



50 Bloomfield Avenue, Hartford, CT 06105  
Tel: (860) 233-9897 • Email: [firstunitarian@ushartford.com](mailto:firstunitarian@ushartford.com)  
Website: [www.ushartford.com](http://www.ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for an appointment.

**February 20, 2019**  
Building Community Since 1830

Revs. Cathy & Heather Rion Starr



Image: [www.facebook.com/theRapOet/](https://www.facebook.com/theRapOet/)

**Worship Service: Sunday, February 24, 2019**  
**10:30am**  
**“The Organ and the Music”**

**Khaiim the RapOet, Pulpit Guest and Rev. Heather Rion Starr, Co-Minister**

**Jake Courser, Worship Associate**

Without our precious instruments, symbols, and perception, how would we receive music, dance, poetry, and other forms of expression? Then again, without art and interpretation, what would be the purpose of our instruments, symbols, and perceptions? Would we even consider them instruments or symbols, if they didn't represent something meaningful? Khaiim will rap, recite poetry, and discuss how easy it is to mistake the organ or the organ player for the music itself. Rescheduled from January 20th.

[Khaiim the RapOet](#) is an international touring artist and keynote speaker. He's received critical acclaim as a positive rapper while performing with everyone from Pulitzer Prize poets like Alice Walker to Grammy winning MCs like Common. He's also recorded in Jay-Z's studio with J Cole's multiplatinum engineer Mez. Khaiim has been lauded by the NY Times, NPR, and many more, receiving numerous awards for using Hip-Hop as an educational tool - in fact, his work even garnered a "Champions of Change" distinction from President Obama. Although Khaiim lectures at colleges such as Trinity and Yale, fans know him as the charismatic MC Self Suffice, whose album with Dreamville's Mez summited the Indie Hip-Hop Top 40. Catch him with his live band performing the new album "Self Control."

**Semi-Annual Congregational Meeting**

**This Sunday February 24th**

Hosted by the Board of Directors in Fellowship Hall—15 minutes after the service—childcare provided.

Catch up on the latest goings-on at USH and what lies ahead. How are we doing? What questions do you have? What input would you like to provide?

Join Us!

**In This Week's Enews:**

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[News from the UUA](#)

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

**A Message from RevCathy****Follow-up on Immigration:**

For those of you who missed it, on Sunday, February 5th, I shared stories of being at the border in Arizona — including both the support of everyday folks who leave water in the desert for dehydrated migrants and the story of a border crosser knocking at the door of the local UU office manager's home. In Arizona, there is no neutral and the folks I met have so much clarity about the situation and that they have a role in it. I have been metaphorically closing the door to USH when we have been asked to support migrants, and shared that I won't do that anymore. Instead, I invited us into a time of

discernment together (questioning, praying, talking, learning) to determine how we — as a congregation — wish to answer when folks come knocking. After worship, 25 of us gathered to learn more from Hartford Deportation Defense and leaders from the Unitarian Universalist Society: East. Many thanks to those who volunteered to be an initial team to lead this process of discernment and learning: Laura Cipriano, Dawn Greenfield, Liz Hill, Don Hope, Makenzi Hurtado, and Lindsey Jones - please contact one of them if you wish to get involved! ~RevCathy

## **A Message From Stewardship**

You are cordially invited to

A USH Stewardship Soirée\*

**DURING THE MONTH OF MARCH** These are fun, festive events at the home of a fellow congregant and will provide an opportunity to socialize and get better acquainted or re-acquainted with fellow Meeting House members. You choose which one you want to attend.

It is also a time to consider why USH is important to you, its significance in your life and to translate that into your annual pledge.

There will be food, wine and/or beer and camaraderie.

A listing of soirées will be in each E-News during March

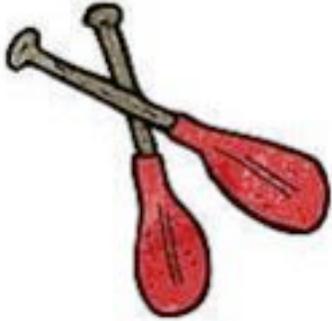
You can sign up at Signup Genius at [Stewardship Soirees 2019 - Pulling together!](#)

Or after church at the Stewardship table in Fellowship Hall

[Join your friends and family from USH](#)

[for an afternoon or evening of joyful giving!](#) \*a party or social gathering, especially one held for a particular purpose

Hosts & Assistants	Date & Time	# of People	Other Info	Stewardship & Board
Andrea Kowal Tom Jeffery	Sun. 3/3 2p - 4p	12	Spring Fling! Start some plants/flowers by seed Heavy hors d'oeuvres & a cookie platter Kid Friendly Newington	Sherry Manetta - Board Sue Tenorio - Stewardship
Bruce Robbins Diana Heymann	Mon. 3/4 7p-9p	<del>12</del> 11	A Simple Evening of Hors d'oeuvres, wine and soft drinks Hartford	Judy Sullivan - Board Ginny Hedrick - Stewardship
Laurel <del>Goodton</del> Yakhonda Mwenelupembe	Wed. 3/6 6:30 - 8:30p	6	A Simple Evening of Hors d'oeuvres, wine and soft drinks Newington	Sue Tenorio - Board Ginny Hedrick - Stewardship
Marye Gail Harrison	Thurs. 3/7 6p - 8p	<del>10</del> 8	Madame Super Nova & Cosmic Desserts & Earthly Beverages No Steps Seabury, Bloomfield	Marye Gail Harrison - Board
Tara Cote Paul Jacob	Sat. 3/9 7p - 9p	8	Beer Tasting Cromwell	Sarah McKenzie - Board Tara Cote - Stewardship
Judy Robbins Rick Tsukada	Sun. 3/10 3:30p - 5:30p	12	Come for the Fun of it! Glastonbury	Tom Richardson - Board Kim McLain - Stewardship
Sherry Manetta Brian Harvey	Wed. 3/13 6:30p - 8:30p	<del>12</del> 10	Wine & Cheese & Hors d'oeuvres 3 steps Avon	Sarah McKenzie - Board Ginny Hedrick - Stewardship
Phillip Gardner Harriet Gardner	Fri. 3/15 3p - 5p	12	"A Heartfelt Gathering of USH Friends" Hors d'oeuvres & fruit, wine & other beverages No Steps Seabury, Bloomfield	Marye Gail Harrison - Board Caron Lanouette - Stewardship
Joe Rubin Diane Cadrain	Sun. 3/17 3p - 6p	<del>12</del> 11	Jigsaw & Crossword Puzzles Kid Friendly West Hartford	Joe Rubin - Board Caron Lanouette - Stewardship
Don Hope Susan Hope	Fri. 3/22 Noon - 2p	<del>6-8</del> 1	A Low Stress, Warming Vegetarian Luncheon 1 Step West Hartford	Sherry Manetta - Board
Jay DeRonck Nicole DeRonck	Sat. 3/23 4p - 6p	10 adults 5 kids	Kid Friendly Hartford	Carolyn Carlson - Board Ginny Hedrick - Stewardship
Martha Bradley Virginia deLima Judith Sullivan	Fri. 3/29 7p - 9p	<del>16</del> 14	D/d Oldies Dance Soirée No Steps West Hartford	Judy Sullivan - Board Martha Bradley - Stewardship



### **The Stewardship Committee needs oars!**

Yes, oars! If you or your friends or family have any oars that we could borrow for the month of March please email [ushstewardship@gmail.com](mailto:ushstewardship@gmail.com). -Thank you!

Contact Caron for more info at [USHStewardship@gmail.com](mailto:USHStewardship@gmail.com).

### **RE News You Can Use:**

**Rayla D. Mattson, Director of Religious Education**



This Sunday, February 24, there will be a *Time For All Ages* followed by age appropriate classes. The nursery will be available during the morning worship time. There will also be extended care for those 10 and under for the Semi-annual Meeting. This week our middle school will be visiting a Hindu Temple. They will meet at the church at 9:00am. Please contact Rayla for more information.



### **Rock the Vote!**

After the service on February 17, the Grades 3-5 RE class held a mock vote to raise money for **Rock the Vote!** - an organization that encourages young people to get out and vote! The 3-5 graders set up a mock election where folks voted on such critical questions as Red Sox or Yankees? Or, Roller Coaster or Water

Park? The results of our votes will be published in an upcoming E-news!! -Submitted by Tom Gervais

Rayla D. Mattson, Director of Religious Education  
860-233-9897 ext. 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



## News from the USH Board of Directors

**Board Retreat**—The Board of Directors, including RevCathy and RevHeather, held our regular mid-year retreat on Saturday February 9<sup>th</sup>. The objectives of the retreat were 1) to get greater clarity on leadership roles & responsibilities, and 2) to outline concrete practices for objective-setting and assessment of the Revs and our ministry together. Our facilitator was Joe Sullivan from the New England UUA staff. We have been working with Joe for the past several years. He knows us well and did a great job of guiding us through our agenda.

**Your USH Board**—Have a question or comment or just want to chat about USH? Don't hesitate to talk with any one of your Board members:

Sherry Manetta—President  
Council Chair

Carolyn Carlson—Community Within

Joe Rubin—President Elect  
Council Chair

Marye Gail Harrison—Spiritual Life

Tom Richardson—Treasurer  
Council Chair

Judy Sullivan—Social Justice

Sarah McKenzie—Secretary  
Council Chair

Sue Tenorio—Administrative

See you at the Semi-Annual Congregational Meeting on Sunday February 24<sup>th</sup>!

~Sherry Manetta

## Social Justice at USH

Dear friends,

As sanctuary congregations, we are sending out a call for some urgent help for a woman in our community named Nely and her five children. Nely's husband, Elias, was detained by ICE two months ago while going to court (You may remember this was the incident in which Meriden city council member, Miguel Castro, was arrested standing in solidarity with the family.).

Nely and her family's situation is extremely desperate right now. They still do not know where Elias is being held or if he has already been deported. Apart from the trauma that comes with family separation, Nely and her children are experiencing other difficulties. Elias was the sole income provider in the house. Now, as a single mom, Nely is struggling to pay her rent, put food on the table for her children, pay their bills, etc. On top of all the financial struggles, Nely and her kids are living in devastating and illegal conditions. Their ceiling is leaking in the kitchen and bedrooms and the landlord has neglected to fix it for months. The city has failed to do its due diligence to inspect the home. The family has been living without any heat during this unbearable cold. This vulnerable family has been taken advantage of, a situation which has been compounded by their income-earner's detention. ULA and others are trying to help Nely find support. Here are the needs that we hope our congregations can help with:

**Financial Contributions.** Help Nely with expenses during this critically vulnerable moment. *We want to encourage our congregations to take a special offering at some point in the next week or two for Nely and her children or to somehow contribute to their needs.* Send checks to First & Summerfield (425 College St, New Haven, CT 06511) with the memo "Nely".

**Clothing Donations.** Nely's children are all in need of clothing. Below you will find ages/sizes. You can drop off clothing at First & Summerfield outside the church office.

- 11 year old girl- shirt size: M, pant size: 12, shoe size: 3Y
- 13 year old boy- shirt size: 14, pant size: 14, shoe size: 6
- 15 year old girl- shirt size: M, pant size: juniors 4, shoe size: 7 (womens)
- 19 year old girl- shirt size: M, pant size: juniors 4, shoe size: 7 (womens)
- 19 year old boy- shirt size: M, pant size: 28, shoe size: 8 (mens)

**Furniture Donations.** Nely is moving to a more humane living situation, but her family has very little furniture. They need beds. Ideally 2 large mattresses (full/queen or king) and one small (twin or full). We will also need help with transport. A couch and some chairs for their table would be nice. They currently have a small dinner table and only two chairs. If you can help with this, please be in touch with Vanesa Suarez ([vanesasuarez94@gmail.com](mailto:vanesasuarez94@gmail.com)).

**Help with Employment.** Nely is working hard to look for a job, but has been unsuccessful due to her lack of status. She has experience in domestic work, but is also willing to work in other conditions (keeping in mind she doesn't speak English). Our congregations have all made a commitment to support our immigrant neighbors during this critical time. We hope that we can come through to help Nely and her children navigate this moment of crisis.

-Submitted by Judy Sullivan, USH Social Justice Chair



## Americans of Conscience Checklist

*These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-*

*care, and celebration to stay engaged. Click [HERE](#) for past checklists.* -Submitted by Judy Sullivan, USH Social Justice Chair

### Americans of Conscience Checklist, Week of February 17, 2019

By [Jen Hofmann](#)

#### **118 weeks down, 89 weeks to the presidential election.**

**I value equality.** Support the dignity of your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability.

#### **Action 1: Speak up for your hungry neighbors.** [h/t [FRAC](#)]

The Agriculture Department has proposed limiting states' ability [to waive work requirements](#) for Supplemental Nutrition Assistance Program (SNAP) benefits, even when not enough jobs are available.

**Write:** A comment on [the Federal Register](#) by April 2, 2019.

**Modify this script:** I want my tax dollars to assist neighbors in need. I support a robust SNAP program because [share your reasons from [SNAP strengths](#). I oppose new SNAP rules that would increase hunger and poverty in communities across the nation. Last fall, Congress rejected the work-requirement provision that would deny food to 755,000 hungry neighbors, [many of whom work](#) in low-wage, unstable occupations. State (not federal) government is best-qualified to determine when local employment conditions warrant a change to work requirements.

#### **Action 2: Support equality in the military.** [h/t [GLAD](#)]

**Call:** Or write your two Senators and one House rep ([look up](#)).

**Script:** Hi. I'm calling from [ZIP] to affirm that anyone meeting military standards may serve, [including transgender individuals](#). The president's discriminatory ban weakens our country. Congress must act [to reverse the ban](#). Can I count on [NAME] to co-sponsor the bipartisan [S.373/H.R.1032](#)? ...to read more click [HERE](#).

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## Spiritual Life at the Unitarian Society of Hartford



### Spiritual Life blog February 20, 2019

Carl Jung wrote about how we humans develop an outward way of being in the world which becomes our 'dominant' self. It becomes so dominant we don't always recognize the abandoned selves we hold in our 'shadow' side. Exploring and accepting our shadow, however, is essential for maturity and also sustained activism because it reminds us of our full humanness and keeps us more humble than we'd likely be otherwise. Spiritual work might be described as shadow work, especially for Unitarian Universalists. We usually arrive at our values and ideas through our dominant personalities which highly value reason – the bright side of our moon you might say. And there is nothing wrong with that as long as we also look within at the less dominant ways we engage life which we find in our shadow. The moon has a side always in shadow to us. We have to make an extra effort to send an intelligent vehicle around back to look at it and see things from that perspective. Some of you remember the old radio show, "The Shadow knows." Still true?

Blessings, Marye Gail Harrison, Board Chair Spiritual Life / To read past blogs, click [HERE](#).

## Sunday Service Recap

**Worship Service: Sunday, February 17, 2019**  
**10:30am**

**“All Will Be Well”**

**Rev. Erica Richmond, Affiliated Community Minister**

**Judy Robbins, Worship Associate** This Sunday we explored the

wisdom of Julian of Norwich. She was a Christian mystic who famously reassured us of everlasting love. She is often described as a Universalist—we learned more about her and how we can all embody this idea of acceptance and connection.



Photos by Harriet Gardner.

### **Sunday Service Recap**

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.

### **Church Business News**

The latest financial reports for **Oct.-Dec. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **February** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the username and password.

### **Programs for Adults and Families**

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

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## Programs

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or [stephen.luckingham\(at\)gmail.com](mailto:stephen.luckingham@gmail.com).

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: [drmarkafriedman\(at\)drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: [ed\(at\)thesavagees.com](mailto:ed@thesavagees.com).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or [rsfriedman41\(at\)gmail.com](mailto:rsfriedman41@gmail.com).

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

**USH Book Club:** Our next meeting will be Thursday, February 14. Topic: [\*Fahrenheit 451\*](#) by Ray Bradbury. Off-site, contact Richard Groothuis for location: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com) or 860-748-3532.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. Registrations are full and we plan to repeat this program next church year. Contact Judy Sullivan to be added to the waiting list.

**Death Cafe at USH:** February 23, Time: 6-8pm; Contact: Miriam Byroade: [byroade@gmail.com](mailto:byroade@gmail.com). A Death Cafe is a scheduled non-profit get-together for the purpose of talking about death. There will be light snacks, contact Miriam for info on if they will be provided or if folks should bring something light to share if they are able. There is no agenda, objectives or themes. It is a discussion group rather than a grief support or counseling session. Childcare to be determined.



### **Dinner & Movie on Fri, March 8 Fellowship Hall at 5:15pm**

"The beginning is harrowing and the end is heartbreaking." \*

"A five-year-old Indian boy gets lost on the streets of Calcutta, thousands of kilometers from home. He survives many challenges before being adopted by a couple in Australia. 25 years later, he sets out to find his lost family." \*\*

"The movie's messages are thoughtfully and honestly communicated -- particularly the idea

that 'home' can mean more than any one place, person or even culture."\*

". . . an emotionally stirring portrait of sheer determination driven by the need to know where one comes from"\*

On Friday, March 8, the Dinner & Movie group will feature the 2017 film "Lion", based on a true story of a tortuous journey. The actual participants appear at the end of the film. You can watch a trailer here <https://youtu.be/ubKIgH8YWIA>. We will follow a revised time schedule since the film is about two hours long. **We will gather at 5:15 for popcorn and socializing, 5:45 pizza and salad meal, 6:30 movie, followed by optional discussion.**

Please reserve (\$10 each) by Wednesday noon, Mar 6, by leaving a voice message at 860-693-4269 (no texting). Be sure to indicate your choice of pizza topping - meat or veg. You can pay with cash or check at the event. As with all USH courses, there is a one-time 2018-19 season fee of \$5.

Please also leave your day-time phone number in case we need to cancel due to driving conditions or too few registrations. Cancellation calls will be made before noon on Mar 8. If you have reserved but find on movie day that you cannot attend, please leave a voice message by noon so the pizza order can be adjusted. Questions? Call 860-693-4269.

\* Rotten Tomatoes website \*\* IMDb website -Submitted by Nita H.



**Save-the-Date:** On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our

tumultuous times today. Following the morning's service and a little time for coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revised [Harriet Beecher Stowe Center](#). The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 12:30 or 1pm. Please RSVP to RevHeather at [RevHeatherRionStarr\(at\)gmail.com](mailto:RevHeatherRionStarr(at)gmail.com) with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartford-area. The Stowe Center has graciously agreed to have USH'rs tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know soon that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

### Connection Circles (formerly known as Small Group Ministries)



**There are two new [Connection Circles](#) planned for 2019.** The first will be on Thursday evenings beginning February 21 at the home of Martha Bradley in West Hartford. The second will meet on Tuesday evenings at the home of Bruce Robbins, in Hartford beginning March 5. Sign up sheets are now available after Sunday service in the Fellowship Hall at the Visitors Table. For more information or to reserve a spot, text or email Martha Bradley at 860-305-3307 or [marthabradley49\(at\)yahoo.com](mailto:marthabradley49(at)yahoo.com).

#### **What are Connection Circles?**

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

## Events and Personal News of Our Community

### Composer-in-Residence

We are pleased to announce that the USH Music Ministry has selected Joshua Stitt (Master of Music candidate at University of Hartford) as our Composer-in-Residence for Spring 2019. The choir will be performing a number of works by Joshua throughout the semester, and is very excited to be working with him! ~Sam Moffett, USH Director of Music Ministries

### Repair Cafe

**February 25, 6:00 pm - 7:30 pm; Room: Servetus**

What is a Repair Cafe? How does one CT do it? a Discussion about the potential for USH doing one. Other items: How can we recycle more and better at USH, Supporting green legislation? Hosted by USH Green Sanctuary Contact: Jeff Howard jeff.howard.29@gmail.com or Mary Sherwin mary.sherwin@gmail.com for more info.

-Submitted by Mary Sherwin, USH Green Sanctuary Co-Chair



### Self-Nourishment in Sisterhood, Senexet Retreat Planning Meeting

**Date:** Sun. Mar 3; Time: 12pm;  
Room: Servetus

**Contact:** Dawn Greenfield  
borntodoyoga@yahoo.com

All welcome to help with planning curriculum. Set aside life's obligations and focus on yourself.

Are you seeking an empowered

space for female inspiration and connection, or are you feeling a personal desire to grow and expand? A women's weekend focused on mind-body-spirit wellness could be your ticket to transformation. Bringing love to yourself in sisterhood means never having to stand alone! The annual Senexet House retreat encourages the spiritual life of all who come to it. Bring your ideas for activities as we begin planning the May 2019 retreat.



### Solar for All Workshop

**Room: Chapel; Time: 10:30-11:30; Date: March 9**

**Contact Person: Jeff Howard  
j.howard.29@gmail.com**

The "Solar for All" partnership is a ground-breaking public-private effort between the [CT Green Bank](#) and [PosiGen](#). With Green Bank support, PosiGen offers a low-to moderate-income targeted solar lease paired with energy efficiency measures for homeowners, regardless of income or traditional measures of creditworthiness. Since the partnership launched, solar penetration in Connecticut's low-income communities has increased 188% and over 800 low-income verified households have signed up to go solar with PosiGen. The workshop is hosted by USH's Green Sanctuary Committee. This is a Free event. -Submitted by Jeff Howard, USH Green Sanctuary Co-Chair

## Meeting House Presents!



**Friday, February 22, 2019: [Citizen U \(Antonio Alcorn and Chris Freeman\)](#)**



### Antonio Alcorn and Chris Freeman

The duo met in a folk club at the University of Connecticut where they founded a five-piece folk/rock band known for its rich harmonies and high energy performances. Freeman and Alcorn have spent the past six years touring across North America, releasing albums, scoring the music for and performing in an original play, and composing a live score to a silent film. Though their

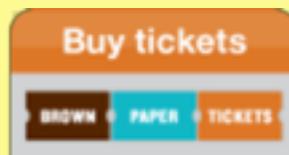
musical taste is broad, it's the old songs that Alcorn and Freeman connect to.

Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to MeetingHousePresents(at)gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.



**\$20 general admission. \$14 for students with ID.**  
**Children under age 12 are free with paying parent.**  
**To buy tickets online click [HERE](#).**

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts. Click [HERE](#) to see what's coming up!

**Get Involved at USH - Be Part of a Great Team!**

**USH Needs You—**

**Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

**Get more connected with this congregation through volunteering.**  
**Below are some areas, both seasonal and year-round,**  
**where Volunteers are especially needed and welcome:**



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

## News from the UUA



### PRESENTED BY:

**Mark Ewert**, Congregational Stewardship Consultant, Stewardship For Us Team

**Elizabeth Ann Terry**, UUA Congregational Giving Specialist

**Joe Sullivan**, New England Region UUA

**DATE:** Saturday, March 9, 2019 at 9:30am to 3pm

**LOCATION:** [First Parish in Milton UU](#), at 535 Canton Ave., Milton, MA

**To register click [HERE](#).**

Congregational leaders tend to describe their challenges and circumstances in terms of deficiencies – not enough volunteers, young people and families, diversity, money. Perhaps our approaches to stewardship inhibit us from seeing opportunities and resources that are all around us. This workshop will explore the Who, How, and Why of creating better stewardship programs, informed by our Unitarian Universalist Principles and values, our religious purpose, and our congregational visions.

**New England Region UUA**

**Contact: (617) 948-6415 | <https://www.uua.org/new-england>**

## Upcoming Special Events and News in the Larger Community



### **Black History Month at the [Stowe Center](#)**

Click [HERE](#) for a list of upcoming events.

"We preserve and interpret Stowe's [Hartford home](#) and the center's [historic collections](#), promote vibrant discussion of her [life and work](#), and inspire commitment to [social justice and positive change](#)."

### **For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

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**To submit a Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda  
Put in the Subject: 'Calendar'  
Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)  
Event Title:

Room:  
 Time:  
 Date(s):  
 Is This A Private Event?  
 Include in Happenings/Enews?  
 Contact Person:  
 A Short Description:  
 Cost: (if applicable)  
 Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



### **Lost and Found**

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. ***Please note: Items will be donated or recycled if no one claims them after a few weeks.*** Thank you.

#### **USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister  
 revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister  
 RevHeatherRionStarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals  
 Manager  
 dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries  
 smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator  
 ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
 Office Hours by Appointment | bmullen@ushartford.com

**Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!  
-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: ushenews@ushartford.com  
Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.