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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for an appointment.

**January 23, 2019**

**Building Community Since 1830**

**Revs. Cathy & Heather Rion Starr**



Image: [www.rhythmrevelations.com/](http://www.rhythmrevelations.com/)

**Worship Service: Sunday, January 27, 2019  
10:30am**

**"Love the Hell Out of This World"**

**Matt Meyer, Pulpit Guest**  
**Peter Meny, Worship Associate**

Pulpit Guest Matt Meyer has led music and worship for hundreds of services in congregations all over the U.S. and Canada. Matt has a degree in hand drumming from Berklee College of Music and has studied abroad in Cuba, Ghana, and Central America. In addition to music, Matt is also an active community organizer and educator. [www.rhythmrevelations.com](http://www.rhythmrevelations.com).



**The All-Council Fair is scheduled for Sunday, January 27 during coffee hour in Fellowship Hall.**

Mix and mingle during coffee hour at the All Council Fair! Sunday, January 27 starting at noon in Fellowship Hall. Want to know more about everything that's happening at USH? Wish you could meet more fellow members? The All Council Fair is your chance! Sub-council chairs will showcase their group's activities and be available to answer questions about how you can get involved. No pressure! Just food, fun, and a chance to make connections. ***Come participate for a chance to win a pair of tickets to Theatreworks in Hartford.*** For more info contact Marie Basche, [ambasche\(at\)gmail.com](mailto:ambasche(at)gmail.com).

**Song Leading Workshop:** After worship and the Council Fair Matt Meyer will be giving a workshop in the sanctuary on song-leading in worship. This is open to the public, and all are welcome to come join us and sing! Contact Sam Moffett for more info and details [smoffett@ushartford.com](mailto:smoffett@ushartford.com) or 860-233-9897 ext 108.

**In This Week's Enews:**

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**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

## Notes from RevCathy and RevHeather

**A note from Rev. Cathy: Winter, Travel, Beloved Conversations, [TRUUst](#), and more!**

I hope that everyone stayed warm and safe over this weekend's storm and bitter cold! We were so grateful that the storm did not impact the kick-off retreat of *Beloved Conversations: Meditations on Race and Ethnicity*. Friday evening and all day Saturday, 25 of us from USH were joined by another 25 from the Universalist Church of West Hartford and the Unitarian Society of New Haven in a rich, open, deep-dive into culture, white supremacy, relationships, assumptions, and racial justice led by facilitator Rev. Kierstin Homblette Allen. We will now begin 8 sessions of going deeper—I will be co-facilitating one group with Gloria Mengual, and Rick Tsukada & Laurie Kelliher will facilitate our other group. Stay tuned for more! (And yes, we plan to do this program again next year for all of you who are on the waitlist or would like to do it).

On Sunday the 13th, I referenced a General Assembly sermon by Rev. Nancy McDonald Ladd—I encourage you to [watch or read it here](#), and you can [read my sermon here](#). Many of you have shared with me your disappointment that we had to cancel Khaiim the RapOet as our pulpit guest this past Sunday—rest assured that we are working on rescheduling him! In the meantime, let us know if you live-streamed another worship service while iced-in this past Sunday. We'd love to hear about any ways you nourished your spirit!

Tomorrow, I head to Tucson, Arizona for the second intensive in a professional development program called “Beyond the Call: Grounding and Growing Our Prophetic Ministries.” In addition to soaking up some warmth and sun, I look forward to engaging deeply—spiritually, intellectually, and strategically—with colleagues on the theme of “Resistance.” I have co-organized an additional day and a half of immigration solidarity work for a dozen of us—we will be witnessing criminal court proceedings, canvassing neighbors, and perhaps visiting the wall at the border itself. I will surely come back with my heart and mind full of things to share with you about immigration and organizing. I will return on Tuesday, January 29th.

I'm excited to share that [TRUUsT](#), the organization of trans, non-binary, and genderqueer UU professionals, has just published a report. As TRUUsT says, the report "provides an unprecedented look at the the experiences of trans Unitarian Universalists, based on a survey of hundreds of trans UU conducted in spring 2018 by TRUUsT and the Unitarian Universalist Association's Multicultural Ministries office. The report provides a portrait of who trans UU are, shares trends in their experiences of inclusion and marginalization in UU congregations, gives a snapshot of the particular experiences of trans religious professionals, and offers actions that all Unitarian Universalists can take to improve the experiences of trans people within Unitarian Universalism. I encourage you to read the report here: <https://transuu.org/2019/01/21/truust-releases-report/>.

Finally, someone is again impersonating me on email in an effort to get gift cards— please know that I will never ask you for money or to buy gift cards over email.

May your hearts be filled this Sunday with music and reflection from Matt Meyer, connections at our Council Fair, delicious soup from our Youth, and connections with one another. -Cathy

**An announcement from both Revs. Heather and Cathy:**

As the partial federal shutdown continues, we know that some of you may be affected. If you are in need of support during this time, please reach out to one of us.

And for all of us witnessing to this difficult time, each connected to our interconnected web of communities, here is a poem by Rev. Elizabeth Nguyen:

**Prayer for Shutdown and Show Up**

For the keeping going.

For each person impacted by this government shutdown.

And making it happen despite it all.

Finding the groceries and the gas money and the rent and something for the babysitter and the credit card payment and student loan.

For choosing between a bad option and a bad option.

For the pain and absurdity:

That hate is coming before paychecks and food stamps and health services and parks.

That white supremacy and xenophobia are stopping the safety net that we pay for.

**And for the show up.**

Because we know that when the state fails to take care of us, we take care of us.

Because we know that the muscles of the people are stronger than the weakness of those governing.

Because we know that we are in a long line of alternative institutions. Of breakfast and books programs for kids, of pop up health clinics and freedom schools.

Of spiritual communities and cooperatives and corner stores.

We are each other's neighbors. We are each other's family.

Every love to all those finding a way to survive.

There may be a shutdown.

But we'll keep showing up.

May we be the care we need for each other.

**A Message From Stewardship**

**Stewardship Snippets** – Stewardship events will soon be upon us. We wish to know what inspires you to pledge: religious education; community with kindred spirits; USH programs, etc. Share your thoughts in just two or three sentences (snippets). We hope to

include them in upcoming editions of the E-news. Please send to: [USHStewardship@gmail.com](mailto:USHStewardship@gmail.com). -Submitted by Kim McClain

## RE News You Can Use:

### Rayla D. Mattson, Director of Religious Education



This Sunday, January 27, the nursery will be available during the morning worship service for infants and toddlers. There will also be extended childcare until 1:45pm for children 10 and under. There will be a *Time For All Ages* during the service, after which the children will remain in the sanctuary for the all congregational worship service. The youth will meet at 9:00am for soup making.

The first session of **Coming of Age** will begin on Friday, February 1st from 6:00-8:00pm and only the youth will meet for this session. It is open to all middle school students in grades 6th-8th and is to support them as they begin their transition from childhood to adulthood. You must register for this program with our Director of Religious Education. Please call or email her for additional information. Thank you.

Rayla D. Mattson, Director of Religious Education  
860-233-9897 ext. 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



## News from the USH Board of Directors

### FY2019 USH Board Priorities

My New Year's resolution is to communicate more, so belatedly, below are the FY2019 Board priorities developed at the June Board retreat and subsequent board meetings. These objectives guide the Board's work.

#### **Objective A: Leadership development/capacity building**

This is an ongoing process of engaging members in the life of the congregation and building capacity for the good work that we do together. It also recognizes that many members would like to be involved, but in discrete activities where they have an interest vs.

signing up for committees for a longer term. A few specific aspects of this effort:

- The Nominating Committee is in process of evaluating candidates for FY2020 open Board and various committee positions. The Nominating Committee itself could use more members.
- Council Chairs work with Sub-councils to engage members. The upcoming Council Fair on January 27<sup>th</sup>, after service, is a great opportunity to learn more.
- The Membership Sub-council is reevaluating its structure and how best to engage more members in welcoming newcomers and in the healthy growth of the congregation.

### **Objective B: Anti-racism**

The focus this year is primarily on changing internal congregational culture and attitudes with respect to race through discussions and educational programming. These and/or other efforts will continue in future years:

- Race Matters discussions on Sundays after services during the first six months of the fiscal year.
- The Beloved Conversations class will first be offered January 18 and 19<sup>th</sup> with eight 2-hour sessions thereafter. The class is full for this year but will be offered again.

### **Objective C: Sustainable Financial Model**

This is an ongoing effort to assure we have the funds necessary to operate effectively in the short-term and that we are assuring the long-term financial viability of USH. We continue to improve on the financial framework and put in place mechanisms for sound financial management. The focus is on budgeting, revenue growth and diversification, and building staff capacity. We will begin planning for a capital campaign (which will consider financial needs in addition to those related to the building) and a legacy giving campaign.

### **Objective D: Adult Religious Education**

During FY2019, we will better define and address Adult Religious Education needs. We have initiated a search for an intern minister to start January 2020 with a focus on Adult RE. We have also begun to look at life cycle curriculums used by other UU congregations such as "Faith Forward" <https://faithforwarduu.org/about/>

### **Objective E: Congregational Covenant—Right Relations**

This involves two initiatives in FY2019:

- A Co-Minister evaluation process established
- Safer Congregation policy and implementation team formalized

As a reminder, the Semi-annual Congregational meeting will be Sunday February 24<sup>th</sup> immediately following the service. Please plan to attend to learn more or contact a Board member, Co-Minister, or Council or Sub-Council chairs. —Submitted by Sherry Manetta, USH Board President

## Social Justice at USH



Americans  
OF CONSCIENCE  
*Checklist*

### Americans of Conscience Checklist

*These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also*

*practice gratitude, self-care, and celebration to stay engaged.*

Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social Justice Chair

### Americans of Conscience Checklist, Week of January 20, 2018

By [Jen Hofmann](#)

**114 weeks down, 93 weeks to the presidential election.**

**I value democracy.** *With respect and collaboration, we create a government for the people, by the people.*

**Action 1: Speak up for a healthy, respectful democracy.** [h/t [United We Dream Austin](#), [Make the Road](#), [BAJI](#)]

**Part 1—Call:** Your two senators ([look up](#)).

**Script:** Hi. I'm from [ZIP]. The president's [border proposal](#) pits Americans and government workers against our immigrant neighbors. I am asking [NAME] to publicly reject his proposal and support three specific things:

1. to end the government shutdown that is [hurting so many Americans](#).
2. to [refuse even a single dollar](#) to the president's wall or [a militarized border](#).
3. to create [permanent solutions](#) for DACA and TPS. Thank you.

**Part 2—Call:** Sen. Mitch McConnell. DC number: 202-224-2541 (We don't call other people's senators, but McConnell represents all Americans in his role as Senate Majority Leader.)

**Script:** As Senate Majority Leader, Mitch McConnell represents me. I am asking him to reject the president's border proposal. Instead,

bring to the floor bipartisan government funding bills passed in the House that support three specific things:

1. an end the government shutdown that is [hurting so many Americans](#).
2. [not a single dollar](#) to the president's wall or a [militarized border](#).
3. the creation of [permanent solutions](#) for DACA and TPS. Thank you.

**□ Action 2: Be proactively kind.**

It's already been a tough couple of years for government employees. If you encounter people working through the shutdown, be extra gracious—particularly TSA agents who already have a tough enough job to do. Reach out to the federal employees and contractors in your life. Buy them a coffee and listen to how they are doing. Ask if there's anything that they need. Especially, take a moment to express gratitude for the work they do. A kind word about the value of government service could be just the boost they need to persevere...to read more click [HERE](#).

## Spiritual Life at the Unitarian Society of Hartford



**I attended the Beloved Conversations** workshop this week with 50 other UUs. The process and facilitation was excellent. We looked at our sabotaging behaviors when we want to act from our best selves and the VALUES that support sabotaging. I noticed I avoid confrontation and that undermines what my best self wants to do. It is my VALUING my comfort zone that causes me to avoid confrontation. And beyond that is a fear I will be rejected and cast out if I, in fact, confront certain situations. It is so enlightening to face this primal fear of rejection, note my valuing my comfort zone over acting on my best values in unfamiliar territory. This work is a spiritual process. - Marye Gail Harrison, Chair Spiritual Life, USH Board of Directors / To read past blogs, click [HERE](#).

## Sunday Service Recap

***This past Sunday's Service was cancelled due to the weather, we hope to have Khaiim the RapOet as a pulpit guest soon.***

**Worship Service: Sunday, January 20, 2019**

**10:30am**

**“The Organ and the Music”**

**Khaiim the RapOet, Pulpit Guest**

**Jake Courser, Worship Associate**

Without our precious instruments, symbols, and perception, how would we receive music, dance, poetry, and other forms of expression? Then again, without art and interpretation, what would be the purpose of our instruments, symbols, and perceptions? Would we even consider them instruments or symbols, if they didn't represent something meaningful? Khaiim will rap, recite poetry, and discuss how easy it is to mistake the organ or the organ player for the music itself.



[Khaiim the RapOet](#) is an international touring artist and keynote speaker. He's received critical acclaim as a positive rapper while performing with everyone from Pulitzer Prize poets like Alice Walker to Grammy winning MCs like Common. He's also

recorded in Jay-Z's studio with J Cole's multiplatinum engineer Mez. Khaiim has been lauded by the NY Times, NPR, and many more, receiving numerous awards for using Hip-Hop as an educational tool - in fact, his work even garnered a "Champions of Change" distinction from President Obama. Although Khaiim lectures at colleges such as Trinity and Yale, fans know him as the charismatic MC Self Suffice, whose album with Dreamville's Mez summited the Indie Hip-Hop Top 40. Catch him with his live band performing the new album "Self Control".

### **Sunday Service Recap**

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.

### **Church Business News**

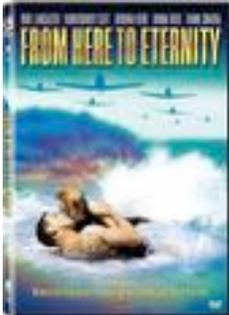
The latest financial reports for **July-Sept. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **December** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the username and password.

## Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



### Dinner and a Movie on Fri, Feb 8

#### *From Here to Eternity*

#### Fellowship Hall

"A flawless film"\* ~ 8 Oscars

"The scene is Schofield Army Barracks in Honolulu, in the languid days before the attack on Pearl Harbor, where James Jones' acclaimed war novel *From Here to Eternity* brought the aspirations and frustrations of several people sharply into focus."\*\*

"Out of *From Here to Eternity*, a novel whose anger and compassion stirred a postwar reading public as few such works have, Columbia and a company of sensitive hands have forged a film almost as towering and persuasive as its source."\*\*

On Friday, February 8, the Dinner & Movie group will feature the 1953 classic "From Here to Eternity" starring Burt Lancaster, Montgomery Clift, Deborah Kerr, Donna Reed, and Frank Sinatra. "In this landmark film, passion and tragedy collide on a military base as a fateful day in December 1941 draws near."\* You can view the original trailer here <https://youtu.be/xmbyVrrS6mc>.

We will follow a **revised time schedule** since the film is about 2 hours long. We will gather at 5:15 for popcorn and socializing, 5:45 pizza and salad dinner, 6:30 movie, followed by optional discussion. Please **reserve** (\$10 each) by leaving a voice message (no texting) by Wednesday noon, Feb 6. Be sure to indicate your choice of meat or veg topping. You can pay with cash or check at the event. As with all USH courses, there is a one-time 2018-19 season fee of \$5. Please also leave your daytime phone number in case we need to cancel due to bad driving weather or too few registrations. Cancellation calls will be made before noon on Feb 8. If

you have reserved but find you cannot attend, please leave a voice message by noon on movie day (860-380-7062 - no texting), so the pizza order can be adjusted. \* DVD box \*\* Rotten Tomatoes website -Submitted by Nita H

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## **Programs**

**Emei Qigong Cultivation:** Tuesdays at 11:00 PM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

**USH Book Club:** Our next meeting will be Thursday, February 14. Topic: [\*Fahrenheit 451\*](#) by Ray Bradbury. Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. The program begins with an Opening Retreat on Friday, January 18, 2019 at 6:00 pm and ends Saturday, January 19, 2019 at 5:00 pm. Contact Gloria Francesca Mengual at gloriafmengual@gmail.com or call her at 860-729-2093. Registrations are full, but please contact Gloria to get on the waiting list. (We will also repeat this program next church year.)

**Death Cafe at USH:** February 23, Time: 6-8pm; Contact: Miriam Byroade: byroade@gmail.com. A Death Cafe is a scheduled non-profit get-together for the purpose of talking about death. There will be light snacks, contact Miriam for info on if they will be provided or if folks should bring something light to share if they are able. There is no

agenda, objectives or themes. It is a discussion group rather than a grief support or counseling session. Childcare to be determined.



### **Living Your Faith!**

Living Your Faith is an intensive 12-session program that invites participants to define and practice their own sacred lives of faith. This is currently a closed group, but the program is offered annually. For more information on this program, please contact Tom Gervais - 860-558-3000 or

tom.j.gervais(at)gmail.com.



**Save-the-Date:** On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our

tumultuous times today. Following the morning's service and a little time for coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revised [Harriet Beecher Stowe Center](#). The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 12:30 or 1pm. Please RSVP to RevHeather at RevHeatherRionStarr(at)gmail.com with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartford-area. The Stowe Center has graciously agreed to have USH's tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know soon that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

### **Connection Circles (formerly known as Small Group Ministries)**



**There are two new [Connection Circles](#) planned for 2019.** The first will be on Thursday evenings beginning February 21 at the home of Martha Bradley in West Hartford. The second will meet on Tuesday evenings at the home of Bruce Robbins' in Hartford. Sign up sheets will be available beginning Sunday 1/27 after service. For more information or to reserve a spot, text or email Martha Bradley at 860-305-3307 or marthabradley49(at)yahoo.com.

### **What are Connection Circles?**

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space –a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

### **Events and Personal News of Our Community**

#### **Green Forum on State Legislation: New Date**

The “**Green Forum on Upcoming Environmental Legislation**” has been rescheduled from January 22 and will now be held on Tuesday evening February 5 from 6:00pm (snacks available) and the program will begin at 6:30pm in Fellowship Hall. Co-sponsored by USH Green Sanctuary along with other congregations in the Inter-Religious Ecojustice Network ([IREJN](#)), you will hear about legislative proposals on electric vehicles, offshore wind mandate, fracking waste ban, and restoring energy efficiency funds. Registration is required. More info to follow!

Contact: [Mary.Sherwin\(at\)gmail.com](mailto:Mary.Sherwin(at)gmail.com) or [Jeff.Howard.29\(at\)gmail.com](mailto:Jeff.Howard.29(at)gmail.com) for details.

-Submitted by Mary Sherwin



Dylan Maldonado's **Kids in Care Luggage of Love** continues to accept donations. He's hoping to receive toiletries to fill the luggage like new towels, travel size: unisex shaving items, shampoos, soap, feminine hygiene products, antiperspirant, toothpaste, toothbrush, Combs, hair brush, mouth wash, small note pads. For more info contact Doris at [celestialhug@aol.com](mailto:celestialhug@aol.com). Thank you to all who have donated!

## Meeting House Presents!



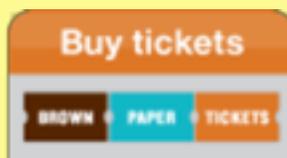
### Friday, February 22, 2019: [Citizen U \(Antonio Alcorn and Chris Freeman\)](#)

Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at MeetingHousePresents(at)gmail.com
- Phone Laura and Paul Cipriano at (860)298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to MeetingHousePresents(at)gmail.com. Put “subscribe” in the subject line. We send one or two emails each month.



**\$20 general admission. \$14 for students with ID.**

**Children under age 12 are free with paying parent.**

**To buy tickets online click [HERE](#).**

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings.

Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they all are yet, but this will continue to be an exciting season.) Click [HERE](#) to see what's coming up.

## Get Involved at USH - Be Part of a Great Team!

### USH Needs You—

#### Get Active with USH! Committee and Sub-Council Openings

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

## Upcoming Special Events and News in the Larger Community



**Friday Night FILM SERIES**  
**January 25:**  
**"BlacKkKlansman"**  
**7:00pm in the Program**  
**Center**  
**(doors open at 6:45pm)**

**West Hartford Universalist Church: 433 Fern St, West Hartford  
(860) 233-3669 / [westhartforduu.org](http://westhartforduu.org)**

About the film: Visionary filmmaker Spike Lee brings us the incredible true story of an American hero, who in the early 1970s is the first African-American detective to serve in the Colorado Springs Police Department and who bravely sets out on a dangerous mission: infiltrate and expose the Ku Klux Klan. Bring a simple snack or beverage (alcoholic or non), if you'd like ~ for yourself, and to share with others, if you chose. Try to come a bit early and take a few minutes to socialize before starting the film ~ we'll start fairly promptly, as the film is more than two hours long. There will be an opportunity for discussion afterwards, if you choose to stay on - this film should provide lots of 'meat' for that! Spike Lee brings us the incredible true story of an American hero. It's the early 1970s, and Ron Stallworth (John David Washington) is the first African-American detective to serve in the Colorado Springs Police Department. Determined to make a name for himself, Stallworth bravely sets out on a dangerous mission: infiltrate and expose the Ku Klux Klan. Review: BlackKlansman is a well-crafted dramatization of real events and one of Spike Lee's more effective cinematic sermons on racism in recent memory. You can watch the trailer: <https://www.youtube.com/watch?v=C7uY37h3eh0> -Submitted by Judy Sullivan, USH Social Justice Chair

**Spiritual Neighborhoods: Why Earth-Loving, Human-Respecting People Love Cohousing.** Is your neighborhood helping you live your values? This talk will link the values of cohousing with the presenters' personal spiritual beliefs that include reverence for the Earth, peace, justice, and the dignity of every person. The presentation will focus on co-housing as a way of living that promotes caring, community, conservation and cooperation. **Come join us to hear and discuss topics like sustainable neighborhoods, permaculture and sociocracy. Tuesday, January 29, 7-9 pm at the Unitarian Society of New Haven, 700 Hartford Turnpike, Hamden, CT.** RSVP at <http://rockycorner.org/event/spiritual-neighborhoods-why-earth-loving-human-respecting-people-love-cohousing/> Presenters Marie Pulito, Pat Brinkman and Rodger Mattlage are future residents of Rocky Corner, the first CT cohousing, being built in Bethany.



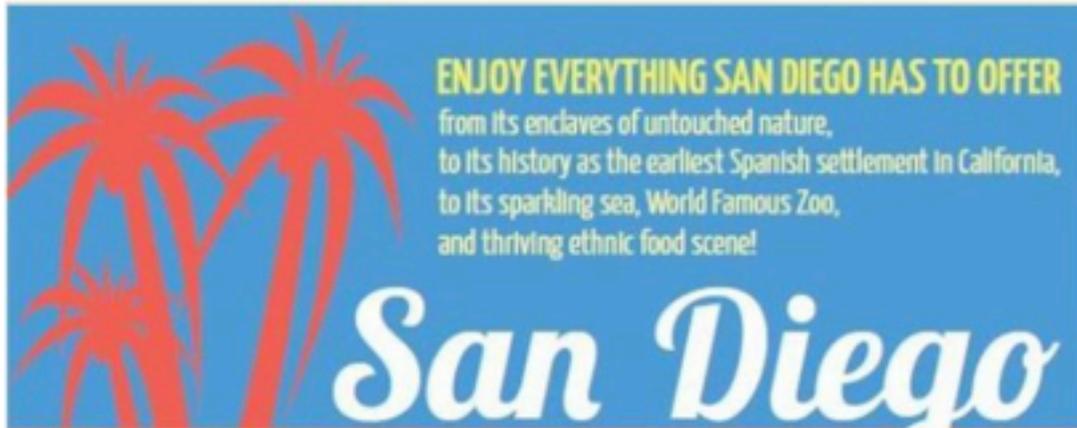
*It's beyond time for us to take serious action to save God's beautiful creation, our beloved life-giving Earth. [IREJN](#) is sponsoring and co-hosting several important environmental programs this February, and we hope you will attend one or more of them.*

**Saturday, February 2, 9:30-11:00AM** , Dr. Larry Rasmussen of Union Theological Seminary will speak on **"How do we Hymn the Earth in a time of Climate Change?"** at Round Hill

Community Church, 395 Round Hill Road in Greenwich CT. Free: registration requested [church@roundhillcommunitychurch.org](mailto:church@roundhillcommunitychurch.org).

Monday, February 4, 7:00AM to 9:00AM Transportation Hartford Academy invites you to breakfast at a **Sustainable Commuter Network Meetup Honoring Rosa Parks** at Blue State Coffee 777 Main Street in Hartford. More info at [www.ctprf.org](http://www.ctprf.org).

IREJN has put together two **Green Forums on State Legislation** with speakers on various environmental issues coming up at our current state legislative session. The first is Tuesday, February 5 from 6:30-8PM at the Unitarian Society of Hartford, 50 Bloomfield Ave., Hartford and the second on Tuesday, February 12 from 6:30-8:pm at the Unitarian Society of New Haven, 700 Hartford Turnpike, Hamden CT. Both events are free with registration requested at [www. Eventbrite.com](http://www.Eventbrite.com). Together, we can salvage the Earth! [www.irejn.org](http://www.irejn.org). -Submitted by Jeff Howard, USH Green Sanctuary Co-chair



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Group limited to 12 people. A \$300 deposit reserves your spot, and is refundable up to 30 days ahead (less a \$75 administrative fee). Balance due 45 days before the visit. Participants must be able to walk up to one mile, handle stairs and some hills, and stand indoors and out.



For Access to the Members Only Section on the Web Page:  
 For the username and password for the Members Only section of our

USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

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**To submit a Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)ushartford.com

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### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

#### **USH Staff:**

<http://www.ushartford.com/about-us/staff/>

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**Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!  
-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: ushenews@ushartford.com  
Please note in the subject line "USH-Enews." Thank you for your  
submission!***

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.