Assembly theme is about collective power, "The Power of We" – what it means to be together in faithful community. Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity. Come experience what our shared faith can become when we embrace the Power of We.

Technology provides opportunities to connect on-site participants with those who cannot attend in person. GA is transforming into a hybrid meeting—incorporating off-site delegate participation, live-streaming of events, and social media to create an interactive experience for on-site and remote attendees. Off-site registrants are able to watch and ask questions in live sessions, including select workshops and business sessions. Off-site Voting Delegates are also able to propose amendments in the live business sessions, participate in debates, and vote in general sessions. RevHeather is thinking about what programs or workshops it might make sense to participate in together, on-line, from the Meeting House--let her know if you have thoughts or particular interests--keep in mind that these times are Pacific time, so it'll all be three hours later here! (Best for night owls!) [https://www.uua.org/sites/live-new.uua.org/files/2019\\_grid.pdf](https://www.uua.org/sites/live-new.uua.org/files/2019_grid.pdf).

GA Registration and the GA Housing Reservation System open at 9 a.m. PST at [www.uua.org/ga](http://www.uua.org/ga).

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to [uua.org/ga](http://uua.org/ga) in the month of March to learn about scholarships to support delegates - particularly those from marginalized groups - and volunteer opportunities (work in exchange for registration).

## Upcoming Special Events and News in the Larger Community



### HONEST CONVERSATIONS WITH OUR MUSLIM NEIGHBORS

Sunday, April 7 at The Universalist Church of West Hartford; 433 Fern Street, West Hartford

11:30 – 12:30 PM – LUNCH / 12:30 – 2 PM – PANEL PRESENTATION

**WHO ARE OUR MUSLIM NEIGHBORS? WHAT DO THEY BELIEVE? HOW DO EXTREMIST ACTIONS AFFECT**

#### THEM?

Area Muslims will share their stories, and respond to questions such as:

- **Why don't we hear moderate Muslims speak out against extremism?**
- **Why do some girls and women wear Muslim dress and others don't?**
- **What does the Qur'an really say about people of other religions?**

American Muslims don't have all the answers, but our guests will respond from their own experiences, raising issues that concern all of us. *Together, in conversation, we can promote a more peaceful world.*

Sponsored by: **The CT Council for Interreligious Understanding (CCIU); The Muslim Coalition of Connecticut; The Hartford Seminary; The Universalist Church of West Hartford**

Please RSVP to [socialjustice@westhartforduu.org](mailto:socialjustice@westhartforduu.org).

-Submitted by Judy Sullivan, USH Social Justice Chair



**New World Trio's** last concert of the Season *Endings* is on Sunday, **March 31**, at 2pm at St John's Episcopal Church, 679 Farmington Ave., West Hartford, Connecticut. Please join us at the reception that will follow the concert. [www.newworldtrio.org](http://www.newworldtrio.org).

New World Trio is Ensemble-in-Residence at St John's Episcopal Church. In keeping with its mission to serve all,

St John's does not sell admission tickets as such; in lieu of ticket sales, a suggested voluntary donation to New World Trio of \$20 can be made either at the door or in advance.

Information about this Program:

We often mark our lives by endings: loss of innocence or childhood; loss of a loved one; the end of an era. Sometimes such endings mark a passage to a more complete future, but other times they signify finality and loss. This program reflects both kinds of these experiences with a diverse group of pieces, each from a different era.

**Our first piece "Harp of Canaan" (world premiere 2019),** composed by Hartt professor Stephen Gryc, is in memory of Sally Williams. Sally passed away last year. She was a longtime supporter of New World Trio. Professor Gryc was inspired by her work as a hospital chaplain and decided to orient the piece toward Sally's spiritual life.

**The second piece of our program was Dimitri Shostakovich's superb Second Piano Trio. (1944)** Composed during the Second World War, the trio made a powerful statement of Jewish sacrifices in the war. It is a reminder of endings and loss.

**Our last trio of the program is Beethoven's most celebrated "Archduke" Trio** (his final piano trio). This piano trio is regarded as the greatest of all works for this combination of instruments. Indeed, it was Beethoven who first successfully combined the three instruments in a powerful concertante style, while still keeping the instruments in a balanced chamber music format. Its premiere, with Beethoven himself at piano, marked his final public performance due to his increasing deafness. ~Submitted by Pi-Hsun Shih

**Artists Against Overdose CT Silent Auction Art Event  
March 30th, 2019**

**For more info visit: [www.aaoshow.com/](http://www.aaoshow.com/)  
Submitted by Dawn Greenfield.**



**For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

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To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

#### **USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister  
[revcathy@ushartford.com](mailto:revcathy@ushartford.com) | 860-233-9897 ext 103\*(see below to schedule)

Rev. Heather Rion Starr, Co-Minister  
[RevHeatherRionStarr@gmail.com](mailto:RevHeatherRionStarr@gmail.com) | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals  
Manager  
dre@ushartford.com | 860-233-9897 ext 104

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Linda Clark, Office Administrator  
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
Office Hours by Appointment | bmullen@ushartford.com

**\*Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!  
-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: ushenews@ushartford.com  
Please note in the subject line "USH-Enews." Thank you for your  
submission!***

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.