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Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

MARCH 13, 2019

Building Community Since 1830

Revs. Cathy & Heather Rion Starr



Image: uuoakland.org/

Worship Service: Sunday, March 17, 2019
10:30am
"UU Faith"

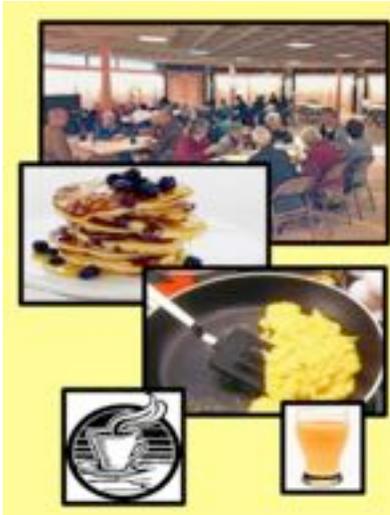
Rev. Jane Thickstun, Guest Minister
Judy Robbins, Worship Associate

We'll explore the concept of faith --
what does it mean for a Unitarian Universalist to have faith?
Faith in what?
What does it mean to talk about Unitarian Universalism as a faith?



Guest Minister Rev. Jane Thickstun:

Rev. Jane Thickstun is the Interim Minister at the Unitarian Universalist Congregation of the Hudson Valley in Croton-on-Hudson, NY. She has also served congregations in Ithaca, NY, and in Michigan, New Hampshire, and Georgia. Rev. Jane grew up in Potsdam, NY, and has degrees in Linguistics and Philosophy, both from Georgetown University, and prepared for the UU ministry at Meadville/Lombard Theological School, graduating in 2000. Before ministry, she worked as a mainframe programmer/analyst, taught English to people from all around the globe, and worked on a newspaper, to name just a few of her professional adventures. She enjoys hiking, singing, and contra dancing, among other things.



USH Breakfast Buffet

March 17th, 2019 - 9:00-9:45 AM

Enjoy a warm start to the day!

- A great way to enjoy our community. You get pancakes with various ingredient and topping options, eggs, veggie sausage patties, bacon and beverage.
- The cost is \$5 per person or \$15 per family. Proceeds will benefit the USH General Fund
- We also have premium tickets at \$10 per person. It's the same food - but you'll just feel better knowing you're helping a good cause!

In This Week's Enews:

[A Message from Stewardship](#) / [RE News You Can Use](#)
[News from the USH Board of Directors](#) / [Social Justice at USH](#) / [Spiritual Life at USH](#)
[Sunday Service Photos](#) / [Church Business News](#)
[Programs for Adults and Families](#) / [Connection Circles](#)
[Events & More Personal News of Our Community](#)
[Meeting House Presents: Friday, March 22, 2019, Belle of the Fall](#)

[Get Involved at USH / Upcoming Events & News in the Larger Community](#)
[News from the UUA](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/
To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the community Info Line at 211.

A Message From Stewardship



Stewardship Soirée update

We're almost halfway through Pledge month and your chance to get to one of the fun and fabulous Stewardship Soirées is rapidly dwindling. So sign up now at [Stewardship Soirées 2019 - Pulling together!](#) These are enjoyable and relaxed opportunities to socialize with other USH members and a great way to meet people you don't yet know. Just ask anyone who has been to one. A Board member will be on hand to talk about what is currently going on in our congregation and about some of the plans for the future. It will be a time to think about what

USH means to you, and it will be a time to make your pledge. Even if you aren't ready to make a pledge, please still come. These Soirées are a fun time for everyone who is interested in USH!

There are 2 Soirées left that will have child care. Please let the host know you need childcare when you register at least 3 days prior to the event.

Many homes are manageable for people using a cane but there's **only one left** that is wheelchair accessible, this coming Friday, March 15 at 3pm.

And, remember on Sunday, March 31, we'll celebrate the end of the pledge drive with a party after the service so mark your calendars for that too!

Thank You to the many Hosts for opening your homes to the congregation and for being Stewards of this ship. I encourage all of you to become stewards, or continue being stewards, of this ship by attending a Soirée and pledging your support to USH. Pledge cards and Fair Share Giving Guides will be available in the Foyer and at the Stewardship Table in Fellowship Hall through this month and on-line on the USH website, <https://www.ushartford.com/stewardship-2>.

Also, during this month, you will see oars at the ends of the chancel and then moving across the front of it. Each set of oars represents 2 thousand dollars pledged. As pledges are made, the oars will row across the chancel. They have been decorated by a number of people, many from the RE classes with a special thank you to the Mattson family! And if you want to decorate your own set of oars there are still some at the Stewardship table for you to do so and at the end of the Pledge Drive you can take yours home.

Contact Caron Lanouette, USH Stewardship Committee chair, for more info at USHStewardship@gmail.com.

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



This Sunday, March 17, there will be a *Time For All Ages* followed by age appropriate classes. The nursery will be available during the morning worship hour. After service there will be extended care for children 10 and under until 1:45pm.

I will be away from Wednesday the 13th returning late on Sunday the 17th. Sunday morning, RE Assistant Sarah Cassidy will be available. I will be in Florida for a few days attending Finding Our Way Home which is a gathering of UU professionals of color. This will be my 3rd year attending the event and I'm looking forward to the time of learning, healing and worship.

Rayla D. Mattson, Director of Religious Education
 860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



News from the USH Board of Directors

Board Retreat—The Board of Directors, including RevCathy and RevHeather, held our regular mid-year retreat on Saturday February 9th. The objectives of the retreat were 1) to get greater clarity on leadership roles & responsibilities, and 2) to outline concrete practices for objective-setting and assessment of the Revs and our ministry together. Our facilitator was Joe Sullivan from the New England UUA staff. We have been working with Joe for the past several years. He knows us well and did a great job of guiding us through our agenda.

Your USH Board—Have a question or comment or just want to chat about USH? Don't hesitate to talk with any one of your Board members:

Sherry Manetta—President
 Council Chair

Carolyn Carlson—Community Within

Joe Rubin—President Elect
 Council Chair

Marye Gail Harrison—Spiritual Life

Tom Richardson—Treasurer
 Council Chair

Judy Sullivan—Social Justice

Sarah McKenzie—Secretary
 Council Chair

Sue Tenorio—Administrative

~Sherry Manetta



**Intern Minister Dianne Daniels starting in 2020
 March 13, 2019**

-Marye Gail Harrison, Chair of Spiritual Life



The Unitarian Society of Hartford is now an intern ministerial teaching site! We are so proud and happy to announce Dianne Daniels as our Intern Minister. Dianne and her husband live in Norwich, CT. She is pursuing her Masters in Ministry degree at Starr King using their long distance program. She worked after college as a computer systems analyst in the business community and then felt called to the full time

ministry. Currently she is the elected Registrar of Voters for Norwich. Since 1997 Dianne has been active, including as a Board member, of the Unitarian Universalist Church of Norwich and the Norwich Branch of the NAACP. She will begin her two year part time Internship with us beginning in early 2020 with supervision by Rev. Heather Rion Starr and with support from a small Lay Intern Team.

It was congregational excitement in 2018 at the semi annual meeting about being a Teaching Site for a developing UU Intern minister that is finally coming to fruition. Here's what's happened since then:

Last year's Intern Candidate withdrew during the summer and the Board decided to try again.

In late 2018, the Board asked Marye Gail Harrison, Chair of Spiritual Life, to guide the process with Rev Heather. First we asked the UUA for a grant to help fund this, our first Intern Minister in over 20 years. We received the UUA Grant to partially fund the position. Then our position was posted nationally on the UUA web. Several people applied. We formed a small selection task force which chose one candidate to submit to the Board. This person, Dianne Daniels, was approved by the Board. Using UUA guidelines, an agreement with the candidate was drawn up and approved and signed by all parties.

We'll keep you posted on more information about Dianne. Please follow [this link](#) for her letter introducing herself to us.

Social Justice at USH



Americans of Conscience Checklist

These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency.

We also practice gratitude, self-care, and

celebration to stay engaged. Click [HERE](#) for past checklists. -

Submitted by Judy Sullivan, USH Social Justice Chair

Americans of Conscience Checklist: Week of March 10, 2019

121 weeks down, [86 weeks](#) to the presidential election.

The AoC Checklist features clear, well-researched actions for Americans who value democracy, equality, voting, and respect. To stay engaged through challenging times, we practice gratitude, self-care, and celebration.

I value democracy. *With respect and collaboration, we create a government for the people, by the people.*

Action: Support accountability for abuse of power. [h/t [United We Dream](#)]

Call: Your two Senators ([look up](#)).

Script: Hi. I'm from [ZIP] calling about the president's [manufactured crisis](#) and declaration of a national emergency at the U.S.-Mexico border. This action is an abuse of power and an affront to Congress's constitutional rights. Now that it has [passed in the House](#), I would like Sen. [Name] to vote YES on the resolution to revoke the president's national emergency declaration. Thank you.

I value equality. *Support the dignity of your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability.*

Action 1: Support equal pay for equal work. [h/t [National Women's Law Center](#)]

Write: Your two Senators and one House rep ([look up](#))...to read more click [HERE](#).

Spiritual Life at the Unitarian Society of Hartford



Spiritual Life blog March 13, 2019

Take a Small Essential Retreat First

When we face sudden illness in our family or with our friends, it can really shake us. We have all kinds of initial reactions: why her, why so young, why now, can't they catch a break and so on. Yet soon we have to face what they face and then our own helplessness may set in. What do I have to offer that would really be helpful? In our rush to fill the void of anguish, we sometimes fail to take a small essential retreat into our own best selves, into our own inner grounded sacred place before we speak or

act. Taking a little time to ground and honor our own inner strength first often can sustain and guide us to act most lovingly and wisely. So go within: light a candle, say a prayer, read a favorite poem, sing a healing song, listen to music that calms you. From that nurtured space we bring our greatest ability to hold the other person through their journey and tend our own path at the same time. Blessed Be, Marye Gail Harrison, Board Chair Spiritual Life / To read past blogs, click [HERE](#).

Sunday Service Recap

Worship Service: Sunday, March 10, 2019
10:30am
“Spirit of Life, Source of Love”

Rev. Cathy Rion Starr, Co-Minister
John Brancato, Worship Associate

As a congregation of agnostics, humanists, theists, and more, we may have different names for the “source(s) of love,” yet we share a thirst for justice and abundant love. The question Unitarian Universalism asks of us is not whether we believe in God, but rather, “How do your beliefs and practices help you to live a life of abundant love?” There were about 50 hardy folks who came to the service this past Sunday! Remember to use your best judgment when the weather is stormy. Notices will be posted on our website and Facebook as soon as possible if the Sunday service is cancelled or if the office is closed during the week, due to the weather.



Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Church Business News

Rentals at USH – Over the last few years I have been working on increasing our outside rentals here at USH. With Rev. Heather’s assistance, we have worked to allow outside groups and individuals to utilize our beautiful building and bring in additional financial resources. We have brought in several short-term, long-term and one-time renters who have thoroughly enjoyed being able to share our wonderful space.

We have been working to update and streamline our rental process. This has been ongoing but we are working to be as consistent and thoughtful in our application of rental fees as we can be, while always being willing to negotiate case-by-case. We know that this is an increasingly important source of revenue for the Meeting House as we work to keep up with the ever-increasing costs of maintaining and running USH.

We recognize and understand that as we work to streamline our rental process, questions will arise. The most common ones are the difference between member/friend rentals and non-member rentals as well as church and non-church events. I am happy to speak with anyone in more detail about these or other questions. You may also find more information on our rentals by going to the USH website and clicking on the rentals link: <https://www.ushartford.com/renting-space-meeting-house/>.

It takes us all, as a community, to keep our ship afloat and I thank all of you for patience and understanding as we continue to work on updating and streamlining our rentals process. If you or someone you know would be interested in renting our space for an event, please let me know. Thank you! ~Rayla D. Mattson, Rentals Manager



It's that time of year, again! If you are responsible for sending a submission for this year's **Annual Report**, you should have received an email reminder last week. If not, please contact me at ushlindaclark@gmail.com for more information. The

deadline is April 15th. Thank you! And thank you to those who have already sent one. ~Linda Clark, Office Administrator

The latest financial reports for **Oct.-Dec. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **February** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit www.ushartford.com/building-community/adult-family-programs/.

Programs

Emei Qigong Cultivation: Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi Gigong: Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

Dinner and a Movie at USH: Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

USH Book Club Thursday, March 14: [The Time Traveler's Wife](#) by Audrey Niffenegger. Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

Beloved Conversations: An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-

cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. Registrations are full and we plan to repeat this program next church year. Contact Judy Sullivan to be added to the waiting list.



Coming Up: On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our

tumultuous times today. Following the morning's service and a little time for coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revised [Harriet Beecher Stowe Center](#). The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 12:30 or 1pm. Please RSVP to RevHeather at [RevHeatherRionStarr\(at\)gmail.com](mailto:RevHeatherRionStarr(at)gmail.com) with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartford-area. The Stowe Center has graciously agreed to have USH'rs tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know today that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

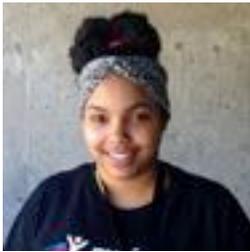
Connection Circles (formerly known as Small Group Ministries)



What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, marthabradley49@yahoo.com for more information or click [HERE](#).

Events and Personal News of Our Community



Crystal Cruz-Acevedo began working as a Sunday Sexton for USH in February 2014. After five years of diligently working behind-the-scenes setting and cleaning up the Fellowship Hall most Sunday mornings, running the dishwasher, supporting memorial receptions and other Meeting House events as called upon, and dealing with our congregational messes large and small, Crystal has chosen to cut back from her many days of working multiple jobs in order to spend more time with her family. Crystal's cousin Jaz will be continuing to do the Sunday Sexton work, so please look for and thank Jaz. Crystal will be joining us here at USH during the Sunday morning service on March 24 so that we can "officially" celebrate her, thank her, and wish her well. If you would like to contribute to a cash gift of appreciation from USH for Crystal, please send a check to USH marked "for Crystal Cruz-Acevedo" in the memo line. Thanks, all! ~RevHeather



News of Fred Louis:

We are pleased to report that USH member Fred Louis's heart surgery went well and he is recovering at the hospital. Cards and good wishes may be sent to his home at 158 Wooster Street, New Britain, CT 06052.



USH Member Laura Stewart Cipriano's father passed away unexpectedly:

Frank G. Stewart, Jr., 89, of Windsor, passed away on March 5, 2019. His wife of 61 years, Effie Perkins Stewart, died six years earlier to the day. They are survived by their three adult children, Laura Stewart Cipriano and husband Paul, of Windsor; Eric Stewart and wife Mary, of Arlington, Virginia; and Dave Stewart, of Winchester, Virginia, and by grandchildren Kate Cipriano and David Cipriano.

Frank was born in New Orleans, Louisiana, to Frank G. and Maria "Cuca" Finalé Stewart. Frank and his sister Doris grew up in New

Orleans. He joined the Unitarian Church of New Orleans, where he met Effie. Frank taught elementary school for a year before he married Effie in 1952. They lived in Italy for two years while he served in the United States Army as a 1st Lt. MP.

Frank was a graduate of Loyola University of New Orleans, held a master's degree from Tulane University in New Orleans, and a Certificate in recognition of two years of doctoral studies at Harvard University. He served as an elementary teacher for ten years (including two years of overseas military service) in New Orleans. After graduate study at Harvard he worked for Arlington Public Schools in Virginia as a personnel administrator for six years and as an elementary principal for ten. His final employer was the Windsor CT Public School district where he served as director of personnel and assistant superintendent for eighteen years...click [HERE](#) to read the full obituary.



News of Louise Willett

With heavy, full hearts, we share with you that longtime member Louise Willett died on Saturday night, March 2, around 9:30pm, at UConn Hospital, with family at her bedside. There will be a memorial service at the Meeting House in May or June, date to be determined. Rev. Heather will officiate. Further details will be shared with you as we become aware of them. For now, please

share and connect with one another.

Cards may be sent to: The Willett Family, c/o 4 Deepwood Road, Simsbury, CT, 06070.

Thoughtfully, Revs. Heather & Cathy Rion Starr



Benjamin Dix Concert

You are all invited to a Spring 2019 Piano Concert. This is concert #2 in a series of 3 concerts for the 2018-2019 year.

Where: In the Sanctuary at the Unitarian Society of Hartford

When: Saturday, March 23, 2019 @ 1 PM

Admission is free - Contact Benjamin Dix for more info. at dixb2011@gmail.com

Meeting House Presents!



Friday, March 22, 2019 at 7:30

Belle of the Fall

***Belle of the Fall* is Tracy Walton and Julia Autumn Ford; an indie folk rock pop alternative americana duo from CT.**

Belle of the Fall met when Tracy produced Julia's debut solo album in 2014 at his studio: On Deck Sound Studio. They spent the better part of the next year touring together as solo artists. Eventually they began to play on each others sets and sing harmonies together. In July of 2015, Tracy and Julia wrestled with the idea of remaining separate solo artists or committing to a duo. They chose the latter... To read more click [HERE](#).

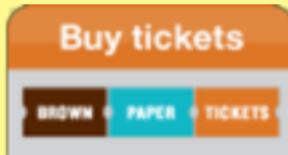
[Buy tickets for Belle of the Fall at Meeting House Presents](#)

Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to MeetingHousePresents(at)gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.



\$20 general admission. \$14 for students with ID.

Children under age 12 are free with paying parent.

To buy tickets online click [HERE](#).

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts. Click [HERE](#) to see what's coming up!

Get Involved at USH - Be Part of a Great Team!**USH Needs You—****Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering.

Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

News from the UUA

THE POWER OF WE

What do we want Unitarian Universalism to be? It is a time when we are asking big questions in our faith, and GA 2019 will be focused on digging into those questions together. It is a critical chance for congregational leaders and passionate UU's to set new goals and aspirations for our religious community. Help begin to reshape our Association and our congregations in new and powerful ways.

This year's theme is about collective power, "The Power of We," as well as the possibility, the purpose, the struggle and the joy of what it means to be together in faithful community. In the past two years, Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity.

Come to Spokane to experience what our shared faith can become when we embrace the Power of We.

UUA GENERAL ASSEMBLY
SPOKANE, WASHINGTON | 2019

Visit uua.org/ga for

- Programming Information
- Registration and Housing
- Financial Aid Information
- Volunteer Opportunities

Rev. Catherine Richard Shuman
Member of the Executive Board at the 10th Regional Year in U.S. History, Richard Shuman is the program and the first female moderator and the gender resource in each circle.

Robin Longridge
Author of *Being Healthy, Being Single* with individuals or who is a practicing ally in training. Her practice now recognizes, and is deeply rooted in, her.

Rev. Leah Hamilton
Rev. Leah Hamilton, Director of Leadership and Emerging Programs of the Unitarian Universalist Association, will deliver the address at the Service of the Living Tradition.

Rev. Marlene Stappeler
Rev. Marlene Stappeler, Director of the Unitarian Universalist Church of Portland, will give the opening prayer at the Service of the Living Tradition.

UUA GENERAL ASSEMBLY
SPOKANE, WASHINGTON | JUNE 19-23, 2019

looking ahead to June! General Assembly 2019 **& ways you could join in "off-site"**

General Assembly is the annual business meeting of our Unitarian Universalist denomination, and it's a whole lot more. Inspirational worship services, informative workshops, entertaining programs, and a bustling exhibit hall help make GA an unforgettable experience for

the thousands of Unitarian Universalists that attend. Attendees leave with a renewed sense of energy, inspiration, and innovative ideas to take back to their congregations and communities.

This year, General Assembly is: Wednesday, June 19 through Sunday, June 23, 2019

www.uua.org/ga.

This year's General Assembly theme is about collective power, "The Power of We" – what it means to be together in faithful community. Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity. Come experience what our shared faith can become when we embrace the Power of We.

Technology provides opportunities to connect on-site participants with those who cannot attend in person. GA is transforming into a hybrid meeting—incorporating off-site delegate participation, live-streaming of events, and social media to create an interactive experience for on-site and remote attendees. Off-site registrants are able to watch and ask questions in live sessions, including select workshops and business sessions. Off-site Voting Delegates are also able to propose amendments in the live business sessions, participate in debates, and vote in general sessions. RevHeather is thinking about what programs or workshops it might make sense to participate in together, on-line, from the Meeting House--let her know if you have thoughts or particular interests--keep in mind that these times are Pacific time, so it'll all be three hours later here! (Best for night owls!) https://www.uua.org/sites/live-new.uua.org/files/2019_grid.pdf

GA Registration and the GA Housing Reservation System open at 9 a.m. PST at www.uua.org/ga.

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to uua.org/ga in the month of March to learn about scholarships to support delegates - particularly those from marginalized groups - and volunteer opportunities (work in exchange for registration).

Upcoming Special Events and News in the Larger Community

(US)

Doors Not Walls: Leaving, Arriving, Rediscovering (US)



Judy Dworin Performance Project
March 14th at 7 pm

Greater Hartford Academy of the Arts' Theater of Performing Arts

(US) brings the artist's eye to examine the fears and hopes of the American immigrant experience. The performance moves from Arrival, to Walls, and finally Sanctuary through dance, multimedia visuals, and a layered sound score that incorporates music, poetry, and voices from the immigrant community.

**Discounts available for groups of 10 or more!
contact Robyn at robyn@judydworin.org**

Tickets available at
<https://jdpp-us-premiere.eventbrite.com>



Shelley Segal Concert
Sun, March 17, 7pm – 10pm
Unitarian Universalist Church

328 Paddock Ave, Meriden, CT
 Contact: 203.237.9297 or visit
<http://uucentralct.org/>.

Shelley will be performing at the Unitarian Universalist Church in Meriden on Sunday 17, to celebrate her new release HOLY. Please join us for an evening of music, laughter and discussion. Light refreshments will be available. Doors open at 7:00, show

at 7:30. Tickets are \$20 and \$15 for students and seniors.

Shelley grew up in Melbourne, Australia in an orthodox religious community. As a young adult, she questioned her Jewish tradition with its strict rules and rituals separating men and women. Through her music, Shelley has become a staunch human rights advocate, giving purpose to her anger over rules and regulations that heavily impact women and those who want to live on their own terms. Shelley's songs and stories relate to her journey, discussing issues of belief, women's rights, humanism and secularism over spirited, soaring vocals.



For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda
 Put in the Subject: 'Calendar'
 Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:
 Room:
 Time:
 Date(s):
 Is This A Private Event?
 Include in Happenings/Enews?
 Contact:
 A Short Description:
 Cost: (if applicable)
 Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
 revcathy@ushartford.com | 860-233-9897 ext 103 *(see below to schedule)

Rev. Heather Rion Starr, Co-Minister
 RevHeatherRionStarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals
 Manager
 dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
 smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
 ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
 Office Hours by Appointment | bmullen@ushartford.com

***Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line "USH-Enews." Thank you for your submission!

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.